

Skate New Zealand

Artistic Requirements 2021

Please refer to this for information on category names, requirements, elements, age groups and skating calendar year.

WORLD SKATE CATEGORY AGES

Tots	8 and 9 years old
Minis	10 and 11 years old
Espoir	12 and 13 years old
Cadet	14 and 15 years old
Youth	16 years old
Junior	17 and 18 years old (12+ on application)
Senior	19 years old + (12+ on application)

Note: The age in the list above refers to the age the skater is turning in the year of the competition (that is, in the calendar year being; 1st of January through to and including the 31st of December).

We are aligning ourselves with the international rules from World Skate on Page 6 of the World Skate Official Regulation Artistic - General 2021 Rule Book found on their website;

<http://www.worldskate.org/artistic/about/regulations/category/262-rule-books.html>

World Skate rules:

To be eligible to compete in any category, a skater who has competed in the previous year in a higher category must not compete in a lower one after that. In New Zealand the exceptions would be; Advanced Masters and Masters.

2021 Freeskating Notes:

- Reminder that there is no such thing as a 2 foot spin – the technical panel have been applying upright not confirmed.
- A ½ toe loop and ½ flip – to be awarded must take off as if doing the single, and land cleanly on the correct landing foot rolling forward. The old school ½ toe loop and ½ flip that use the correct toe side on to take off and lands firstly with the other toe and rolls out on the wrong foot will be called as a no jump.
- An old school toe euler – is not recognised under world skate's schedule – and would be called as a no jump.

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FIGURES

AREAS ONLY FIGURE GRADES

NEW ENTRANTS FIGURES

No Medal Test Requirement

Under 8 years old

2 circuits per figure

Group 1

1 RFO – LFO Eight
111a RFO – LFO Change Eight

Note: A rolling start will be accepted. Maximum of 3 steps prior to strike zone on initial strike.

NOVICE 1 FIGURES

No Medal Test Requirement

8 years old and over

2 circuits per figure

Group 1

1 RFO – LFO Eight
1a RFOI – LFOI Half Eight
2 RFI – LFI Eight

NOVICE 2 FIGURES

No Medal Test Requirement

11 years old and over

2 circuits per figure

Group 1

3 RBO – LBO Eight
5a/b FOI – FIO Change Eight
7 RFO – LFO Threes

Group 2

4 RBI - LBI Eight
5a/b FOI – FIO Change Eight
9a RFI – LBO Threes

ADULT FIGURES

No Medal Test Requirement

25 years old and over

2 circuits per figure

Group 1

1 RFO – LFO Eight
1a RFOI – LFOI Half Eight
111a RFO – LFO Change Eight

Skaters who are under 50 years of age and have competed in any discipline at either Junior or Senior World Championships must skate in Advanced Masters.

FIGURE GRADES – NATIONAL AND INTERNATIONAL GRADES

TOTS FIGURES

8 and 9 years old

3 circuits per figure

Group 1

1a/b FO - FO Eight
4a/b BI - BI Eight

Medal Test Requirement

2021: Figure Medal #1 NZ Championships)

Group 2

2a/b FI - FI Eight
3a/b BO - BO Eight

MINIS FIGURES

10 and 11 years old

3 circuits per figure

Group 1

8a/b FO - BI Threes
11 RFI - LFI Double Threes
14 RFO - LFO Loops

Medal Test Requirement

2021: Figure Medal #1 (NZ Championships)

Group 2

9a/b FI - BO Threes
10 RFO - LFO Double Threes
14 RFO - LFO Loops

ESPOIR FIGURES

12 and 13 years old

3 circuits per figure/loop

Group 1

19a/b FI - BO Brackets
22a/b FO - BO Counter
30a/b FOI - FIO Change Loops

Medal Test Requirement

2021: Figure Medal #1 (NZ Championships)

Group 2

18a/b FO - BI Brackets
28a/b FOI - FIO Change Double Threes
15 RFI - LFI Loops

Group 3

13 RBI - LBI Double Threes
19a/b FI - BO Brackets
30a/b FOI - FIO Change Loops

PRELIMINARY FIGURES

10 years old and over

2 circuits per figure

Group 1

8a/b FO – BI Threes
11 RFI – LFI Double Threes
19a/b FI – BO Brackets

Medal Test Requirement

2021: Figure Medal #1 (NZ Championships)

Group 2

9a/b FI - BO Threes
10 RFO - LFO Double Threes
18a/b FO – BI Brackets

CADET FIGURES

14 and 15 years old

3 circuits per figure/loop**Group 1**

13 RBI - LBI Double Threes
 19a/b FI - BO Brackets
 15 RFI - LFI Loops
 20a/b FO - BO Rockers

Group 3

19a/b FI - BO Brackets
 22a/b FO - BO Counters
 16 RBO - LBO Loops
 28a/b FOI - FIO Change Double Threes

Medal Test Requirement**2021:** Figure Medal#1 (NZ Championships)**2021:** Figure Medal# 5 (Oceania)

18a/b FO - BI Brackets
 21a/b FI - BI Rockers
 30a/b FOI - FIO Change Loops
 28a/b FOI - FIO Change Double Threes

Group 4

13 RBI - LBI Double Threes
 18a/b FO - BI Brackets
 30a/b FOI - FIO Change Loops
 23a/b FI - BI Counters

ADVANCED FIGURES

15 years old and over

2 circuits per figure**Group 1**

23a/b FI - BI Counters
 12a RBO - LBO Double Threes
 33a/b FIO - BIO Change Brackets

Medal Test Requirement**2021:** Figure Medal #1 (NZ Championships)**Group 2**

20a/b FO - BO Rockers
 28a/b FOI - FIO Change Double Threes
 32a/b FOI - BOI Change Brackets

YOUTH FIGURES

16 years old

3 circuits per figure/loop**2 circuits per paragraph figure****Group 1**

20a/b FO - BO Rockers
 33a/b FIO - BIO Change Brackets
 16 RBO - LBO Loops
 36a/b FO - FI Paragraph Double Threes

Medal Test Requirement**2021:** Figure Medal#1 (NZ Championships)**2021:** Figure Medal #6 (Oceania)**Group 2**

21a/b FI - BI Rockers
 32a/b FOI - BOI Change Brackets
 17 RBI - LBI Loops
 29a/b BOI - BIO Change Double Threes

Group 3

22a/b FO - BO Counters
 33a/b FIO - BIO Change Brackets
 17 RBI - LBI Loops
 36a/b FO - FI Paragraph Double Threes

Group 4

23a/b FI - BI Counters
 32a/b FOI - BOI Change Brackets
 30a/b FOI - FIO Change Loops
 29a/b BOI - BIO Change Double Threes

JUNIOR FIGURES

17 and 18 years old

Skaters who are at least 12 before the 1st of January in the year of the World Skate ATC Championships and not 19 on the 31st December in the year of competition will be eligible to skate Junior (ie have turned 12 in the year preceding the competition year), on application and provided they meet all medal test requirements.

Medal Test Requirement

2021: Figure Medal #1 (NZ Championships)

2021: Figure Medal #6 (Oceania)

2021: Figure Medal #7 (International)

Circuits per figure as indicated

Group 1

- 42a/b Forward Outside Counter combined with Bracket and Inside Counter (3 Circuits)
 38a/b Forward Outside Paragraph Loops (3 Circuits)
 36a/b Forward Outside Paragraph Double Threes (2 Circuits)

Group 2

- 43a/b Forward Outside Rocker combined with Outside Double Three (3 Circuits)
 31a/b Backward Outside Change Loops (3 Circuits)
 40a/b Forward Outside Paragraph Brackets (2 Circuits)

Group 3

- 44a/b Forward Inside Rocker combined with Inside Double Three (3 Circuits)
 38a/b Forward Outside Paragraph Loops (3 Circuits)
 40a/b Forward Outside Paragraph Brackets (2 Circuits)

Group 4

- 45a/b Backward Outside Counter combined with Bracket and Inside Counter (3 Circuits)
 31a/b Backward Outside Change Loops (3 Circuits)
 37a/b Backward Outside Paragraph Double Threes (2 Circuits)

SENIOR FIGURES

19 years old and over

Skaters who are at least 12 before the 1st of January in the year of the World Skate ATC Championships will be eligible to skate Senior (ie have turned 12 in the year preceding the competition year), on application and provided they meet all medal test requirements.

Medal Test Requirement

2021: Figure Medal #1 (NZ Championships)

2021: Figure Medal #7 (Oceania)

2021: Figure Medal #8 (International)

Circuits per figure as indicated

Group 1

- 46a/b Forward Outside Double Three combined with Outside Rocker and Backward Double Three Paragraph (2 circuits)
 39a/b Backward Outside Paragraph Loops (3 circuits)
 47a/b Forward Outside Bracket combined with Inside Counter and Backward Bracket Paragraph (2 circuits)

Group 2

- 48a/b Backward Double Three combined with Outside Rocker and Forward Double Three Paragraph (2 circuits)
 38a/b Forward Outside Paragraph Loops (3 circuits)
 49a/b Backward Outside Bracket combined with Inside Counter and Forward Bracket Paragraph (2 circuits)

Group 3

- 50a/b Forward Double Three combined with Outside Counter and Backward Double Three Paragraph (2 circuits)
 39a/b Backward Outside Paragraph Loops (3 circuits)
 51a/b Forward Outside Bracket combined with Inside Rocker and Backward Bracket Paragraph (2 circuits)

Group 4

- 52a/b Backward Outside Double Three combined with Outside Counter and Forward Double Three Paragraph (2 circuits)
 38a/b Forward Outside Paragraph Loops (3 circuits)
 53a/b Backward Outside Bracket combined with Inside Rocker and Forward Bracket Paragraph (2 circuits)

For diagrams and video presentations of the new figures, please see the World Skate website.

