



Artistic Requirements 2024 V3

Please refer to this for information on category names, requirements, elements, age groups and skating calendar year.

WORLD SKATE CATEGORY AGES	
Tots	8 and 9 years old
Minis	10 and 11 years old
Espoir	12 and 13 years old
Cadet	14 and 15 years old (12+ on application)
Youth	16 years old, (12+ on application)
Junior	17 and 18 years old (12+ on application)
Senior	19 years old and over (12+ on application)

NZ DOMESTIC: REGIONALS ONLY AGE GRADES	
New Entrants	Under 8 years old
Novice 1 and 2 Novice Solo Free Dance	8 to 14 years old 8 years old and over
Adult 1 and 2	15 years old and over
NZ NATIONAL CATEGORY: AGE GRADES	
Preliminary	10 years old and over
Intermediate	15 years old and over
Open	15 years old and over
Masters	25 years old and over (NZ) 30 years old and over (Oceania)
Advanced Masters	21 years old and over (NZ) 30 years old and over (Oceania)
NZ NATIONAL CATEGORY: LOOPS ONLY	
Primary Loops	8 to 11 years old
Preliminary Loops	12 years old and over
Advanced Loops	14 years old and over

Note: The age in the list above refers to the age the skater is turning in the year of the competition (that is, in the calendar year being; 1st of January through to and including the 31st of December).

We align with the World Skate [General 2024](#) Rule Book found on their website;

World Skate rules:

To be eligible to compete in any category, a skater who has competed in the previous year in a higher category MUST NOT compete in a lower one after that. In New Zealand the exceptions would be; Advanced Masters and Masters.

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FIGURES

REGIONAL ONLY FIGURE GRADES

NEW ENTRANTS FIGURES Under 8 years old 2 circuits per figure		No Medal Test Requirement
Group 1		
1 111a	RFO – LFO Eight RFO – LFO Change Eight	
Note: A rolling start will be accepted. Maximum of 3 steps prior to strike zone on initial strike.		
NOVICE 1 FIGURES 8 years old to 14 years old 2 circuits per figure		No Medal Test Requirement
Group 1		
1 1a 2	RFO – LFO Eight RFOI – LFOI Half Eight RFI – LFI Eight	
NOVICE 2 FIGURES 8 years old to 14 years old 2 circuits per figure		No Medal Test Requirement
Group 1		
3 5a/b 7	RBO – LBO Eight FOI – FIO Change Eight RFO – LFO Threes	
ADULT 1 FIGURES 15 years old and over 2 circuits per figure		No Medal Test Requirement
Group 1		
1 1a 111a	RFO – LFO Eight RFOI – LFOI Half Eight RFO – LFO Change Eight	
Skaters who are under 50 years of age and have competed in any discipline at either Junior or Senior World Championships MUST skate in Advanced Masters.		
ADULT 2 FIGURES 15 years old and over 2 circuits per figure		No Medal Test Requirement
Group 1		
3 5a/b 7	RBO – LBO Eight FOI – FIO Change Eight RFO – LFO Threes	

Skaters who are under 50 years of age and have competed in any discipline at either Junior or Senior World Championships MUST skate in Advanced Masters

FIGURE GRADES – NATIONAL AND INTERNATIONAL GRADES

<p>TOTS FIGURES 8 and 9 years old</p> <p>3 circuits per figure</p> <p>REQUIREMENTS - For further detail, refer to World Skate Regulations</p>		<p>Medal Test Requirement 2024: Figure Medal #1 (NZ Championships)</p>	
Group 1		Group 2	
1a/b 4a/b	FO - FO Eight BI - BI Eight	2a/b 3a/b	FI - FI Eight BO - BO Eight
<p>MINIS FIGURES 10 and 11 years old</p> <p>3 circuits per figure</p> <p>REQUIREMENTS - For further detail, refer to World Skate Regulations</p>		<p>Medal Test Requirement 2024: Figure Medal #2 (NZ Championships)</p>	
Group 1		Group 2	
8a/b 11 14	FO - BI Threes RFI - LFI Double Threes RFO - LFO Loops	9a/b 10 14	FI - BO Threes RFO - LFO Double Threes RFO - LFO Loops
<p>ESPOIR FIGURES 12 and 13 years old</p> <p>3 circuits per figure/loop</p> <p>REQUIREMENTS - For further detail, refer to World Skate Regulations</p>		<p>Medal Test Requirement 2024: Figure Medal #3 (NZ Championships)</p>	
Group 1		Group 2	
19a/b 22a/b 30a/b	FI - BO Brackets FO - BO Counter FOI - FIO Change Loops	18a/b 28a/b 15	FO - BI Brackets FOI - FIO Change Double Threes RFI - LFI Loops
Group 3			
13 19a/b 30a/b	RBI - LBI Double Threes FI - BO Brackets FOI - FIO Change Loops		
<p>PRELIMINARY FIGURES 10 years old and over</p> <p>2 circuits per figure</p> <p>Group 1</p>		<p>Medal Test Requirement 2024: Figure Medal #2 (NZ Championships)</p> <p>Group 2</p>	
3a/b 8a/b 11	BO - BO Eight FO - BI Threes RFI - LFI Double Threes	4a/b 9a/b 10	BI - BI Eight FI - BO Threes RFO - LFO Double Threes

