

DEVELOPMENT SQUAD 2019

QUEENS BIRTHDAY WEEKEND, JUNE 1 - 3
4A RAILWAY AVENUE, UPPER HUTT

WITH HPCC COACHES:
KYLIE SHIRLEY • JACQUI MITCHELL • IMELDA COLEMAN
RACHAEL PARKINSON-TURNER

This development squad is open to skaters of all levels and ages.
Focus is on RollArt including dance and freeskating and basic skating skills.
HPCC coaches will be presenting content from recent overseas seminars.

Programme outline

Saturday 1 June

Components sessions:-

- Skating Skills
- Transitions
- Choreography
- Performance

RollArt session with Q&A

Sunday 2 June

Technical Skills for Roll Art

Female athlete classroom presentation

Monday 3rd June

Athlete Nutrition session

Dance/choreography session

Schedule of fees

\$90 per skater from central region

\$60 per skater northern/southern regions

\$40 for coaches

Free for officials and parents.



Register at

www.bitly.com/development-squad-2019

Check out our Facebook event for updates and info [here](#)

