

## **120 WALTZ**

Modified for solo dance ONLY

MUSIC:	Waltz 3/4 counting 1-2-3-4-5-6	TEMPO:	120 beats per minute
PATTERN:	Set	START:	Step 1 on count #1
AXIS:	60-90 degrees		

### **DANCE NOTES**

- a. In the 120 Waltz 16 steps complete one sequence of the dance.
- b. There are no optional steps for this solo dance. All skaters will skate the 42 beat pattern as diagrammed.
- c. All steps except 7, 11, 12, 13 and 15 must take the floor in the parallel "AND" position. The take-off for step 7 must be made in the "angular and" position. The change of lean must occur before the take-off for step 7.
- d. Steps 11 and 15 are crossed progressives made with an "angular take-off" and a definite cross.
- e. Steps 12 and 13 are crossed chasses made with a "parallel take-off" and a definite cross.
- f. Step 1 (ROF swing) aims toward the centre and if not brought off the top of the lobe correctly will result in the corner being flat.
- g. The aim of step 6 must be flat to allow for the corner baseline to set up the second lobe of the corner to end up far enough around setting up the baseline properly.
- h. Step 11 (XF ROF) establishes the baseline and must be aimed deep to allow the change of step 12 to occur on the baseline.
- i. Step 15 must begin on the baseline.

### **COMMON ERRORS**

1. Step 1 will not be placed properly on the floor to set the corner correctly.
2. The timing of the change edge on step 6 will be incorrect and the rest of the corner will move too far around the corner.
3. The quickness of steps 11 and 12 make the baseline difficult to maintain and may have timing problems on steps 10, 11 & 12.
4. Steps 10 through 15 are often poorly skated and cause the restart of the dance to move too far into the corner.

### **GENERAL**

When skating SOLO DANCE good timing is expected while showing the character of the rhythm. Very good skating skills will help in achieving the overall flow, while executing the fundamentals and technical requirements of the dance. Good posture baseline and carriage should be maintained at all times. A much higher reward will be given to the skater who "skates" the dance and has mastered all components as opposed to the skater who simply steps through the dance and shows very poor skating skills.

# 120 WALTZ

Modified for Solo Dance