INTERMEDIATE FIGURES 15 years old and over 2 circuits per figure		Medal Test Requirement 2024: Figure Medal #2 (NZ Championships)	
Group 1		Group 2	
10 19a/b 26a/b	RFO - LFO Double Threes FI - BO Brackets FOI - BOI Change Threes	11 18a/b 27a/b	RFI - LFI Double Threes FO - BI Brackets FIO - BIO Change Threes
OPEN FIGURES 15 years old and over 2 circuits per figure		Medal Test Requirement 2024: Figure Medal #3 (NZ Championships)	
Group 1		Group 2	
20a/b 12a 32a/b	FO - BO Rockers RBO - LBO Double Threes FOI - BOI Change Brackets	23a/b 28a/b 33a/b	FI - BI Counters FOI - FIO Change Double Threes FIO - BIO Change Brackets
CADET FIGURES 14 and 15 years old 3 circuits per figure/loop		Medal Test Requirement 2024: Figure Medal #3 (NZ Championships) 2024: Figure Medal #5 (Oceania event)	
REQUIREMENTS - For further detail, refer to World Skate Regulations			
Group 1		Group 2	
13 19a/b 15 20a/b	RBI - LBI Double Threes FI - BO Brackets RFI - LFI Loops FO - BO Rockers	18a/b 21a/b 30a/b 28a/b	FO - BI Brackets FI - BI Rockers FOI - FIO Change Loops FOI - FIO Change Double Threes
Group 3		Group 4	
19a/b 22a/b 16 28a/b	FI - BO Brackets FO - BO Counters RBO - LBO Loops FOI - FIO Change Double Threes	13 18a/b 30a/b 23a/b	RBI - LBI Double Threes FO - BI Brackets FOI - FIO Change Loops FI - BI Counters
YOUTH FIGURES 16 years old 3 circuits per figure/loop 2 circuits per paragraph figure		Medal Test Requirement 2024: Figure Medal #4 (NZ Championships) 2024: Figure Medal #6 (Oceania event)	
REQUIREMENTS - For further detail, refer to World Skate Regulations			
Group 1		Group 2	
20a/b 33a/b 16 36a/b	FO - BO Rockers FIO - BIO Change Brackets RBO - LBO Loops FO - FI Paragraph Double Threes	21a/b 32a/b 17 29a/b	FI - BI Rockers FOI - BOI Change Brackets RBI - LBI Loops BOI - BIO Change Double Threes
Group 3		Group 4	
22a/b 33a/b 17 36a/b	FO - BO Counters FIO - BIO Change Brackets RBI - LBI Loops FO - FI Paragraph Double Threes	23a/b 32a/b 30a/b 29a/b	FI - BI Counters FOI - BOI Change Brackets FOI - FIO Change Loops BOI - BIO Change Double Threes