<http://www.worldskate.org/artistic/about/regulations/category/262-rule-books.html>

Please refer to this regularly due to World Skate updates.

ADVANCED MASTERS FIGURES

21 years old and over – NZ
30 years old and over – Oceania

Medal Test Requirement

2021: Figure Medal #1 (NZ Championships)
2021: Figure Medal #3 (Oceania)

Masters skaters who are under 50 years of age and have competed in any discipline at either Junior or Senior World Championships must skate in Advanced Masters.

3 circuits per figure

Group 1

3 RBO - LBO Eight
5a/b FOI - FIO Change Eight
7 RFO - LFO Threes

Group 2

5a/b FOI - FIO Change Eight
7 RFO - LFO Threes
9a/b FI - BO Threes

MASTERS FIGURES

25 years old and over – NZ
30 years old and over – Oceania

Medal Test Requirement

2021: Figure Medal #1 (NZ Championships)
2021: Figure Medal #2 (Oceania)

Masters skaters who are under 50 years of age and have competed in any discipline at either Junior or Senior World Championships must skate in Advanced Masters.

3 circuits per figure

Group 1

1 RFO - LFO Eight
2a/b FIO - FIO Half Eight
5a/b FOI - FIO Change Eight

Group 2

1a/b FOI - FOI Half Eight
2 RFI - LFI Eight
5a/b FOI - FIO Change Eight

LOOP GRADES

Loop events shall consist of any skaters who are not skating Senior Figures in that year.

PRIMARY LOOPS

8 to 11 years old

Medal Test Requirement

2021: Figure Medal #1 (NZ Championships)

2 circuits per loop

Group 1

14 RFO – LFO Loops
 15 RFI – LFI Loops
 30a/b FOI – FIO Change Loops

PRELIMINARY LOOPS

12 years old and over

Medal Test Requirement

2021: Figure Medal #1 (NZ Championships)

2 circuits per loop

Group 1

14 RFO – LFO Loops
 15 RFI – LFI Loops
 30a/b FOI – FIO Change Loops

ADVANCED LOOPS

14 years old and over

Medal Test Requirement

2021: Figure Medal #1 (NZ Championships)

2 circuits per loop

Group 1

16 RBO – LBO Loops
 31a/b BOI – BIO Change Loops
 38a/b FO – FI Paragraph Loops

Group 2

17 RBI – LBI Loops
 31a/b BOI – BIO Change Loops
 38a/b FO – FI Paragraph Loops

Note: Skaters competing in Youth and Junior Grades may also skate Advanced Loops only.

SOLO DANCE

AREAS ONLY COMPULSORY SOLO DANCE GRADES

NEW ENTRANTS SOLO DANCE Under 8 years old Mapped to Minis No Medal Test Requirement	Waltz Sequence	Tempo: 120 Waltz	<i>(2 sequences)</i>
NOVICE 1 SOLO DANCE 8 years old and over Mapped to Minis No Medal Test Requirement	Waltz Sequence March Sequence	Tempo: 120 Waltz Tempo: 100 March	<i>(2 sequences)</i> <i>(4 sequences)</i>
NOVICE 2 SOLO DANCE 11 years old and over Mapped to Minis No Medal Test Requirement	Glide Waltz City Blues	Tempo: 120 Waltz Tempo: 88 Blues	<i>(4 sequences)</i> <i>(4 sequences)</i>
ADULT SOLO DANCE 25 years old and over Mapped to Minis No Medal Test Requirement	Glide Waltz City Blues	Tempo: 120 Waltz Tempo: 88 Blues	<i>(4 sequences)</i> <i>(4 sequences)</i>

Skaters who are under 50 years of age and have competed in any discipline at either Junior or Senior World Championships must skate in Advanced Masters.

COMPULSORY SOLO DANCE GRADES

NATIONAL AND INTERNATIONAL GRADES

<p>TOTS SOLO DANCE 8 and 9 years old Mapped to Minis Medal Test Requirement 2021: Solo Dance Medal #1 (NZ Championships)</p>	<p>Carlos Tango City Blues</p>	<p>Tempo: 96 Tango Tempo: 88 Blues</p>	<p>(2 sequences) (4 sequences)</p>
<p>PRELIMINARY SOLO DANCE 10 years old and over Mapped to Minis Medal Test Requirement 2021: Solo Dance Medal #1 (NZ Championships)</p>	<p>Denver Shuffle Southland Swing</p>	<p>Tempo: 100 Polka Tempo: 92 Blues/Foxtrot</p>	<p>(4 sequences) (4 sequences)</p>
<p>ADVANCED SOLO DANCE 15 years old and over Mapped to Youth Medal Test Requirement 2021: Solo Dance Medal #1 (NZ Championships)</p>	<p>Cha Cha Patin Kent Tango</p>	<p>Tempo: 112 Cha Cha Tempo: 100 Tango</p>	<p>(4 sequences) (4 sequences)</p>
<p>ADVANCED MASTERS SOLO DANCE 21 years old and over - NZ 30 years old and over - Oceanias Mapped to Espoir Medal Test Requirement 2021: Solo Dance Medal #1 (NZ Championships) 2021: Solo Dance Medal #3 (Oceanias)</p>	<p>Roller Samba Little Waltz (Solo)</p>	<p>Tempo: 104 Samba Tempo: 132 Waltz</p>	<p>(4 sequences) (2 sequences)</p>
<p>Masters skaters who are under 50 years of age and have competed in any discipline at either Junior or Senior World Championships must skate in Advanced Masters.</p>			
<p>Skaters can skate in Masters for Compulsories and Advanced Masters for Free Dance if they choose, or vice versa ie, Advanced Masters Compulsories and Masters Style Dance, but not both – provided they meet the requirements as far as having skated at a previous Junior or Senior World Championship and also the age and medal tests requirements as indicated. This applies to New Zealand and Oceania events.</p>			
<p>MASTERS SOLO DANCE 25 years old and over - NZ 30 years old and over - Oceanias Mapped to Minis Medal Test Requirement 2021: Solo Dance Medal #1 (NZ Championships) 2021: Solo Dance Medal #2 (Oceanias)</p>	<p>Skaters March Carlos Tango</p>	<p>Tempo: 100 March Tempo: 96 Tango</p>	<p>(4 sequences) (4 sequences)</p>
<p>Masters skaters who are under 50 years of age and have competed in any discipline at either Junior or Senior World Championships must skate in Advanced Masters.</p>			
<p>Skaters can skate in Masters for Compulsories and Advanced Masters for Free Dance if they choose, or vice versa ie, Advanced Masters Compulsories and Masters Style Dance, but not both – provided they meet the requirements as far as having skated at a previous Junior or Senior World Championship and also the age and medal tests requirements as indicated. This applies to New Zealand and Oceania events.</p>			

ADVANCED MASTERS**Time:** 2:30 minutes +/- 10 seconds**SOLO FREEDANCE**

21 years old and over - NZ

30 years old and over - Oceanias

Mapped to Espoir

Medal Test Requirement**2021:** Solo Dance Medal #1 (NZ Championship)**2021:** Solo Dance Medal #3 (Oceanias)**Requirements:****Footwork Sequence** - Maximum level 2 - maximum 30 seconds**Artistic Footwork Sequence** - Maximum level 2, maximum 30 secs**Travelling** - **Maximum level 2****Choreo Sequence** - **Yes**

Masters skaters who are under 50 years of age and have competed in any discipline at either Junior or Senior World Championships must skate in Advanced Masters.

Skaters can skate in Masters for Compulsories and Advanced Masters for Free Dance if they choose, or vice versa ie, Advanced Masters Compulsories and Masters Style Dance, but not both – provided they meet the requirements as far as having skated at a previous Junior or Senior World Championship and also the age and medal tests requirements as indicated. This applies to New Zealand and Oceania events.

Masters and Advanced Masters Skaters are expected to focus on QOE scores rather than level achievements.

MASTERS SOLO STYLE DANCE**Time:** 2:00 minutes +/- 10 seconds

25 years old and over - NZ

30 years old and over - Oceanias

Mapped to Junior**

Medal Test Requirement**2021:** Solo Dance Medal #1 (NZ Championships)**2021:** Solo Dance Medal #2 (Oceanias)**Theme: Classic Medley** - Waltz, Classic Polka, March, Galop**Compulsory Dance/Pattern Dance:****Skaters March (100 March)****Requirements:****Footwork sequence** - Maximum level 1 - **maximum 30 seconds**

The four (4) steps and turns that will be counted towards the level are; Cross in front, Inside Three Turn, Outside Three turn, Open Mohawk.

Masters skaters who are under 50 years of age and have competed in any discipline at either Junior or Senior World Championships must skate in Advanced Masters.

