

CHA CHA - Couples

Music: Cha Cha 4/4

Holds: Waltz, Partial Tango, Kilian, Tandem, Promenade & Foxtrot

Tempo: 100 BPM

Pattern: Set

This dance begins in Waltz position.

Step 1a RFO (1 beat) and **Step 1b Ch RFI** (1 beat) for the man is a stroke and a chasse in the direction of the long axis. **Step 1 LBO** (2 beats) for the woman is a stroke on the outside edge. During Step 1b, the couple transition into Partial Tango position in preparation for the next step.

Step 2 RFO Sw (2+2 beats) for the man is a stroke on the outside edge and **Step 2 Mk RFO Sw** (2+2 beats) for the woman is a mohawk with feet close together. On the 3rd beat, the free leg swings forward for both skaters. Kilian position is assumed after the execution of the woman's mohawk turn.

Step 3 DpCh LFI (2 beats) is a dropped chasse on the inside edge and in the direction of the long side barrier.

Step 4 RFI (1 beat) and **Step 5 LFI** (1 beat) are inside edges that are executed on a baseline that runs diagonal and in the direction of the long side barrier. During these steps, the foot of the free leg should be kept close to the skating foot. Tandem position is assumed where the man's hands are placed on the woman's hips. At the same time, the woman's hands are gently placed over the man's hands.

Step 6 RFI (2 beats) for the man and **Step 6a RFI** (1 beat) for the woman are angular strokes on inside edges that begin from behind the heel of the left foot. **Step 6b OpMk LBI** (1 beat) is an open mohawk with feet close together that brings the couple into Waltz position.

Steps 7, 8 and 9 are a sequence of runs:

- **LFO** (1 beat), **Run RFI** (1 beat) and **LFO** (2 beats) for the man,
- **RBO** (1 beat), **Run LBI** (1 beat) and **RBO** (2 beats) for the woman.

Step 10 OpS RFI (1 beat) for the man is an open stroke and **Step 10 Mk LFO** (1 beat) for the woman is a mohawk turn, skated in Promenade position.

Step 11 OpMk LBI (1 beat) for the man is an open mohawk with feet close together. **Step 11 Run RFI** (1 beat) for the woman is a run, skated in Waltz position.

Step 12 RBO (2 beats) for the man and **Step 12 LFO** (2 beats) for the woman are strokes outside edges.

Step 13 Mk LFO (1 beat) for the man is a mohawk turn and **Step 13 OpS RFI** (1 beat) for the woman is an open stroke, skated in Foxtrot position.

Step 14 Run RFI (1 beat) for the man is a run. **Step 14 OpMk LBI** (1 beat) for the woman is an open mohawk with feet close together, skated in Waltz position.

Steps 15 and 16 are runs:

- **LFO** (1 beat) and **Run RFI** (1 beat) for the man,
- **RBO** (1 beat) and **Run LBI** (1 beat) for the woman.

Step 17 LFO Sw (2+2 beats) for the man and **Step 17 RBO Sw** (2+2 beats) for the woman are strokes with a swing of the free leg on the 3rd beat, finishing in the direction of the long axis.