JUNIOR FIGURES 17 and 18 years old Skaters who are at least 12 before the 1st of January in the year of the World Skate ATC Championships and not 19 on the 31st December in the year of competition will be eligible to skate Junior (ie: have turned 12 in the year preceding the competition year), on application and provided they meet all medal test requirements. Circuits per figure as indicated		Medal Test Requirement 2024: Figure Medal #4 (NZ Championships) 2024: Figure Medal #6 (Oceania event) 2024: Figure Medal #7 (International)
REQUIREMENTS - For further detail, refer to World Skate Regulations		
Group 1		
42a/b	Forward Outside Counter combined with Bracket and Inside Counter (3 Circuits)	
38a/b	Forward Outside Paragraph Loops (3 Circuits)	
36a/b	Forward Outside Paragraph Double Threes (2 Circuits)	
Group 2		
43a/b	Forward Outside Rocker combined with Outside Double Threes (3 Circuits)	
31a/b	Backward Outside Change Loops (3 Circuits)	
40a/b	Forward Outside Paragraph Brackets (2 Circuits)	
Group 3		
44a/b	Forward Inside Rocker combined with Inside Double Threes (3 Circuits)	
38a/b	Forward Outside Paragraph Loops (3 Circuits)	
40a/b	Forward Outside Paragraph Brackets (2 Circuits)	
Group 4		
45a/b	Backward Outside Counter combined with Bracket and Inside Counter (3 Circuits)	
31a/b	Backward Outside Change Loops (3 Circuits)	
37a/b	Backward Outside Paragraph Double Threes (2 Circuits)	
SENIOR FIGURES 19 years old and over Skaters who are at least 12 before the 1st of January in the year of the World Skate ATC Championships will be eligible to skate Senior (ie: have turned 12 in the year preceding the competition year), on application and provided they meet all medal test requirements. Circuits per figure as indicated		Medal Test Requirement 2024: Figure Medal #5 (NZ Championships) 2024: Figure Medal #7 (Oceania event) 2024: Figure Medal #8 (International)
REQUIREMENTS - For further detail, refer to World Skate Regulations		
Group 1		
46a/b	Forward Outside Double Threes combined with Outside Rocker and Backward Double Threes Paragraph (2 circuits)	
39a/b	Backward Outside Paragraph Loops (3 circuits)	
47a/b	Forward Outside Bracket combined with Inside Counter and Backward Bracket Paragraph (2 circuits)	
Group 2		
48a/b	Backward Double Threes combined with Outside Rocker and Forward Double Threes Paragraph (2 circuits)	
38a/b	Forward Outside Paragraph Loops (3 circuits)	

49a/b	Backward Outside Bracket combined with Inside Counter and Forward Bracket Paragraph (2 circuits)		
Group 3			
50a/b	Forward Double Threes combined with Outside Counter and Backward Double Threes Paragraph (2 circuits)		
39a/b	Backward Outside Paragraph Loops (3 circuits)		
51a/b	Forward Outside Bracket combined with Inside Rocker and Backward Bracket Paragraph (2 circuits)		
Group 4			
52a/b	Backward Outside Double Threes combined with Outside Counter and Forward Double Threes Paragraph (2 circuits)		
38a/b	Forward Outside Paragraph Loops (3 circuits)		
53a/b	Backward Outside Bracket combined with Inside Rocker and Forward Bracket Paragraph (2 circuits)		
ADVANCED MASTERS FIGURES		Medal Test Requirement	
21 years old and over – NZ		2024: Figure Medal #2 (NZ Championships)	
30 years old and over – Oceania event		2024: Figure Medal #3 (Oceania event)	
Masters skaters who are under 50 years of age and have competed in any discipline at either Junior or Senior World Championships MUST skate in Advanced Masters.			
3 circuits per figure			
Group 1		Group 2	
3a/b	BO - BO Eight	5a/b	FOI - FIO Change Eight
5a/b	FOI - FIO Change Eight	7a/b	FO - FO Three
9a/b	FI - BO Threes	9a/b	FI - BO Threes
MASTERS FIGURES		Medal Test Requirement	
25 years old and over – NZ		2024: Figure Medal #1 (NZ Championships)	
30 years old and over – Oceania event		2024: Figure Medal #2 (Oceania event)	
Masters skaters who are under 50 years of age and have competed in any discipline at either Junior or Senior World Championships MUST skate in Advanced Masters.			
3 circuits per figure			
Group 1		Group 2	
1	RFO - LFO Eight	1a/b	FOI - FOI Half Eight
2a/b	FIO - FIO Half Eight	2	RFI - LFI Eight
5a/b	FOI - FIO Change Eight	5a/b	FOI - FIO Change Eight

<https://www.worldskate.org/artistic/about/regulations.html>

Please refer to this regularly due to World Skate updates.

LOOP GRADES

Loop events shall consist of any skaters who are NOT skating Senior Figures in that year.

