

## **ARGENTINE TANGO SOLO - Man's Steps (2018)**

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Music: Tango 4/4

Tempo: 96 bpm

Pattern: Set

The dance starts with **Step 1** LFO, followed by **Step 2** Run RFI, **Step 3** LFO, **Step 4** Ch RFI, **Step 5** LFO, and **Step 6** Run LFO, all for one beat and a deep LFO, **Step 7**, for two beats, directed toward the long axis. The sequence of steps is aimed first toward the short side barrier, becoming parallel to it and finally moving away from it with step 7 pointing toward the long axis.

**Step 8** XF RFO (1 beat) is aimed toward the long axis and curves in preparation for the next step, **step 9** XB LFO (3 beats total) distributed as follows:

- 1st and 2nd beat (XB LFI), a cross-behind on an inside edge that starts parallel to the long axis on the first beat, and that curves on the second beat in the direction of the long side barrier with the free leg extended in front;
- 3rd beat: A change of edge to outside edge (1 beat) that begins toward the long side barrier curving toward the center of the floor with the right free leg passing the supporting foot.

**Step 10** XB RFI Ct (2 beats, 1+1), begins with a cross behind on an inside edge on the first beat, followed by a Counter turn to RBI on the second beat. The direction is initially toward the center of the rink, and subsequently on the second beat, parallel to the long axis and ending at the short axis.

**Step 11** LBO (2 beats) is a direct push to the long side barrier.

**Step 12** RBO (2 beats) is a strong push that curves away from the long side barrier toward the center of the rink.

**Step 13** XR LBO (2 beats) starts a lobe that begins toward the long axis and ends toward the long side barrier with step 15.

**Step 14** MK RFO 3t (2 beats, 1+1) is a mohawk on the first beat and a three turn on the second; the step is the apex of the lobe in which the skater is parallel to the long axis.

**Step 15** LBO (2 beats) is a push in the direction of the long side barrier.

**Step 16** RBO (2 beats), begins aiming toward the long side barrier, becoming parallel to it.

**Step 17** Mk LFO (1 beat) followed by a sequence of 2 steps, **step 18** Run RFI (1 beat) and **step 19** a deep LFO (2 beats); this sequence of steps (17-18-19) is initially aimed toward the short side barrier, then turns away from it with step 19, in the direction of the center of the rink.

**Step 20** XR RFO Sw (4 beats total) is a deep cross roll RFO, intersecting the long axis with a swing of the free leg. (timing and manner of the movement of the free leg on this step is optional.)

**Step 21** LFO (1 beat), **step 22** Run RFI (1 beat), and **Step 23** LFO Sw (3 1/2 beats) form a lobe that is skated first toward the long side barrier and curves strongly, finishing aiming toward and almost perpendicular to the long axis with step 23.

**Step 23** LFO Sw: 3 ½ Total beats (2 + 1 ½) distributed as follows:

- LFO (2 beats);
- Swing the free leg in front on the third beat and held for 1 ½ beats.

**Step 24** OpCh RBI is an open Choctaw for 1/2 beat.

**Step 25 LBO** (4 beats), forms a deep lobe which begins toward the long axis and ends toward the long side barrier. The free leg movement on this step is optional.

**Step 26 RBO** (2 beats) is skated in the direction of the long side barrier and becoming parallel to it, followed by **step 27 Mk LFO** (2 beats), beginning parallel to the long side barrier and finishing back toward the long axis.

With steps 28-32, the skater performs five cross-rolls in a direction parallel to the long axis, drawing a very pronounced edges, the baseline remaining parallel to the long axis.

The first cross-roll, **step 28 XR RFO**, (2 beats) begins toward the long axis and finishes in the direction of the long side barrier;

the following three cross-rolls: **step 29 XR LFO**, **30 XR RFO** and **31 XR LFO** are each 1 beat.

The last cross roll, **step 32 XR RFO Sw ~ I** (3 beats total 1 + 1 + 1) distributed as follows:

- Xroll RFO on the first beat on an outside edge;
- Swing of the free leg from in back to in front on the second beat, remaining on the outside edge;
- A change from the outside edge to inside (from RFO to I) on the third beat.

#### **KEY POINTS - ARGENTINE TANGO - Man's Steps**

##### **Section 1**

1. **Steps 1 through 7:** correct execution of the runs and chasses with attention to the timing of Step 7 (held for 2 beats).
2. **Step 9 XB LFIO** (3 beats, 2 beats on inside edge and 1 beat on outside edge). Correct technical execution of the XB and the change of edge to outside at the required time (on the third beat of music).
3. **Step 10 XB RFI Ct** (2 beats, 1+1): attention to the correct execution of the cross behind which precedes the counter and the correct timing and technical execution of the inside counter without any loss of balance at the end of the turn.
4. **Step 13 XR LBO, and 14 Mk RFO 3t:** must be skated on strong edges with focus on the technical execution of the Xroll, Mohawk and three turn.

##### **Section 2**

1. **Step 20 XR RFO Sw:** correct technical execution of the Xroll Swing, skated on a strong outside edge for all 4 beats, without deviation from the edge.
2. **Step 23 LFO Sw** 3 ½ beats (2+ 1 ½ ) and **Step 24 Op Cw RBI** (1/2 beat): -particular attention must be given to the technical execution of the open Choctaw, on correct edges, with correct timing and placement of the foot.
3. **Steps 25 LBO, 26 RBO and 27 Mk LFO:** correct technical execution of the roll, with correct lean and without deviation from the edge, and correct placement of the foot on the Mohawk turn.
4. **Steps 28-32:** correct technical execution of the cross rolls in which the first (step 28) is for two beats, the successive ones are one beat each (29, 30, 31) and the last one (step 32) for 3 beats total (1+1+1) with a swing in front on the second beat and a change of edge to inside on the third beat. (The free leg movement on the third beat is optional). These cross rolls must be skated on pronounced edges with fluidity and correct lean.

No.	Steps	Musical Beats
<b>SECTION 1</b>		
1	LFO	1
2	Run RFI	1
3	LFO	1
4	Ch RFI	1
5	LFO	1
6	Run RFI	1
7	LFO	2
8	XF RFO	1
9	XB LFIO	2+1
10	XB RFI Ct	1+1
11	LBO	2
12	RBO	2
13	XR LBO	2
14	Mk RFO 3t	1+1
15	LBO	2
16	RBO	2
17	Mk LFO	1
18	Run RFI	1
19	LFO	2
20	XR RFO Sw**	4**
21	LFO	1
22	Run RFI	1
<b>SECTION 2</b>		
23	LFO Sw	2+1 ½
24	Cw RBI	½
25	LBO*	4
26	RBO	2
27	Mk LFO	2
28	XR RFO	2
29	XR LFO	1
30	XR RFO	1
31	XR LFO	1
32	XR RFO Sw l	1+1+1
* Movement of the free leg is optional		
** The timing and the manner in which the free leg swings is optional		

## ARGENTINE TANGO SOLO