Skaters can skate in Masters for Compulsories and Advanced Masters for Free Dance if they choose, or vice versa ie, Advanced Masters Compulsories and Masters Style Dance, but not both – provided they meet the requirements as far as having skated at a previous Junior or Senior World Championship and also the age and medal tests requirements as indicated. This applies to New Zealand and Oceania events.

Masters and Advanced Masters Skaters are expected to focus on QOE scores rather than level achievements.

**Requirements are quite different to Junior. Officials must check referee sheets and footwork requirements carefully.

For a full list of regulations and specifications regarding the technical elements and associated levels for each grade, please refer to the relevant [World Skate Rules](#) for Artistic Skating Competitions Manuals 2021. For compulsory dance patterns and specifications, refer to the World Skate Artistic Dance Book 2021.

SOLO FREEDANCE GRADES

PRELIMINARY SOLO FREEDANCE

10 years old and over

Mapped to Espoir

Medal Test Requirement

2021: Solo Dance Medal #1 (NZ Championships)

Time: 2:30 minutes +/- 10 seconds

Note: This event is separate to the Preliminary Compulsory Dance event

2021 PRELIMINARY SOLO FREEDANCE REQUIREMENTS

Footwork Sequence	Artistic Footwork Sequence	Travelling	Choreo Sequence
Yes Maximum Level 2 Maximum 30 seconds	Yes Maximum Level 2 Maximum 30 seconds	Yes Maximum Level 2	Yes

ADVANCED SOLO FREEDANCE

15 years old and over

Mapped to Cadet

Medal Test Requirement

2021: Solo Dance Medal #1 (NZ Championships)

Time: 3:00 minutes +/- 10 seconds

Note: This event is separate from the Advanced Compulsory Dance event.

2021 ADVANCED SOLO FREEDANCE REQUIREMENTS

Footwork Sequence	Artistic Footwork Sequence	Travelling	Choreo Sequence	Cluster
Yes Maximum Level 3 Maximum 30 seconds	Yes Maximum Level 3 Maximum 30 seconds	Yes Maximum Level 2	Yes	Yes Maximum Level 2 Maximum 15 seconds

SOLO DANCE - COMBINED EVENTS

For a full list of regulations and specifications regarding the technical elements and associated levels for each grade, please refer to the relevant [World Skate Rules](#) for Artistic Skating Competitions Manuals 2021. For compulsory dance patterns and specifications, refer to the World Skate Artistic Dance Book 2021.

MINIS SOLO DANCE

10 and 11 years old

Mini Solo Dance is composed of both Compulsory and Freedance events. Skaters must skate in both events.

Medal Test Requirement

2021: Solo Dance Medal #1 (NZ Championships)

COMPULSORY DANCES

Skaters March Tempo: 100 March (4 sequences)
Carlos Tango Tempo: 96 Tango (4 sequences)

FREEDANCE

Time: 2:00 minutes +/- 10 seconds

2021 MINIS SOLO FREEDANCE REQUIREMENTS

Footwork Sequence	Artistic Footwork Sequence	Travelling	Choreo Sequence
Yes Maximum Level 1 Maximum 30 seconds	Yes Maximum Level 1 Maximum 30 seconds	Yes Maximum Level 1	Yes

ESPOIR SOLO DANCE

12 and 13 years old

Espoir Solo Dance is composed of both Compulsory and Freedance events. Skaters must skate in both events.

Medal Test Requirement

2021: Solo Dance Medal #1 (NZ Championships)

COMPULSORY DANCES

Roller Samba Tempo: 104 Samba (4 sequences)
Little Waltz (Solo) Tempo: 132 Waltz (2 sequences)

FREEDANCE

Time: 2:30 minutes +/- 10 seconds

2021 ESPOIR SOLO FREEDANCE REQUIREMENTS

Footwork Sequence	Artistic Footwork Sequence	Travelling	Choreo Sequence
Yes Maximum Level 2 Maximum 30 seconds	Yes Maximum Level 2 Maximum 30 seconds	Yes Maximum Level 2	Yes

CADET SOLO DANCE

14 and 15 years old

Cadet Solo Dance is composed of both Compulsory and Freedance events. Skaters must skate in both events.

Medal Test Requirement

2021: Solo Dance Medal #1 (NZ Championships)

2021: Solo Dance Medal #5 (Oceania)

COMPULSORY DANCES

Federation Foxtrot Tempo: 96 Foxtrot (4 sequences)
Siesta Tango Tempo: 100 Tango (4 sequences)

FREEDANCE

Time: 3:00 minutes +/- 10 seconds

2021 CADET SOLO FREEDANCE REQUIREMENTS

Footwork Sequence	Artistic Footwork Sequence	Travelling	Choreo Sequence	Cluster
Yes Maximum Level 3 Maximum 30 seconds	Yes Maximum Level 3 Maximum 30 seconds	Yes Maximum Level 2	Yes	Yes Maximum Level 2 Maximum 15 seconds

YOUTH SOLO DANCE

16 years old

Youth Solo Dance is composed of both Compulsory and Freedance events. Skaters must skate in both events.**Medal Test Requirement****2021:** Solo Dance Medal #1 (NZ Championships)**2021:** Solo Dance Medal #6 (Oceania)**COMPULSORY DANCES****Cha Cha Patin**

Tempo: 112 Cha Cha (4 sequences)

Kent Tango

Tempo: 100 Tango (4 sequences)

FREEDANCE**Time: 3:15** minutes +/- 10 seconds**2021 YOUTH SOLO FREEDANCE REQUIREMENTS**

Footwork Sequence	Artistic Footwork Sequence	Travelling	Choreo Sequence	Cluster
Yes Maximum 40 seconds	Yes Maximum 40 seconds	Yes Maximum Level 3	Yes	Yes Maximum Level 3 Maximum 20 seconds

JUNIOR SOLO DANCE

17 and 18 years old

Junior Solo Dance is composed of both Style Dance and Freedance events. Skaters must skate in both events.**Medal Test Requirement****2021:** Solo Dance Medal #1 (NZ Championships)**2021:** Solo Dance Medal #6 (Oceania)**2021:** Solo Dance Medal #7 (International)

Skaters who are at least 12 before the 1st of January in the year of the World Skate ATC Championships, and not 19 on the 31st December in the year of competition, will be eligible to skate Junior (ie have turned 12 in the year preceding the competition year), on application and provided they meet all medal test requirements.

STYLE DANCE**Time: 2:50** minutes +/- 10 seconds

The selection of rhythms used is a minimum of two (2) and a maximum of three (3) different rhythms.

The choice of two (2) rhythms may include the use of two (2) different music selections for the same rhythm, however, this may only be done for one (1) of the selected rhythms. The choice of three (3) different rhythms may NOT include the use of two different music selections for the same rhythm.

One of the selected rhythms must be the rhythm required for the Pattern Dance Sequence.

During the Pattern Dance Sequence, a change of music selection is NOT permitted.

2021 JUNIOR SOLO STYLE DANCE REQUIREMENTS:
Theme: Classic Medley - Waltz, Classic Polka, March, Galop
Compulsory Dance/Pattern Dance: Flirtation Waltz (120 Waltz)

Footwork Sequence	Travelling	Cluster
Yes Maximum 40 seconds	Yes	Yes Maximum 20 seconds

FREEDANCE**Time: 3:30** minutes +/- 10 seconds**2021 JUNIOR SOLO FREEDANCE REQUIREMENTS**

Footwork Sequence	Artistic Footwork Sequence	Travelling	Choreo Sequence	Cluster
Yes Maximum 40 seconds	Yes Maximum 40 seconds	Yes	Yes	Yes Maximum 20 seconds

SENIOR SOLO DANCE

19 years old and over

Senior Solo Dance is composed of both Style Dance and Freedance events. Skaters must skate in both events.**Medal Test Requirement****2021:** Solo Dance Medal #1 (NZ Championships)**2021:** Solo Dance Medal #7 (Oceania)**2021:** Solo Dance Medal #8 (International)

Skaters who are at least 12 before the 1st of January in the year of the World Skate ATC Championships will be eligible to skate Senior (ie have turned 12 in the year preceding the competition year), on application and provided they meet all medal test requirements.

STYLE DANCE**Time: 2:50** minutes +/- 10 seconds

The selection of rhythms used is a minimum of two (2) and a maximum of three (3) different rhythms.

The choice of two (2) rhythms may include the use of two (2) different music selections for the same rhythm, however, this may only be done for one (1) of the selected rhythms. The choice of three (3) different rhythms may NOT include the use of two different music selections for the same rhythm.

One of the selected rhythms must be the rhythm required for the Pattern Dance Sequence.

During the Pattern Dance Sequence, a change of music selection is NOT permitted.