PRIMARY LOOPS 8 years old to 11 years old 2 circuits per loop		Medal Test Requirement 2024: Figure Medal #3 (NZ Championships)	
Group 1			
14	RFO – LFO Loops		
15	RFI – LFI Loops		
30a/b	FOI – FIO Change Loops		
PRELIMINARY LOOPS 12 years old and over 2 circuits per loop		Medal Test Requirement 2024: Figure Medal #3 (NZ Championships)	
Group 1			
14	RFO – LFO Loops		
15	RFI – LFI Loops		
30a/b	FOI – FIO Change Loops		
ADVANCED LOOPS 14 years old and over 2 circuits per loop		Medal Test Requirement 2024: Figure Medal #5 (NZ Championships)	
Group 1		Group 2	
16	RBO – LBO Loops	17	RBI – LBI Loops
31a/b	BOI – BIO Change Loops	31a/b	BOI – BIO Change Loops
38a/b	FO – FI Paragraph Loops	38a/b	FO – FI Paragraph Loops
Note: Skaters competing in Youth and Junior Grades may also skate Advanced Loops only.			

SOLO DANCE

World Skate requirements online

[Worldskate - Skateboarding & Roller Sports - Regulations - Compulsory Dances 2024](#)

REGIONALS ONLY COMPULSORY SOLO DANCE GRADES			
NEW ENTRANTS SOLO DANCE Under 8 years old Mapped to Tots (for Rollart only) No Medal Test Requirement	Waltz Sequence	Tempo: 120 Waltz	(2 sequences)
NOVICE 1 SOLO DANCE 8 years old to 14 years old Mapped to Minis (for Rollart only) No Medal Test Requirement	Waltz Sequence March Sequence	Tempo: 120 Waltz Tempo: 100 March	(2 sequences) (4 sequences)
NOVICE 2 SOLO DANCE 8 years old to 14 years old Mapped to Minis (for Rollart only) No Medal Test Requirement	City Blues Canasta Tango	Tempo: 88 Blues Tempo: 100 Tango	(4 sequences) (4 sequences)
ADULT 1 SOLO DANCE 15 years old and over Mapped to Minis (for Rollart only) No Medal Test Requirement	Waltz Sequence March Sequence	Tempo: 120 Waltz Tempo: 100 March	(2 sequences) (4 sequences)
ADULT 2 SOLO DANCE 15 years old and over Mapped to Minis (for Rollart only) No Medal Test Requirement	City Blues Canasta Tango	Tempo: 88 Blues Tempo: 100 Tango	(4 sequences) (4 sequences)
Skaters who are under 50 years of age and have competed in any discipline at either Junior or Senior World Championships are NOT eligible for the above Adult grades.			
REGIONAL ONLY SOLO FREE DANCE GRADES			
NOVICE SOLO FREE DANCE 8 years old and over Mapped to Tots (for Rollart only) No Medal Test Requirement	Time: 2:00 minutes +/- 10 seconds		
2024 NOVICE SOLO FREE DANCE REQUIREMENTS			
Artistic Sequence	Travelling	Choreo Sequence	
Yes Maximum Level 1 Maximum 30 seconds	Yes Maximum Level 1 Maximum 10 seconds	Yes	
* Artistic/Footwork Sequence - The 4 steps and turns that will be counted towards the level are: Cross in front, Inside Three Turn, Outside Three Turn, Open Mohawk, Traveling (one clockwise, one anticlockwise allowed) , Body Movement (high, medium or low). To achieve a Level 1, four (4) turns or steps MUST be confirmed (each type can ONLY be counted twice) AND the feature of three (3) body movements (high, medium and low) for footwork sequence OR skating elements for artistic sequence.			

