

# MARCH SEQUENCE

Music: March 6/8

Tempo: 100 beats per minute

Pattern: Set

Opening Step1, Count#1

## DANCE NOTES

- a) Steps 1 – 4 make up the straightaway sequence. These are 2 beat outside edges.
- b) Steps 5 – 12 make up the corner run sequence of the dance. The corner sequence is a series of progressive runs and must display correct technique.
- c) This dance can only be skated with the 16 beat pattern as shown in the diagram.

## KEY POINTS

- 1) Steps 2 and 3: Correct technical execution of the steps with a transitional roll action occurring on the baseline plus attention to the timing with correct lean and edges.
- 2) Step 4 RFO: Correct technical execution with the skating foot remaining on an outside edge from the beginning to the end of the step.
- 3) Steps 8 and 9: Correct technical execution of the runs with the skating foot, passing the original skating foot, thus bringing the new free foot off the skating surface, trailing the new skating foot.
- 4) Steps 12 and 1: Correct Technical execution of the steps on a continuous lobe. Attention to the correct lean, edges and timing.

## RUN DEFINITION

A movement in which the free foot, during the period of becoming the skating foot, passes the original skating foot, thus bringing the new free foot off the floor to a trailing position. However it should be noted that the **striking foot is not crossed at the point of strike**. This is also known as a progressive.

## COMMON ERRORS

- 1) Timing.
- 2) Progressive runs are stepped or crossed.
- 3) 2 beat outside edges are flats.
- 4) Step 4 RFO is rocked over to inside edge in anticipation of run sequence.

## GENERAL

When skating SOLO DANCE good timing is expected while showing the character of the rhythm. Very good skating skills will help in achieving the overall flow, while executing the fundamentals and technical requirements of the dance. Good posture baseline and carriage should be maintained at all times. A much higher reward will be given to the skater who “skates” the dance and has mastered all components opposed to the skater who simply steps through the dance and shows very poor skating skills.

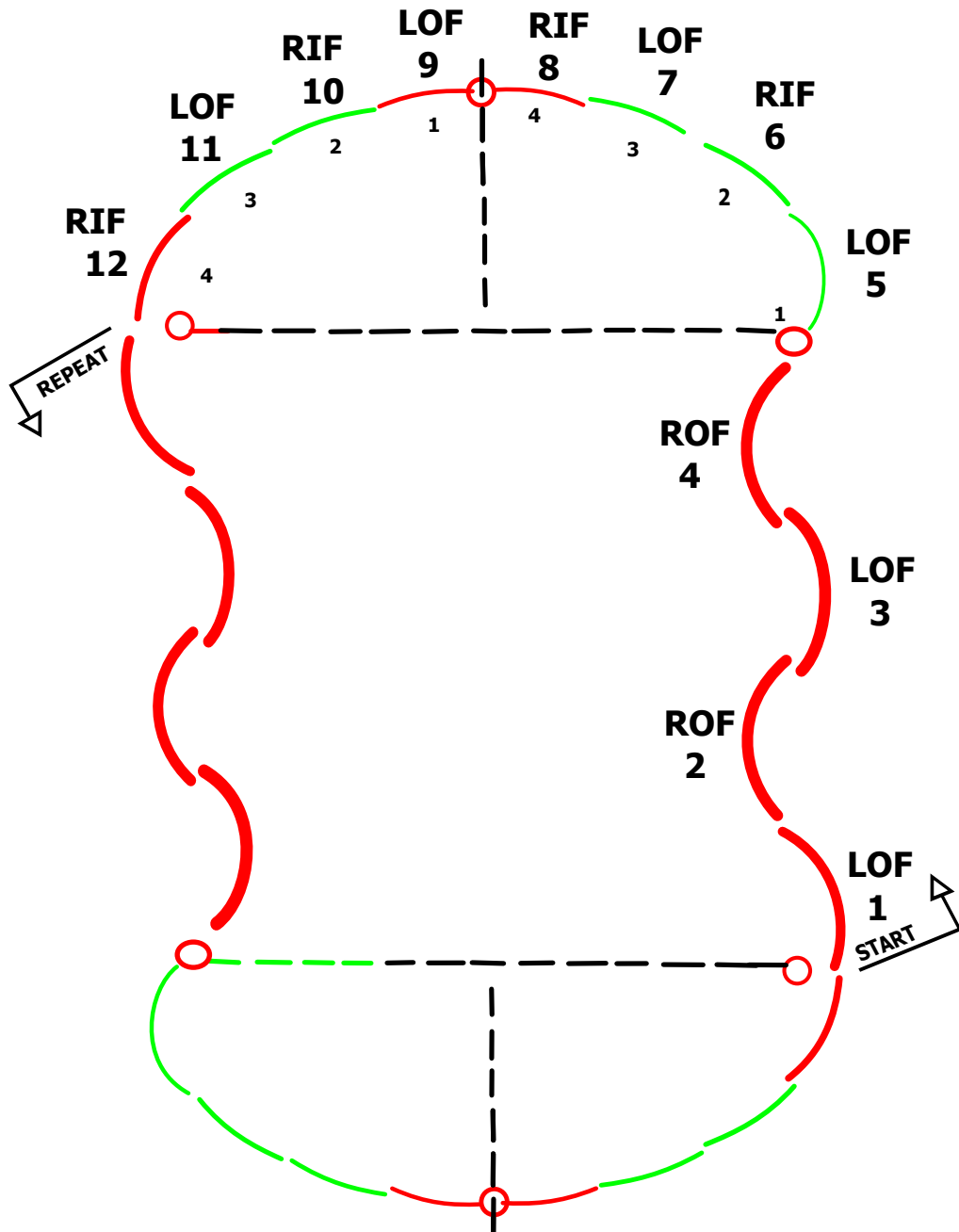
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COLOUR KEY: Levels of Difficulty	
<span style="color: red;">■</span>	MAJOR: Most Important
<span style="color: blue;">■</span>	MEDIUM: Very Important
<span style="color: green;">■</span>	MINOR: Important

