

**INTERMEDIATE - FREE DANCE CADET - SOLO DANCE**

**REFEREE CONTROL SHEETS**

ELEMENTS	PENALTIES AND TASK TO BE VERIFIED
<p><b>Set Elements MUST be Included:</b></p> <ul style="list-style-type: none"> <li>• <b>Footwork sequence</b> Maximum level 2. Maximum 30 seconds</li> <li>• <b>Dance steps sequence</b> Maximum level 2. Maximum 30 seconds</li> <li>• <b>Traveling sequence</b> Maximum level 2. Maximum 10 seconds</li> <li>• <b>Cluster sequence</b> Maximum level 1. Maximum 15 seconds</li> <li>• <b>Choreographic sequence</b> Maximum 30 seconds</li> </ul> <p><b>COMPONENTS:</b></p> <p>Maximum 5.0</p>	<p><b>PENALTIES:</b> 1.0, unless otherwise specified</p> <ul style="list-style-type: none"> <li>• Kneeling or laying on the floor more than twice or more than maximum 5 seconds (including beginning and end)</li> <li>• Stopping more than twice or for more than maximum 8 seconds (excluding beginning and end)</li> <li>• Costume violation with opinion of judges</li> <li>• Time of the program less than the minimum (0.5 point each 10 secs or part thereof)</li> <li>• The time from the start of the music and the first movement is more than 10 seconds. (0.5 point)</li> <li>• Music with inappropriate or expletive lyrics in any language</li> <li>• Music with spoken word (narration) used more than twice in the program at the beginning and/or for more than the maximum of 10 seconds</li> <li>• Falls. For each fall the penalty will be 1.0</li> </ul> <p><b>TASKS:</b></p> <ol style="list-style-type: none"> <li>1. Time Control: <ul style="list-style-type: none"> <li>• 3:00' ± 10''</li> </ul> </li> <li>2. Judge as if you are a judge</li> </ol>

Skaters Name:					
Ord	Element performed	QOE	Components	Elements	Deductions
1			SS	Footwork sequence	Penalizations
2					
3			T	Dance steps sequence	
4					
5			P	Traveling sequence	Comments
6				Cluster sequence	
7			CH	Choreo sequence	
8					

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