COMPULSORY SOLO DANCE AND FREE DANCE GRADES - NATIONAL AND INTERNATIONAL GRADES

These are separate events

<p>PRELIMINARY SOLO DANCE 10 years old and over Mapped to Espoir</p> <p>Medal Test Requirement 2024: Solo Dance Medal #2 (NZ Championships)</p>	<p>La Vista Cha Cha Canasta Tango</p>	<p>Tempo: 108 Cha Cha Tempo: 100 Tango</p>	<p>(4 sequences) (4 sequences)</p>
<p>INTERMEDIATE SOLO DANCE 15 years old and over Mapped to Espoir</p> <p>Medal Test Requirement 2024:: Solo Dance Medal #2 (NZ Championships)</p>	<p>Manhattan Blues Werner Tango</p>	<p>Tempo: 92 Blues Tempo: 100 Tango</p>	<p>(4 sequences) (4 sequences)</p>
<p>OPEN SOLO DANCE 15 years old and over Mapped to Espoir</p> <p>Medal Test Requirement 2024: Solo Dance Medal #3 (NZ Championships)</p>	<p>Harris Tango (Double Pattern) Flirtation Waltz</p>	<p>Tempo:100 Tango Tempo:120 Waltz</p>	<p>(4 sequences) (4 sequences)</p>
<p>ADVANCED MASTERS SOLO DANCE 21 years old and over - NZ 30 years old and over - Oceania event Mapped to Espoir</p> <p>Medal Test Requirement 2024: Solo Dance Medal #2 (NZ Championships) 2024: Solo Dance Medal #3 (Oceania event)</p>	<p>Southland Swing Cha Cha</p>	<p>Tempo: 92 Blues Tempo: 100 Cha Cha</p>	<p>(4 sequences) (4 sequences)</p>

Masters skaters who are under 50 years of age and have competed in any discipline at either Junior or Senior World Championships MUST nominate in the Advanced grade, if available in the discipline. Otherwise they may compete in the Masters category. Dispensation to compete in Masters grade may be requested to the Artistic Committee for reasons which comprise ability to perform at Advanced Masters level.

Skaters can skate in Advanced Masters for Compulsories and Masters for Free Dance if they choose, or Masters Style Dance, but NOT both – provided they meet the requirements as far as having skated at a previous Junior or Senior World Championship and also the age and medal tests requirements as indicated. This applies to New Zealand and Oceania events.

<p>MASTERS SOLO DANCE</p>	<p>Olympic Foxtrot Canasta Tango</p>	<p>Tempo: 104 Foxtrot Tempo: 100 Tango</p>	<p>(4 sequences) (4 sequences)</p>
<p>25 years old and over - NZ 30 years old and over - Oceania event Mapped to Espoir</p>			
<p>Medal Test Requirement 2024: Solo Dance Medal #1 (NZ Championships) 2024: Solo Dance Medal #2 (Oceania event)</p>			

Masters skaters who are under 50 years of age and have competed in any discipline at either Junior or Senior World Championships MUST nominate in the Advanced grade, if available in the discipline. Otherwise they may compete in the Masters category. Dispensation to compete in Masters grade may be requested to the Artistic Committee for reasons which comprise ability to perform at Advanced Masters level.

Skaters can skate in Masters for Compulsories and Masters for Free Dance if they choose, or Masters Style Dance, but NOT both – provided they meet the requirements as far as having skated at a previous Junior or Senior World Championship and also the age and medal tests requirements as indicated. This applies to New Zealand and Oceania events.

<p>MASTERS SOLO STYLE DANCE</p>	<p>Time: 2:15 minutes +/- 10 seconds</p>
<p>25 years old and over - NZ 30 years old and over - Oceania event Mapped to Youth Intermediate</p>	<p>Theme: Standard Ballroom Medley - Smooth - Waltz, Tango, Foxtrot, Quick Step</p>
<p>Medal Test Requirement 2024: Solo Dance Medal #1 (NZ Championships) 2024: Solo Dance Medal #2 (Oceania event)</p>	<p>Requirements: Compulsory/Pattern Dance: Olympic Foxtrot 2 sequences - 1 circuit of the floor) Dance Step Sequence: Maximum Level 2, Maximum 30 seconds.</p>

Masters skaters who are under 50 years of age and have competed in any discipline at either Junior or Senior World Championships MUST nominate in the Advanced grade, if available in the discipline. Otherwise they may compete in the Masters category. Dispensation to compete in Masters grade may be requested to the Artistic Committee for reasons which comprise ability to perform at Advanced Masters level.

Skaters can skate in Masters for Compulsories and Masters for Free Dance if they choose, or Masters Style Dance, but NOT both – provided they meet the requirements as far as having skated at a previous Junior or Senior World Championship and also the age and medal tests requirements as indicated. This applies to New Zealand and Oceania events. Masters and Advanced Masters Skaters are expected to focus on QOE scores rather than level achievements.