2021 SENIOR SOLO STYLE DANCE REQUIREMENTS:

Theme: Latin Medley - Mambo, Salsa, Merengue, Bachata, Bossa Nova, Batucada, Cha Cha Cha, Samba, Rumba
Compulsory Dance/Pattern Dance: Loran Rumba (86 Rumba)

Footwork Sequence	Travelling	Cluster
Yes Maximum 40 seconds	Yes	Yes Maximum 20 seconds

FREEDANCE**Time: 3:30** minutes +/- 10 seconds**2021 SENIOR SOLO FREEDANCE REQUIREMENTS**

Footwork Sequence	Artistic Footwork Sequence	Travelling	Choreo Sequence	Cluster
Yes Maximum 40 seconds	Yes Maximum 40 seconds	Yes	Yes	Yes Maximum 20 seconds

COUPLES DANCE

AREAS ONLY COUPLES COMPULSORY DANCE GRADES

NOVICE COUPLES DANCE

8 years old and over

Mapped to Minis

No Medal Test Requirement

Waltz Sequence

March Sequence

Tempo: 120 Waltz

Tempo: 100 March

(2 sequences)

(4 sequences)

ADULT COUPLES DANCE

25 years old and over

Mapped to Minis

No Medal Test Requirement

Glide Waltz

City Blues

Tempo: 120 Waltz

Tempo: 88 Blues

(4 sequences)

(4 sequences)

Skaters who are under 50 years of age and have competed in any discipline at either Junior or Senior World Championships must skate in Advanced Masters.

COUPLES DANCE - COMBINED

NATIONAL AND INTERNATIONAL GRADES

MINIS COUPLES DANCE

10 and 11 years old

Skaters March
Carlos Tango

 Tempo: 100 March
 Tempo: 96 Tango

 (4 sequences)
 (4 sequences)

Medal Test Requirement

2021: Dance Couples Medal #1 (NZ Championships)

FREEDANCE

Time: 2:30 minutes +/- 10 seconds

2021 MINIS COUPLES FREE DANCE REQUIREMENTS

Dance Hold Footwork Sequence	No Hold Footwork Sequence	Travelling	Choreo Lift
Yes Maximum Level 1 Maximum 40 seconds	Yes Maximum Level 1 Maximum 30 seconds	Yes Maximum level 1	Yes

ESPOIR COUPLES DANCE

12 and 13 years old

Roller Samba
Little Waltz (Couples)

 Tempo: 104 Samba
 Tempo: 132 Waltz

 (4 sequences)
 (2 sequences)

Medal Test Requirement

2021: Dance Couples Medal #1 (NZ Championships)

FREEDANCE

Time: 3:00 minutes +/- 10 seconds

2021 ESPOIR COUPLES FREE DANCE REQUIREMENTS

Dance Hold Footwork Sequence	No Hold Footwork Sequence	Travelling	Choreo Lift	Rotational Lift	Stationary Lift
Yes Maximum Level 2 Maximum 40 seconds	Yes Maximum Level 2 Maximum 30 seconds	Yes Maximum Level 2	Yes	Yes Maximum Level 2	Yes Maximum Level 2

CADET COUPLES DANCE

14 and 15 years old

Swing Foxtrot
Siesta Tango

 Tempo: 104 Foxtrot
 Tempo: 100 Tango

 (4 sequences)
 (4 sequences)

Medal Test Requirement

2021: Dance Couples Medal #1 (NZ Championships)

2021: Dance Couples Medal #5 (Oceania)

FREEDANCE

Time: 3:15 minutes +/- 10 seconds

2021 CADET COUPLES FREE DANCE REQUIREMENTS

Dance Hold Footwork Sequence	No Hold Footwork Sequence	Travelling	Choreo Lift	Stationary Lift	Rotational Lift
Yes Maximum Level 3 Maximum 40 seconds	Yes Maximum Level 3 Maximum 30 seconds	Yes Maximum Level 2	Yes	Yes Maximum Level 3	Yes Maximum Level 3

YOUTH COUPLES DANCE

16 years old

Cha Cha Patin

Tempo: 112 Cha Cha

(4 sequences)

Harris Tango (Double)

Tempo: 100 Tango

(4 sequences)

Medal Test Requirement**2021:** Dance Couples Medal #1 (NZ Championships)**2021:** Dance Couples Medal #6 (Oceania)**FREEDANCE****Time: 3:30 minutes +/- 10 seconds****2021 YOUTH COUPLES FREE DANCE REQUIREMENTS**

Dance Hold Footwork Sequence	No Hold Footwork Sequence	Cluster Sequence	Choreo Lift	Rotational Lift	Combo Lift
Yes Maximum Level 4 Maximum 50 seconds	Yes Maximum Level 4 Maximum 40 seconds	Yes No Hold Maximum level 3 Maximum 20 seconds	Yes	Yes Maximum Level 4	Yes Maximum Level 4

JUNIOR COUPLES DANCE

17 and 18 years old

Skaters who are at least 12 before the 1st of January in the year of the World Skate ATC Championships, and not 19 on the 31st December in the year of competition will be eligible to skate Junior (ie have turned 12 in the year preceding the competition year), on application and provided they meet all medal test requirements.

Medal Test Requirement**2021:** Dance Couples Medal #1 (NZ Championships)**2021:** Dance Couples Medal #6 (Oceania)**2021:** Dance Couples Medal #7 (International)**STYLE DANCE****Time: 3:00 minutes +/- 10 seconds**

The selection of rhythms used is a minimum of two (2) and a maximum of three (3) different rhythms.

The choice of two (2) rhythms may include the use of two (2) different music selections for the same rhythm, however, this may only be done for one (1) of the selected rhythms. The choice of three (3) different rhythms may NOT include the use of two different music selections for the same rhythm.

One of the selected rhythms must be the rhythm required for the Pattern Dance Sequence.

During the Pattern Dance Sequence, a change of music selection is NOT permitted.

2021 JUNIOR COUPLES STYLE DANCE REQUIREMENTS:

Theme: Latin Medley - Mambo, Salsa, Merengue, Bachata, Bossa Nova, Batucada, Cha Cha Cha, Samba, Rumba
Compulsory Dance/Pattern Dance: Golden Samba (104 Samba)

Hold Footwork Sequence	Stationary Lift	Cluster
Yes, 1 Maximum 50 seconds	Yes	Yes Hold Maximum 20 seconds

FREEDANCETime: **3:50** minutes +/- 10 seconds**2021 JUNIOR COUPLES FREEDANCE REQUIREMENTS**

Hold Footwork Sequence	Travelling	Choreo Lift	Stationary Lift	Rotational Lift	Combo Lift	Cluster
Yes Maximum 50 seconds	Yes, 1 Synchronised	Yes	Yes	Yes	Yes	Yes No Hold Maximum 20 seconds

SENIOR COUPLES DANCE

19 years old and over

Skaters who are at least 12 before the 1st of January in the year of the World Skate ATC Championships will be eligible to skate Senior (i.e. have turned 12 in the year preceding the competition year), on application and provided they meet all medal test requirements.

Medal Test Requirement**2021:** Dance Couples Medal #1 (NZ Championships)**2021:** Dance Couples Medal #7 (Oceania)**2021:** Dance Couples Medal #8 (International)**STYLE DANCE**Time: **3:00** minutes +/- 10 seconds

The selection of rhythms used is a minimum of two (2) and a maximum of three (3) different rhythms.

The choice of two (2) rhythms may include the use of two (2) different music selections for the same rhythm, however, this may only be done for one (1) of the selected rhythms. The choice of three (3) different rhythms may NOT include the use of two different music selections for the same rhythm.

One of the selected rhythms must be the rhythm required for the Pattern Dance Sequence.

During the Pattern Dance Sequence, a change of music selection is NOT permitted.

2021 SENIOR COUPLES STYLE DANCE REQUIREMENTS:**Theme: Modern Medley - Disco, Pop, Dance, Hip Hop, Soul, Rap, House, Hard Rock****Compulsory Dance/Pattern Dance: Iceland Tango (100 Tango)**

Hold Footwork Sequence	Dance Lift	Cluster
Yes, 1 Maximum 50 seconds	Yes Rotational	Yes Hold Maximum 20 seconds

FREEDANCE

Time: 3:50 minutes +/- 10 seconds

2021 SENIOR COUPLES FREEDANCE REQUIREMENTS

Hold Footwork Sequence	Travelling	Choreo Lift	Stationary Lift	Rotational Lift	Combo Lift	Cluster
Yes Maximum 50 seconds	Yes, 1 Synchronised	Yes	Yes	Yes	Yes	Yes No Hold Maximum 20 seconds

For a full list of regulations and specifications regarding the technical elements and associated levels for each grade, please refer to the relevant [World Skate Rules](#) for Artistic Skating Competitions Manuals 2021. For compulsory dance patterns and specifications, refer to the World Skate Artistic Dance Book 2021.

COUPLES DANCE – COMPULSORY DANCE AND FREEDANCE GRADES

Note: These are all separate events

PRELIMINARY COUPLES COMPULSORY DANCE

Skaters March Tempo: 100 March (4 sequences)
Carlos Tango Tempo: 96 Tango (4 sequences)

10 years old and over
Mapped to Minis
Medal Test Requirement
2021: Dance Couples Medal #1 (NZ Championships)

PRELIMINARY COUPLES FREEDANCE Time: 2:30 minutes +/- 10 seconds

10 years old and over
Mapped to Espoir
Medal Test Requirement
2021: Dance Couples Medal #1 (NZ Championships)

2021 PRELIMINARY COUPLES FREE DANCE REQUIREMENTS

Dance Hold Footwork Sequence	No Hold Footwork Sequence	Travelling	Choreo Lift
Yes Maximum Level 2 Maximum 40 seconds	Yes Maximum Level 2 Maximum 30 seconds	Yes Maximum Level 2	Yes

ADVANCED COUPLES DANCE

Cha Cha Patin Tempo: 112 Cha Cha (4 sequences)
Kent Tango Tempo: 100 Tango (4 sequences)

15 years old and over
Mapped to Youth
Medal Test Requirement
2021: Dance Couples Medal #1 (NZ Championships)

ADVANCED COUPLES FREEDANCE Time: 3:15 minutes +/- 10 seconds

15 years old and over
Mapped to Cadet
Medal Test Requirement
2021: Dance Couples Medal #1 (NZ Championships)

2021 ADVANCED COUPLES FREE DANCE REQUIREMENTS

Hold Footwork Sequence	No Hold Footwork Sequence	Travelling	Choreo Lift	Stationary Lift	Rotational Lift
Yes Maximum Level 3 Maximum 40 seconds	Yes Maximum Level 3 Maximum 30 seconds	Yes Maximum Level 2	Yes	Yes Maximum Level 3	Yes Maximum Level 3

ADVANCED MASTERS COUPLES DANCE

21 years old and over - NZ

30 years old and over - Oceania

Mapped to Espoir

Medal Test Requirement

2021: Dance Couples Medal #1 (NZ Championships)

2021: Dance Couples Medal #3 (Oceania)

Masters skaters who are under 50 years of age and have competed in any discipline at either Junior or Senior World Championships must skate in Advanced Masters.

