

CHA CHA - Solo

Music: Cha Cha 4/4
Pattern: Set

Tempo: 100 BPM

Step 1 LBO (2 beats) is a stroke on the outside edge and in the direction of the long axis.

Step 2 Mk RFO Sw (2+2 beats) is a mohawk turn with feet close together, followed by a swing of the free leg on the 3rd beat.

Step 3 DpCh LFI (2 beats) is a dropped chasse on the inside edge and in the direction of the long side barrier.

Step 4 RFI (1 beat) and **Step 5 LFI** (1 beat) are inside edges that are executed on a baseline that runs diagonal and in the direction of the long side barrier. During these steps, the foot of the free leg should be kept close to the skating foot.

Step 6 RFI (1 beat) is an angular stroke on the inside edge that begins from behind the heel of the left foot.

Step 7 OpMk LBI (1 beat) is an open mohawk with feet close together and on the inside edge.

Steps 8, 9 and 10 are a sequence of runs: **RBO** (1 beat), **Run LBI** (1 beat) and **RBO** (2 beats), followed by **Step 11 Mk LFO** (1 beat) and **Step 12 Run RFI** (1 beat).

Step 13 LFO (2 beats) is a stroke on the outside edge that begins on the long axis and travels in the direction of the long side barrier.

Step 14 OpS RFI (1 beat) is an open stroke on the inside edge and **Step 15 OpMk LBI** (1 beat) is an open mohawk with feet close together.

Steps 16 and 17 are runs: **RBO** (1 beat) and **Run LBI** (1 beat).

Step 18 RBO Sw (2+2 beats) is a stroke with a swing of the free leg behind the body on the 3rd beat, finishing in the direction of the long axis.

Key Points - Cha Cha Solo

1. **Step 3 DpCh LFI** (2 beats):
 - Correct timing of the step.
 - Correct technical execution of the dropped chasse that must begin with feet close together and parallel.
 - No deviation from the inside edge.
2. **Step 4 RFI** (1 beat) and **Step 5 LFI** (1 beat):
 - Correct timing of these steps.
 - Correct technical execution of the inside edges with feet close together.
3. **Step 15 OpMk RFI** (1 beat):
 - Correct timing of the step.
 - Correct technical execution of the open mohawk with feet close together.
4. **Step 18 RBO Sw** (2+2 beats):
 - Correct technical execution and timing of the swing on the 3rd beat.
 - No deviation from the outside edge.

Cha Cha Solo - List of Steps

Step Number	Step	Musical Beats
1	LBO	2
2	Mk RFO Sw	2 + 2
3	DpCh LFI	2
4	RFI	1
5	LFI	1
6	RFI	1
7	OpMk LBI	1
8	RBO	1
9	Run LBI	1
10	RBO	2
11	Mk LFO	1
12	Run RFI	1
13	LFO	2
14	OpS RFI	1
15	OpMk LBI	1
16	RBO	1
17	Run LBI	1
18	RBO Sw	2 + 2

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