SOLO FREE DANCE GRADES

PRELIMINARY SOLO FREE DANCE

10 years old and over
Mapped to **Espoir Intermediate**

Medal Test Requirement

2024: Solo Dance Medal #2 (NZ Championships)

Time: 2:30 minutes +/- 10 seconds

Note: This event is separate to the Preliminary Compulsory Dance event

Footwork Sequence	Dance Step Sequence	Travelling	Choreo Sequence
Yes Maximum Level 1 Maximum 30 seconds	Yes Maximum Level 1 Maximum 30 seconds	Yes Maximum Level 1	Yes

INTERMEDIATE SOLO FREE DANCE

15 years old and over
Mapped to Cadet Intermediate

Medal Test Requirement

2024: Solo Dance Medal #2 (NZ Championships)

Time: 3:00 minutes +/- 10 seconds

Note: This event is separate to the Intermediate Compulsory Dance event

Footwork Sequence	Dance Step Sequence	Travelling	Choreo Sequence	Cluster
Yes Maximum Level 2 Maximum 30 seconds	Yes Maximum Level 2 Maximum 30 seconds	Yes Maximum Level 2	Yes	Yes Maximum Level 1 Maximum 15 seconds

OPEN SOLO FREE DANCE

15 years old and over
Mapped to **Senior Intermediate Freedance**

Medal Test Requirement

2024: Solo Dance Medal #3 (NZ Championships)

Time: 3:30 minutes +/- 10 seconds

Note: This event is separate from the Open Compulsory Dance event.

Footwork Sequence	Dance Step Sequence	Travelling	Choreo Sequence	Cluster
Yes Maximum Level 3 Maximum 40 seconds	Yes Maximum Level 3 Maximum 30 seconds	Yes Maximum Level 3	Yes	Yes Maximum Level 3 Maximum 20 seconds

MASTERS SOLO FREE DANCE

21 years old and over - NZ
30 years old and over - Oceania event
Mapped to **Espoir Basic**

Medal Test Requirement

2024: Solo Dance Medal #2
(NZ Championship)

2024: Solo Dance Medal #3 (Oceania event)

Time: 2:30 minutes +/- 10 seconds

Requirements:

Footwork Sequence - Maximum Level 2, Maximum 30 seconds

Dance Step Sequence - Maximum Level 2, Maximum 30 seconds

Travelling - Maximum Level 2, Maximum 10 seconds

Choreo Sequence - Yes

Masters skaters who are under 50 years of age and have competed in any discipline at either Junior or Senior World Championships MUST nominate in the Advanced grade, if available in the discipline. Otherwise they may compete in the Masters category. Dispensation to compete in Masters grade may be requested to the Artistic Committee for reasons which comprise ability to perform at Advanced Masters level.

Skaters can skate in Masters for Compulsories and Masters for Free Dance if they choose, or Masters Style Dance, but NOT both – provided they meet the requirements as far as having skated at a previous Junior or Senior World Championship and also the age and medal tests requirements as indicated. This applies to New Zealand and Oceania events.

Masters and Advanced Masters Skaters are expected to focus on QOE scores rather than level achievements.

SOLO DANCE - COMBINED EVENTS			
TOTS SOLO DANCE 8 and 9 years old		Tots Solo Dance is composed of both Compulsory <u>and</u> Free Dance events. Skaters MUST skate in <u>both</u> events.	
Medal Test Requirement 2024: Solo Dance Medal #1 (NZ Championships)			
COMPULSORY DANCE	Glide Waltz	Tempo: 120 Waltz	(4 sequences)
FREE DANCE	Time: 2:00 minutes +/- 10 seconds		
REQUIREMENTS - For further detail, refer to World Skate Regulations			
MINIS SOLO DANCE 10 and 11 years old		Mini Solo Dance is composed of both Compulsory <u>and</u> Free Dance events. Skaters MUST skate in <u>both</u> events.	
Medal Test Requirement 2024: Solo Dance Medal #2 (NZ Championships)			
COMPULSORY DANCES	La Vista Cha Cha Denver Shuffle	Tempo: 108 Cha Cha Tempo: 100 Polka	(4 sequences) (4 sequences)
FREE DANCE	Time: 2:30 minutes +/- 10 seconds		
REQUIREMENTS - For further detail, refer to World Skate Regulations			
ESPOIR SOLO DANCE 12 and 13 years old		Espoir Solo Dance is composed of both Compulsory <u>and</u> Free Dance events. Skaters MUST skate in <u>both</u> events.	
Medal Test Requirement 2024: Solo Dance Medal #3 (NZ Championships)			
COMPULSORY DANCES	Kinder Waltz Manhattan Blues	Tempo: 120 Waltz Tempo: 92 Blues	(4 sequences) (4 sequences)
FREE DANCE	Time: 2:30 minutes +/- 10 seconds		
REQUIREMENTS - For further detail, refer to World Skate Regulations			
CADET SOLO DANCE 14 and 15 years old		Cadet Solo Dance is composed of both Style Dance <u>and</u> Free Dance events. Skaters MUST skate in <u>both</u> events.	
Medal Test Requirement 2024: Solo Dance Medal #3 (NZ Championships) 2024: Solo Dance Medal #5 (Oceania event)			
STYLE DANCE	Time: 3:00 minutes +/- 10 seconds		
There is no limit to the number of rhythms used. One of the selected rhythms MUST be the rhythm required for the Pattern Dance Sequence. During the Pattern Dance Sequence, a change of music selection is NOT permitted.			
2024 CADET SOLO STYLE DANCE REQUIREMENTS Theme: Latin Medley - Mambo, Salsa, Merengue, Bachata, Bossa nova, Batucada, Cha Cha Cha, Samba, Rumba Compulsory/Pattern Dance: Rumba (Woman's Steps) - 1 sequence Tempo: 104 Rumba			
REQUIREMENTS - For further detail, refer to World Skate Regulations			
FREE DANCE	Time: 3:30 minutes +/- 10 seconds		