Skaters can skate in Masters for Compulsories and Advanced Masters for Free Dance if they choose, or vice versa ie, Advanced Masters Compulsories and Masters Style Dance, but not both – provided they meet the requirements as far as having skated at a previous Junior or Senior World Championship and also the age and medal tests requirements as indicated. This applies to New Zealand and Oceania events.

Roller Samba Tempo: 104 Samba (4 sequences)
Little Waltz Tempo: 132 Waltz (2 sequences)
(Couples)

ADVANCED MASTERS COUPLES FREEDANCE

Time: 3:00 minutes +/- 10 seconds

21 years old and over - NZ

30 years old and over - Oceania

Mapped to Espoir

Medal Test Requirement

2021: Dance Couples Medal #1 (NZ Championships)

2021: Dance Couples Medal #3 (Oceania)

Masters skaters who are under 50 years of age and have competed in any discipline at either Junior or Senior World Championships must skate in Advanced Masters.

Skaters can skate in Masters for Compulsories and Advanced Masters for Free Dance if they choose, or vice versa ie, Advanced Masters Compulsories and Masters Style Dance, but not both – provided they meet the requirements as far as having skated at a previous Junior or Senior World Championship and also the age and medal tests requirements as indicated. This applies to New Zealand and Oceania events.

2021 ADVANCED MASTERS COUPLES FREEDANCE REQUIREMENTS

Dance Hold Footwork Sequence	No Hold Footwork Sequence	Travelling	Choreo Lift	Stationary Lift	Rotational Lift (Optional)
Yes Maximum Level 2 Maximum 40 seconds	Yes Maximum Level 2 Maximum 30 seconds	Yes Maximum Level 2	Yes	Yes Maximum Level 2	Maximum Level 2

For a full list of regulations and specifications regarding the technical elements and associated levels for each grade, please refer to the relevant for Artistic Skating Competitions Manuals 2021. For compulsory dance patterns and specifications, refer to the World Skate Artistic Dance Book 2021.

MASTERS COUPLES DANCE

25 years old and over - NZ

30 years and old over - Oceanias

Mapped to Minis

Medal Test Requirement

2021: Dance Couples Medal #1 (NZ Championships)

2021: Dance Couples Medal #2 (Oceanias)

Skaters March
Carlos Tango

Tempo: 100 March

(4 sequences)

Tempo: 96 Tango

(4 sequences)

Masters skaters who are under 50 years of age and have competed in any discipline at either Junior or Senior World Championships must skate in Advanced Masters.

Skaters can skate in Masters for Compulsories and Advanced Masters for Free Dance if they choose, or vice versa ie, Advanced Masters Compulsories and Masters Style Dance – provided they meet the requirements as far as having skated at a previous Junior or Senior World Championship and also the age and medal tests requirements as indicated. This applies to New Zealand and Oceania events.

MASTERS COUPLES STYLE DANCE**Time: 2:00 minutes +/- 10 seconds**

25 years old and over - NZ

30 years and old over - Oceanias

Mapped to Junior**

Medal Test Requirement

2021: Dance Couples Medal #1 (NZ Championships)

2021: Dance Couples Medal #2 (Oceanias)

Masters skaters who are under 50 years of age and have competed in any discipline at either Junior or Senior World Championships must skate in Advanced Masters.

Skaters can skate in Masters for Compulsories and Advanced Masters for Free Dance if they choose, or vice versa ie, Advanced Masters Compulsories and Masters Style Dance – provided they meet the requirements as far as having skated at a previous Junior or Senior World Championship and also the age and medal tests requirements as indicated. This applies to New Zealand and Oceania events.

2021 MASTERS COUPLES STYLE DANCE REQUIREMENTS
Theme: Classic Medley - Waltz, Classic Polka, March, Galop
Compulsory Dance/Pattern Dance: Skaters March (100 March)

Dance Hold Footwork Sequence
Yes Maximum Level 1 Maximum 40 seconds

The four (4) steps that will be counted towards the level include and are limited to, Cross in front, Inside Three Turn, Outside Three turn, Open Mohawk.

**Requirements are quite different to Junior. Officials must check referee sheets and footwork requirements carefully.

For a full list of regulations and specifications regarding the technical elements and associated levels for each grade, please refer to the relevant [World Skate Rules](#) for Artistic Skating Competitions Manuals 2021. For compulsory dance patterns and specifications, refer to the World Skate Artistic Dance Book 2021.

FREESKATING

AREAS ONLY FREESKATING GRADES

NEW ENTRANTS FREESKATING

Time: Up to 2.00 minutes

No Medal Test Requirement

Under 8 years old
Mapped to Tots

COMPULSORY ELEMENTS:

- A maximum of eight (8) jumps of one (1) rotation are allowed including Waltz jump.
- A maximum of two (2) jumps combinations are allowed
- The number of jumps within the combination cannot be more than three (3)
- The same jump cannot be presented more than three (3) times
- A maximum of Two (2) spin elements allowed (the two spins must be different and limited to upright spins being counted).
- One (1) footwork sequence maximum level 1. The four (4) steps and turns that will be counted towards the level include and are limited to: Cross in front, Inside Three Turn, Outside Three turn, Open Mohawk, maximum thirty (30) seconds.

NOTES:

- Referee Penalties: 1.0 deduction for every 2 falls (please note, costume violation rules will apply)

NOVICE 1 FREESKATING

Time: 1:30 to 2:00 minutes

No Medal Test Requirement

8 years old and over
Mapped to Tots

COMPULSORY ELEMENTS:

- A maximum of eight (8) jumps of one (1) rotation are allowed including Waltz jump.
- A maximum of two (2) jumps combinations are allowed
- The number of jumps within the combination cannot be more than three (3)
- The same jump cannot be presented more than three (3) times
- A maximum of Two (2) spin elements allowed (the two spins must be different and limited to upright spins being counted).
- One (1) footwork sequence maximum level 1. The four (4) steps and turns that will be counted towards the level include and are limited to: Cross in front, Inside Three Turn, Outside Three turn, Open Mohawk, maximum thirty (30) seconds.

NOTES:

- Referee Penalties: 1.0 deduction for every 2 falls (please note, costume violation rules will apply)

NOVICE 2 FREESKATING

11 years old and over
Mapped to Tots

Time: 1:30 to 2.00 minutes

No Medal Test Requirement

COMPULSORY ELEMENTS:

- A maximum of eight (8) jumps of one (1) rotation are allowed including Waltz jump.
- A maximum of two (2) jumps combinations are allowed
- The number of jumps within the combination cannot be more than three (3)
- The same jump cannot be presented more than three (3) times
- A maximum of Two (2) spin elements allowed (the two spins must be different and limited to upright spins being counted).
- One (1) footwork sequence maximum level 1. The four (4) steps and turns that will be counted towards the level include and are limited to: Cross in front, Inside Three Turn, Outside Three turn, Open Mohawk, maximum thirty (30) seconds.

NOTES:

- Referee Penalties: 1.0 deduction for every 2 falls (please note, costume violation rules will apply)

FREESKATING GRADES – NATIONAL AND INTERNATIONAL GRADES

For a full list of regulations and specifications regarding the technical elements and associated levels for each grade, please refer to the relevant [World Skate Rules](#) for Artistic Skating Competitions Manuals 2021.

TOTS FREESKATING

8 and 9 years old

Long Programme only

Time: 2:30 minutes +/- 10 seconds

Medal Test Requirement

2021: Freeskating Medal #1 (NZ Championships)

- A maximum of twelve (12) jumps of one (1) rotation are allowed including Waltz jump.
- Maximum two (2) jumps combinations are allowed.
- The number of jumps within the combination cannot be more than five (5).
- The same jump cannot be presented more than three (3) times.
- Two (2) spin elements must be performed. One of them **MUST** be a combination spin (maximum three (3) positions) **ONLY** upright positions and sit positions are allowed. The two spins must be different.
- One (1) footwork sequence maximum level 1. The four (4) steps and turns that will be counted towards the level include and are limited to: Cross in front, Inside Three Turn, Outside Three turn, Open Mohawk, maximum thirty (30) seconds.

