

## FREE DANCE TOTS - SOLO DANCE

### REFEREE CONTROL SHEETS

ELEMENTS	PENALTIES AND TASK TO BE VERIFIED
<ul style="list-style-type: none"> <li>• <b>Artistic Footwork sequence</b> Maximum level 1. Maximum 30 seconds</li> <li>• <b>Traveling sequence</b> Maximum level 1. Maximum 10 seconds</li> <li>• <b>Choreographic sequence</b> Maximum 30 seconds</li> </ul> <p><b>COMPONENTS:</b></p> <p>Maximum 7.0</p>	<p><b>PENALTIES:</b> 1.0, unless otherwise specified</p> <ul style="list-style-type: none"> <li>• Kneeling or laying on the floor more than twice or more than maximum 5 seconds (including beginning and end)</li> <li>• Stopping more than twice or for more than maximum 8 seconds (excluding beginning and end)</li> <li>• Costume violation with opinion of judges</li> <li>• Time of the program less than the minimum (0.5 point each 10 secs or part thereof)</li> <li>• The time from the start of the music and the first movement is more than 10 seconds. (0.5 point)</li> <li>• Music with inappropriate or expletive lyrics in any language</li> <li>• Music with spoken word (narration) used more than twice in the program at the beginning and/or for more than the maximum of 10 seconds.</li> <li>• Falls. For each fall after the second the penalty will increase by another 0.3 (1.0, 2.0, 3.3, 4.9, 6.8, 9.0 etc.)</li> </ul> <p><b>TASKS:</b></p> <ol style="list-style-type: none"> <li>1. Time Control:             <ul style="list-style-type: none"> <li>• 2:00' ± 10''</li> </ul> </li> <li>2. Judge as if you are a judge</li> </ol>

Skaters Name:					
Ord	Element Performed	QOE	Components	Elements	Deductions
1			SS	Artistic sequence Traveling sequence Choreo sequence	Penalizations
2			T		Comments
3			P		
4			CH		

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