YOUTH SOLO DANCE 16 years old Medal Test Requirement 2024: Solo Dance Medal #4 (NZ Championships) 2024: Solo Dance Medal #6 (Oceania event)		Youth Solo Dance is composed of both Style Dance <u>and</u> Free Dance events. Skaters MUST skate in <u>both</u> events.
STYLE DANCE	Time: 3:00 minutes +/- 10 seconds	
There is no limit to the number of rhythms used. One of the selected rhythms MUST be the rhythm required for the Pattern Dance Sequence. During the Pattern Dance Sequence, a change of music selection is NOT permitted.		
2024 YOUTH SOLO STYLE DANCE REQUIREMENTS Theme: Classic Medley - Waltz, Classic Polka, March, Galop Compulsory/Pattern Dance: Coalesce Waltz Tempo: 132 Waltz REQUIREMENTS - For further detail, refer to World Skate Regulations		
FREE DANCE	Time: 3:30 minutes +/- 10 seconds	
REQUIREMENTS - For further detail, refer to World Skate Regulations		
JUNIOR SOLO DANCE 17 and 18 Years Old Medal Test Requirement 2024: Solo Dance Medal #4 (NZ Championships) 2024: Solo Dance Medal #6 (Oceania event) 2024: Solo Dance Medal #7 (International)		Junior Solo Dance is composed of both Style Dance <u>and</u> Free Dance events. Skaters MUST skate in <u>both</u> events.
Skaters who are at least 12 before the 1st of January in the year of the World Skate ATC Championships will be eligible to skate Senior (ie: have turned 12 in the year preceding the competition year), on application and provided they meet all medal test requirements.		
STYLE DANCE	Time: 3.00 minutes +/- 10 seconds	
There is no limit to the number of rhythms used. One of the selected rhythms MUST be the rhythm required for the Pattern Dance Sequence. During the Pattern Dance Sequence, a change of music selection is NOT permitted.		
2024 JUNIOR SOLO STYLE DANCE REQUIREMENTS Theme: Spanish Medley - Paso Doble, Flamenco, Tango, Spanish Waltz, Bolero Gypsy Music, Fandango Compulsory/Pattern Dance: Sweet Tango - section 1 Tempo: 104 bpm/Tango REQUIREMENTS - For further detail, refer to World Skate Regulations		
FREE DANCE	Time: 3:30 minutes +/- 10 seconds	
REQUIREMENTS - For further detail, refer to World Skate Regulations		