MINIS FREESKATING

10 and 11 years old

Long Programme only

Time: 2:45 minutes +/- 10 seconds

Medal Test Requirement

2021: Freeskating Medal #1 (NZ Championships)

- A maximum of twelve (12) jumps of one (1) rotation. Within the twelve (12) jumps Axel, double toe-loop and double salchow are allowed.
- Maximum two (2) jumps combinations are allowed.
- The number of jumps within the combination cannot be more than five (5).
- It is mandatory to perform an Axel that can be presented also in combination
- Axel and doubles cannot be presented more than twice. If presented twice, one must be in combination.
- The same one rotation jump cannot be presented more than three (3) times.
- In the program, there **MUST** be at least one toe loop element (single or double).
- Two spin elements must be performed. One of them **MUST** be a combination spin (maximum three (3) positions) and must include a sit spin, (broken ankle, heel, and inverted are **NOT** allowed). The two spins must be different.
- One (1) footwork sequence maximum level 2, maximum thirty (30) seconds.

ESPOIR FREESKATING

12 and 13 years old

Short Programme**Time: 2:00 minutes +/- 5 seconds****Medal Test Requirement****2021:** Freeskating Medal #1 (NZ Championships)**Long Programme****Time: 3:15 minutes +/- 10 seconds****Short Programme Espoir**

- Axel - Single
- Jumps combination from two (2) to four (4) jumps including connecting jumps (only doubles, excluding double Axel. No triples allowed). In calculating the value of the combination jumps the connecting jumps will not be counted.
- Solo jump - single or double (cannot be an Axel).
- One (1) combination spin with a maximum two (2) positions. The two positions MUST be a sit spin combined with a camel (either outside backward, camel or outside forward camel).
- One (1) position spin. MUST be a camel spin (either outside backward or outside forward, however it CANNOT be the same camel used in the combination).
- One (1) footwork sequence maximum level 3, maximum thirty (30) seconds.

Long Programme Espoir

- A maximum of ten (10) jumps are allowed (excluding connecting jumps) (double axel and triples are not allowed)
- Maximum two (2) jumps combinations are allowed.
- The number of jumps within the combination cannot be more than five (5).
- The technical value will be awarded just to axels and double jumps in the combination.
- It is mandatory to perform an Axel that can be presented also in combination.
- Axel and doubles cannot be presented more than twice. If presented twice, one must be in combination.
- Minimum two (2) and maximum three (3) spin elements are allowed. One of them MUST be a combination spin (maximum four (4) positions) and must include a sit spin and one MUST be a solo spin. **If 2 combos are presented, one of maximum four (4) positions and one maximum three (3) positions.** The same kind of spin cannot be performed more than twice in the whole program (i.e. maximum two inverted, maximum two forward heel etc.). Broken ankle is not allowed and the three (3) spins must be different.
- One (1) footwork sequence maximum level 3, maximum thirty (30) seconds.

**PRELIMINARY
FREESKATING**10 years old and over
Mapped to Minis**Long Programme only****Time: 2:45 minutes +/- 10 seconds****Medal Test Requirement****2021:** Freeskating Medal #1 (NZ Championships)

- A maximum of twelve (12) jumps of one (1) rotation. Within the twelve (12) jumps Axel, double toe-loop and double salchow are allowed.
- Maximum two (2) jumps combinations are allowed.
- The number of jumps within the combination cannot be more than five (5).
- It is mandatory to perform an Axel that can be presented also in combination
- Axel and doubles cannot be presented more than twice. If presented twice, one must be in combination.
- The same one rotation jump cannot be presented more than three (3) times.
- In the program, there **MUST** be at least one toe loop element (single or double).
- Two spin elements must be performed. One of them **MUST** be a combination spin (maximum three (3) positions) and must include a sit spin, (broken ankle, heel, and inverted are **NOT** allowed). The two spins must be different.
- One (1) footwork sequence maximum level 2, maximum thirty (30) seconds.

CADET FREESKATING

14 and 15 years old

Short Programme

Time: 2:30 minutes +/- 5 seconds

Long Programme

Time: 3:30 minutes +/- 10 seconds

Medal Test Requirement

2021: Freeskating Medal #1 (NZ Championships)

2021: Freeskating Medal #5 (Oceania)

Short Programme Cadet:

- Axel – single, double or triple.
- Jumps combination from two (2) to four (4) jumps including connecting jumps (one rotation jumps). In calculating the value of the combination jumps the connecting jumps will not be counted.
- Solo jump – single, double, triple... (cannot be an Axel).
- One (1) position spin.
- One (1) combination spin. One of the spins must be a sit spin. Maximum five (5) positions.
- One (1) footwork sequence maximum level 3, maximum thirty (30) seconds

Long Programme Cadet:

- A maximum of eight (8) jumps are allowed excluding connecting one (1) rotations jumps in the combinations.
- Maximum two (2) jumps combinations are allowed.
- The number of jumps within the combination cannot be more than five (5) including the connecting jumps. **In calculating the value of the combination jumps the connecting jumps will not be counted.**
- The technical value will be awarded just to double and triple jumps in the combination.
- It is mandatory to perform an Axel jump (single, double, triple) that can be presented also in combination.
- Axel, doubles and triples cannot be presented more than twice. If presented twice, one must be in combination.
- Minimum two (2), maximum three (3) spin elements are allowed. One of them **MUST** be a combination spin (maximum five (5) positions) and must include a sit spin and one **MUST** be a solo spin. **If 2 combos are presented, one of maximum five (5) positions and one of maximum three (3) positions.**
- The same kind of spin cannot be performed more than twice in the whole program (i.e. maximum two inverted, maximum two forward heel etc). Broken is not allowed. The three spins must be different.
- One (1) footwork sequence maximum level 3, maximum thirty (30) seconds

ADVANCED FREESKATING

15 years old and over
Mapped to Espoir

Long Programme only

Time: 3:15 minutes +/- 10 seconds

Medal Test Requirement

2021: Freeskating Medal #1 (NZ Championships)

- A maximum of ten (10) jumps are allowed (excluding connection jumps) (double axel and triples are not allowed)
- Maximum two (2) jumps combinations are allowed.
- The number of jumps within the combination cannot be more than five (5). **In calculating the value of the combination jumps the connecting jumps will not be counted.**
- The technical value will be awarded just to axels and double jumps in the combination.
- It is mandatory to perform an Axel that can be presented also in combination.
- Axel and doubles cannot be presented more than twice. If presented twice, one must be in combination.
- Minimum two (2) and Maximum three (3) spin elements are allowed. One of them **MUST** be a combination spin (maximum four (4) positions) and must include a sit spin and one **MUST** be a solo spin. **If 2 combos are presented, one of maximum four (4) positions and one of maximum three (3) positions.** The same kind of spin cannot be performed more than twice in the whole program (i.e. maximum two inverted, maximum two forward heel etc.). Broken ankle is not allowed and the three spins must be different.
- One (1) footwork sequence maximum level 3, maximum thirty (30) seconds.

YOUTH FREESKATING

16 years old

Short Programme

Time: 2:30 minutes +/- 5 seconds

Medal Test Requirement

2021: Freeskating Medal #1
(NZ Championships)

Long Programme

Time: 4:00 minutes +/- 10 seconds

2021: Freeskating Medal #6 (Oceania)

Short Programme Youth:

- Axel – single, double or triple.
- Jumps combination from two (2) to four (4) jumps including connecting jumps (one rotation jumps). In calculating the value of the combination jumps the connecting jumps will not be counted.
- Solo jump – single, double, triple... (cannot be an Axel).
- One (1) position spin.
- One (1) combination spin. One of the spins must be a sit spin. Maximum five (5) positions.
- One (1) footwork sequence maximum level 4, maximum forty (40) seconds.

Long Programme Youth:

- A maximum of eight (8) jumps for women and nine (9) jumps for men excluding the connecting one (1) rotation jumps in the combination.
- Maximum three (3) jumps combinations.
- The number of jumps within the combination cannot be more than five (5) including the connecting jumps. **In calculating the value of the combination jumps the connecting jumps will not be counted.**
- The technical value will be awarded just to double and triple jumps in the combination.
- It is mandatory to perform an Axel jump (single, double, triple) that can be presented also in combination.
- Axel, doubles and triples cannot be presented more than twice. If presented twice, one must be in combination.
- Minimum two (2), maximum three (3) spin elements are allowed. One of them **MUST** be a combination spin (maximum five (5) positions) and must include a sit spin and one **MUST** be a solo spin. **If 2 combo are presented, one of maximum five (5) positions and one of maximum three (3) positions.** The same kind of spin cannot be performed more than twice in the whole program (i.e. maximum two inverted, maximum two forward heel etc.). Broken is not allowed. The two spins must be different.
- One (1) footwork sequence, **maximum forty (40) seconds.**
- One (1) choreographic sequence, **maximum (30) seconds.**

JUNIOR FREESKATING

17 and 18 years old

Short Programme**Time: 2:45 minutes +/- 5 seconds****Long Programme****Time: 4:15 to 4:30 minutes (Ladies)
4.30 minutes +/- 10 seconds (Men)****Medal Test Requirement****2021:** Freeskating Medal #1
(NZ Championships)**2021:** Freeskating Medal #6
(Oceania)**2021:** Freeskating Medal #7
(International)**REQUIREMENTS - For further detail, refer to World Skate Regulations**

Skaters who are at least 12 before the 1st of January in the year of the World Skate ATC Championships, and not 19 on the 31st December in the year of competition will be eligible to skate Junior (ie have turned 12 in the year preceding the competition year), on application and provided they meet all medal test requirements.

SENIOR FREESKATING

19 years old and over

Short Programme**Time: 2.45 minutes +/- 5 seconds****Long Programme****Time: 4:15 to 4:30 minutes (Ladies)
4.30 minutes +/- 10 seconds (Men)****Medal Test Requirement****2021:** Freeskating Medal #1
(Nationals)**2021:** Freeskating Medal #7
(Oceania)**2021:** Freeskating Medal #8
(International)**REQUIREMENTS - For further detail, refer to World Skate Regulations**

Skaters who are at least 12 before the 1st of January in the year of the World Skate ATC Championships will be eligible to skate Senior (ie have turned 12 in the year preceding the competition year), on application and provided they meet all medal test requirements.

MASTERS FREESKATING21 years old and over
Mapped to Minis**Long Programme only****Time: 2:45 minutes +/- 10 seconds****Medal Test Requirement****2021:** Freeskating Medal #1
(NZ Championships)**2021:** Freeskating Medal #2
(Oceania)

- A maximum of twelve (12) jumps of one (1) rotation. Within the twelve (12) jumps, waltz, axel, double toe-loop and double salchow are allowed.
- Maximum two (2) jumps combinations are allowed.
- The number of jumps within the combination cannot be more than five (5).
- It is mandatory to perform an Axel or Waltz jump that can be presented in combination.
- Axel and doubles cannot be presented more than twice. If presented twice, one must be in combination.
- The same single rotation jump cannot be presented more than three (3) times.
- In the program, there MUST be at least one toe loop element (single or double).
- Two (2) spin elements must be performed. One of them MUST be a combination spin (up to three (3) positions). Broken ankle, heel, and inverted are NOT allowed. The two spins must be different.
- One (1) footwork sequence maximum level 1. The four (4) steps that will be counted towards the level are, Cross in front, Inside Three Turn, Outside Three turn, Open Mohawk.
- There is no limit to the number of features attempted, however no features are required to be confirmed to achieve the level 1.

ARTISTIC INLINE

For a full list of regulations and specifications regarding the technical elements and associated levels for each grade, please refer to the relevant [World Skate Rules](#) for Artistic Skating Competitions Manuals.

TOTS INLINE 8 and 9 years old	Long Programme only Time: 2:00 minutes +/- 10 seconds	Medal Test Requirement 2021: Inline Medal #1 (NZ Championships)
MINIS INLINE 10 and 11 years old	Long Programme only Time: 2:30 minutes +/- 10 seconds	Medal Test Requirement 2021: Inline Medal #1 (NZ Championships)
ESPOIR INLINE 12 and 13 years old	Long Programme only Time: 3:00 minutes +/- 10 seconds	Medal Test Requirement 2021: Inline Medal #1 (NZ Championships)
CADET INLINE 14 and 15 years old	Short Programme Time: 2:20 minutes +/- 5 seconds	Medal Test Requirement 2021: Inline Medal #1 (NZ Championships) 2021: Inline Medal #5 (Oceania)
	Long Programme Time: 3:30 minutes +/- 10 seconds	
YOUTH INLINE 16 years old	Short Programme Time: 2:20 minutes +/- 5 seconds	Medal Test Requirement 2021: Inline Medal #1 (NZ Championships) 2021: Inline Medal #6 (Oceania)
	Long Programme Time: 3:30 minutes +/- 10 seconds	
JUNIOR INLINE 17 and 18 years old	Short Programme Time: 2:40 minutes +/- 5 seconds	Medal Test Requirement 2021: Inline Medal #1 (NZ Championships) 2021: Inline Medal #6 (Oceania) 2021: Inline Medal #7 (International)
	Long Programme Time: 4:00 minutes +/- 10 seconds (Ladies) Time: 4:00 to 4:30 minutes (Men)	
SENIOR INLINE 19 years old and over	Short Programme Time: 2:40 minutes +/- 5 seconds	Medal Test Requirement 2021: Inline Medal #1 (NZ Championships) 2021: Inline Medal #7 (Oceania) 2021: Inline Medal #8 (International)
	Long Programme Time: 4:00 minutes +/- 10 seconds (Ladies) Time: 4:00 to 4:30 minutes (Men)	

Skaters who are at least 12 before the 1st of January in the year of the World Skate ATC Championships will be eligible to skate Junior (ie have turned 12 in the year preceding the competition year), on application and provided they meet all medal test requirements.

Skaters who are at least 12 before the 1st of January in the year of the World Skate ATC Championships will be eligible to skate Senior (ie have turned 12 in the year preceding the competition year), on application and provided they meet all medal test requirements.

FREESKATING PAIRS

For a full list of regulations and specifications regarding the technical elements and associated levels for each grade, please refer to the relevant [World Skate Rules](#) for Artistic Skating Competitions Manuals 2021.

MINIS FREE PAIRS

10 and 11 years old

Long Programme only

Time: 2:30 minutes +/- 10 seconds

Medal Test Requirement

2021: Free Pairs Medal #1 (NZ Championships)

ESPOIR FREE PAIRS

12 and 13 years old

Short Programme

Time: 2:00 minutes +/- 5 seconds

Medal Test Requirement

2021: Free Pairs Medal #1 (NZ Championships)

Long Programme

Time: 3:00 minutes +/- 10 seconds

PRELIMINARY FREE PAIRS

10 years old and over

Mapped to Minis

Long Programme only

Time: 2:30 minutes +/- 10 seconds

Medal Test Requirement

2021: Free Pairs Medal #1 (NZ Championships)

- Maximum two (2) side by side jumps (not in combo). Maximum Axel, Double Toe loop, Double Salchow
- Maximum one (1) side by side one position or combo spin, selected from upright and sit (any edge). Maximum of two (2) positions of combo spin
- Maximum two (2) throw jumps: single rotation or axel maximum (must be different jumps).
- Maximum one (1) contact spin: one (1) position selected from upright, sit, hazel.
- Maximum one (1) spiral, angel (camel) BO.
- Maximum one (1) footwork sequence maximum level 2, maximum 20 seconds.
- LIFTS ARE NOT ALLOWED

ADVANCED FREE PAIRS

15 years old and over

Mapped to Cadet

Long Programme only

Time: 3:30 minutes +/- 10 seconds

Medal Test Requirement

2021: Free Pairs Medal #1 (NZ Championships)

- Maximum two (2) lifts (single or in combinations). No overhead lifts allowed. Selected from lifts like: Axel, Flip Reversed Split position, Around the back lift, etc. Each combination lift must not exceed eight (8) rotations of the man, with no more than two (2) changes of position for the lady (3 positions), and single position lifts must not exceed four (4) rotations.
- Maximum one (1) side by side solo jump.
- Maximum one (1) combination of maximum two (2) jumps.
- Maximum one (1) side by side combination spin with a maximum of three (3) positions.
- Maximum two (2) throw jumps with a maximum of two (2) rotations (must be different jumps)
- Maximum one (1) twist jump with maximum two (2) rotations
- Maximum one (1) contact spin (solo or combination with a maximum of three (3) positions. Set each year by ATC). Impossible spins (all types) and reverse lay over camel are forbidden.
- Maximum one (1) death spiral, free choice.
- Maximum one (1) footwork sequence maximum level 4, maximum 40 seconds.
- One (1) choreographic sequence where the partners must always hold each other. The lifts take-offs must be different.

CADET FREE PAIRS

14 and 15 years old

Short Programme**Time:** 2:30 minutes +/- 5 seconds**Long Programme****Time:** 3:30 minutes +/- 10 seconds**Medal Test Requirement****2021:** Free Pairs Medal #1 (NZ Championships)**2021:** Free Pairs Medal #1 (Oceania)**YOUTH FREE PAIRS**

16 years old

Short Programme**Time:** 2:30 minutes +/- 5 seconds**Long Programme****Time:** 4:00 minutes +/- 10 seconds**Medal Test Requirement****2021:** Free Pairs Medal #1 (NZ Championships)**2021:** Free Pairs Medal #1 (Oceania)**JUNIOR FREE PAIRS**

17 and 18 years old

Short Programme**Time:** 3:00 minutes +/- 5 seconds**Long Programme****Time:** 4:30 minutes +/- 10 seconds**Medal Test Requirement****2021:** Free Pairs Medal #1 (NZ Championships)**2021:** Free Pairs Medal #2 (Oceania)**2021:** Free Pairs Medal #3 (International)

Skaters who are at least 12 before the 1st of January in the year of the World Skate ATC Championships will be eligible to skate Junior (ie have turned 12 in the year preceding the competition year), on application and provided they meet all medal test requirements.

SENIOR FREE PAIRS

19 years old and over

Short Programme**Time:** 3:00 minutes +/- 5 seconds**Long Programme****Time:** 4:30 minutes +/- 10 seconds**Medal Test Requirement****2021:** Free Pairs Medal #1 (NZ Championships)**2021:** Free Pairs Medal #2 (Oceania)**2021:** Free Pairs Medal #3 (International)

Skaters who are at least 12 before the 1st of January in the year of the World Skate ATC Championships will be eligible to skate Senior (ie have turned 12 in the year preceding the competition year), on application and provided they meet all medal test requirements.

For a full list of regulations and specifications regarding the technical elements and associated levels for each grade, please refer to the relevant [World Skate Rules](#) for Artistic Skating Competitions Manuals 2021.

PRECISION SKATING

Please refer to [World Skate Official Regulation Precision](#) for full rules, information and definitions, please refer to this live document regularly due to World Skate updates.

GENERAL RULES

Each team will be permitted thirty (30) seconds for the positioning before the commencement of the performance. Once the team is ready for the music to commence the team captain must raise their hand to advise the announcer.

- Neither portable or handheld props shall be used
- Vocal music shall be permitted
- Costume rules – see Artistic rules and regulations
- Reserves are required for Junior and Senior precision teams.
- Open Mini Precision and Masters Mini Precision grades:
A reserve skater is not required however, if the team cannot present a minimum of 4 skaters on the floor at a competition then the team must withdraw.
- Open Precision and Masters Precision grades:
A reserve skater is not required. A team who is unable to present 8 skaters on the floor may apply to the Artistic Committee for dispensation to skate with 7 skaters however, if the team cannot present a minimum of 7 skaters on the floor at a competition then the team must withdraw.
- The grading of a Precision team is determined by the age of the majority of the skaters. Where the team is evenly split it is to skate in the higher grade.

NATIONAL MINI PRECISION TEAMS

OPEN MINI PRECISION 4 – 8 skaters of any age	Time: 2:00 - 3:00 minutes	Medal Test Requirement 2021: Precision Medal #1
MASTERS MINI PRECISION 4 – 8 skaters, 21 years old and over	Time: 2:00 - 3:00 minutes	Medal Test Requirement 2021: Precision Medal #1

NATIONAL AND INTERNATIONAL PRECISION TEAMS

All participants must belong to a club, which is a member of a National Federation. Groups may consist of individuals belonging to different clubs. All participants must be approved by the Federation.

OPEN PRECISION 8 – 16 skaters of any age	Time: 2:00 to 3:00 minutes	Medal Test Requirement 2021: Precision Medal #1
MASTERS PRECISION 8 – 20 skaters, 21 years old and over	Time: 2:00 to 3:00 minutes	Medal Test Requirement 2021: Precision Medal #1
JUNIOR PRECISION 16 skaters (maximum 4 reserves) 12 to 18 years old Refer to World Skate rules	Time: 4:00 mins +/- 10 secs	Medal Test Requirement 2021: Precision Medal #1 (NZ Championships) 2021: Precision Medal #4 (Oceania) 2021: Precision Medal #6 (International)
SENIOR PRECISION 16 skaters (maximum 4 reserves) 12 years old and over Refer to World Skate rules	Time: 4:30 mins +/- 10 secs	Medal Test Requirement 2021: Precision Medal #1 (NZ Championships) 2021: Precision Medal #4 (Oceania) 2021: Precision Medal #6 (International)

SHOW and GROUP SKATING

CLUB SHOW CHALLENGE

Group: minimum of 4 skaters of any age

Time: 3:30 to 4:00 minutes

REGULATIONS FOR CLUB SHOW CHALLENGE

The main emphasis for the Club Show skating challenge will be skating and entertainment value. Participants must be members of the Affiliated Club that is being represented, and a registered member of the New Zealand Federation of Roller Sports (Inc) This membership may be the Class 5 Supporters membership if not already a New Zealand Federation of Roller Sports member.

Entry is allowed direct to the New Zealand Artistic Roller Sports Championships, ie there is no requirement for teams to qualify through Areas.

A team name must be provided on the entry form. At the New Zealand Artistic Roller Sports Championships, a Challenge trophy will be awarded to the winning team.

TECHNICAL REGULATIONS

1. Duration of performance – minimum 3.30 minutes, maximum 4 minutes. Time to start with the first movement.
2. A minimum of four (4) skaters of any age.
3. Free skating and Pairs skating are allowed. However, skating will be assessed on the performance of the whole group.
4. There will be no restriction on the choice of music, but skating must be in tune with the music chosen.
5. Movements or steps performed in stationary positions are allowed. However, programmes with excessive stationary movements will be given less credit. Choreography must commence within ten (10) seconds after the music has started.
6. The main performance of a show group must be Show, not Precision. If there are Precision elements, they must be performed in the character of a show.
7. All participants must be on skates.
8. Only handheld or portable props are permitted.
9. Fog machines, water or personal spotlights are not permitted.

MARKING

The event will be judged by two (2) commissioned judges and one (1) invited judge and their decision will be final.

Criteria for evaluation will be:

- a) Creativity
- b) Entertainment

Entry & Exit on the floor:

- A maximum of forty (40) seconds are allowed for entry onto the rink.
- A penalty of up to -0.3 from "A" mark if the entry takes longer than the permitted time may be applied.
- It is Optional to provide:-

A short explanation of not more than twenty five (25) words may be attached to the entry describing the performance. These descriptions will be given to the judges and announced as the group is entering the floor. If you do wish to submit this description it is to be done at the Team Managers' Meeting, along with skaters' name.

QUARTETS

Show events: Large groups, Small groups, Junior Groups, Senior Quartets, Junior Quartets and Cadet Quartets.
For the ages the show will follow the same as the other disciplines (except Cadet – see table below).

CATEGORY	AGE
Cadet	12 to 15 years old
Junior	12 to 18 years old
Senior	12 years old and above

- Skaters **MUST** be at least 12 years of age before the 1st of January in the year of the event to compete.
- Skaters who are at least 12 before the 1st of January and, not yet 16 by and including the 31st of December in the year of the event are eligible to compete in Cadet.
- Skaters who are at least 12 before the 1st of January and, not yet 19 by and including the 31st of December in the year of the event are eligible to compete in Junior.
- Skaters who are at least 12 before the 1st of January in the year of the event will be eligible to skate Senior.

All participants must belong to a club, which is a member of a National Federation. Groups may consist of individuals belonging to different clubs.

Note: Application for re-grading due to quartet skaters abilities, regardless of age, will be considered on application to the Artistic Committee.

Please refer to [World Skate Official Regulation - Show](#) for complete rules, requirements and explanations.

INTERNATIONAL QUARTETS:

CADET QUARTET

4 skaters (maximum 1 reserve)
12 - 15 years old

Time: 3:00 mins +/- 10 secs

Medal Test Requirement

2021: Artistic Medal (any discipline) #1 (NZ Championships)
2021: Artistic Medal (any discipline) #4 (Oceania)
2021: Artistic Medal (any discipline) #6 (International)

JUNIOR QUARTET

4 skaters (maximum 1 reserve)
12 - 18 years old

Time: 3:00 mins +/- 10 secs

Medal Test Requirement

2021: Artistic Medal (any discipline) #1 (NZ Championships)
2021: Artistic Medal (any discipline) #4 (Oceania)
2021: Artistic Medal (any discipline) #6 (International)

SENIOR QUARTET

4 skaters (maximum 1 reserve)
12 years old and over

Time: 3:00 mins +/- 10 secs

Medal Test Requirement

2021: Artistic Medal (any discipline) #1 (NZ Championships)
2021: Artistic Medal (any discipline) #4 (Oceania)
2021: Artistic Medal (any discipline) #6 (International)

NATIONAL QUARTETS:

OPEN QUARTET

4 skaters (maximum 1 reserve)
No Age Restrictions

Time: 3:00 mins +/- 10 secs

Medal Test Requirement

2021: Artistic Medal (any discipline) #1 (NZ Championships)

INTERNATIONAL SHOW GROUPS:

Show events: Large groups, Small groups, Junior Groups, Senior Quartets, Junior Quartets and Cadet Quartets.
For the ages the show will follow the same as the other disciplines (except Cadet – see table below).

[Refer to World Skate rules](#)

LARGE SHOW GROUPS 12 years old and over 16 – 30 skaters (max 4 reserves)	Time: 4:30 to 5:00 mins +/- 10 secs	Medal Test Requirement 2021: Artistic Medal (any discipline) #1 (NZ Championships)
SMALL SHOW GROUPS 12 years old and over 6 – 12 skaters (max 2 reserves)	Time: 4:30 to 5:00 mins +/- 10 secs	Medal Test Requirement 2021: Artistic Medal (any discipline) #1 (NZ Championships) 2021: Artistic Medal (any discipline) #4 (Oceania) 2021: Artistic Medal (any discipline) #5 (International)
JUNIOR SHOW GROUPS 12 to 18 years old 8 – 16 skaters (max 2 reserves)	Time: 3:30 to 4:00 mins +/- 10 secs	Medal Test Requirement 2021: Artistic Medal (any discipline) #1 (NZ Championships) 2021: Artistic Medal (any discipline) #4 (Oceania) 2021: Artistic Medal (any discipline) #5 (International)

NATIONAL SHOW GROUPS:

OPEN SMALL SHOW GROUPS 6 – 15 skaters (max 2 reserves) No Age Restrictions	Time: 3:30 to 4:00 minutes	Medal Test Requirement 2021: Artistic Medal (any discipline) #1 (NZ Championships)
OPEN LARGE SHOW GROUPS 16 – 30 skaters (max 2 reserves) No Age Restrictions	Time: 3:30 to 4:00 minutes	Medal Test Requirement 2021: Artistic Medal (any discipline) #1 (NZ Championships)