<p>SENIOR SOLO DANCE 19 years old and over</p> <p>Medal Test Requirement 2024: Solo Dance Medal #5 (NZ Championships) 2024: Solo Dance Medal #7 (Oceania event) 2024: Solo Dance Medal #8 (International)</p>	<p>Senior Solo Dance is composed of both Style Dance <u>and</u> Free Dance events. Skaters MUST skate in <u>both</u> events.</p>
<p>Skaters who are at least 12 before the 1st of January in the year of the World Skate ATC Championships will be eligible to skate Senior (ie: have turned 12 in the year preceding the competition year), on application and provided they meet all medal test requirements.</p>	
<p>STYLE DANCE</p>	<p>Time: 3.00 minutes +/- 10 seconds</p>
<p>There is no limit to the number of rhythms used. One of the selected rhythms MUST be the rhythm required for the Pattern Dance Sequence. During the Pattern Dance Sequence, a change of music selection is NOT permitted.</p>	
<p>2024 SENIOR SOLO STYLE DANCE REQUIREMENTS Theme: Folk – Ethnic Dance Compulsory/Pattern Dance: Roman Mood - section 1 Tempo: 120 bpm/ Dance 4/4</p> <p>REQUIREMENTS - For further detail, refer to World Skate Regulations</p>	
<p>FREE DANCE</p>	<p>Time: 3:30 minutes +/- 10 seconds</p>
<p>REQUIREMENTS - For further detail, refer to World Skate Regulations</p>	

COUPLES DANCE

REGIONALS ONLY COUPLES COMPULSORY DANCE GRADES

<p>NOVICE COUPLES DANCE 8 years old and over Mapped to Minis</p> <p>No Medal Test Requirement</p>	<p>Waltz Sequence March Sequence</p>	<p>Tempo: 120 Waltz Tempo: 100 March</p>	<p>(2 sequences) (4 sequences)</p>
<p>Couples in this grade may be comprised of any two skaters regardless of gender.</p>			
<p>ADULT COUPLES DANCE 15 years old and over Mapped to Minis</p> <p>No Medal Test Requirement</p>	<p>City Blues Skaters March</p>	<p>Tempo: 88 Blues Tempo: 100 March</p>	<p>(4 sequences) (4 sequences)</p>
<p>Couples in this grade may be comprised of any two skaters regardless of gender.</p>			
<p>Skaters who are under 50 years of age and have competed in any discipline at either Junior or Senior World Championships MUST skate in Advanced Masters.</p>			

COUPLES DANCE - COMBINED

NATIONAL AND INTERNATIONAL GRADES

<p>MINIS COUPLES DANCE 10 and 11 years old</p> <p>Medal Test Requirement 2024: Dance Couples Medal #2 (NZ Championships)</p>	<p>La Vista Cha Cha Denver Shuffle</p>	<p>Tempo: 108 Cha Cha Tempo: 100 Polka</p>	<p>(4 sequences) (4 sequences)</p>
<p>FREE DANCE</p>	<p>Time: 2:45 minutes +/- 10 seconds</p>		
<p>REQUIREMENTS - For further detail, refer to World Skate Regulations</p>			
<p>ESPOIR COUPLES DANCE 12 and 13 years old</p> <p>Medal Test Requirement 2024: Dance Couples Medal #3 (NZ Championships)</p>	<p>Kinder Waltz Manhattan Blues</p>	<p>Tempo: 120 Waltz Tempo: 92 Blues</p>	<p>(4 sequences) (4 sequences)</p>
<p>FREE DANCE</p>	<p>Time: 3:00 minutes +/- 10 seconds</p>		
<p>REQUIREMENTS - For further detail, refer to World Skate Regulations</p>			
<p>CADET COUPLES DANCE 14 and 15 years old</p>	<p>Medal Test Requirement 2024: Dance Couples Medal #3 (NZ Championships) 2024: Dance Couples Medal #5 (Oceania event)</p>		
<p>STYLE DANCE</p>	<p>Time: 3:00 minutes +/- 10 seconds</p>		
<p>There is no limit to the number of rhythms used. One of the selected rhythms MUST be the rhythm required for the Pattern Dance Sequence. During the Pattern Dance Sequence, a change of music selection is NOT permitted.</p>			
<p>2024 CADET COUPLES STYLE DANCE REQUIREMENTS Theme: Classic Medley - Waltz, Classic Polka, March, Galop Compulsory/Pattern Dance: Association Waltz Section 1 (steps 1-15) Tempo: 132 Waltz</p> <p>REQUIREMENTS - For further detail, refer to World Skate Regulations</p>			
<p>FREE DANCE</p>	<p>Time: 3:30 minutes +/- 10 seconds</p>		
<p>REQUIREMENTS - For further detail, refer to World Skate Regulations</p>			

YOUTH COUPLES DANCE 16 years old and over	Medal Test Requirement 2024: Dance Couples Medal #4 (NZ Championships) 2024: Dance Couples Medal #6 (Oceania event)
STYLE DANCE	Time: 3:00 minutes +/- 10 seconds
There is no limit to the number of rhythms used. One of the selected rhythms MUST be the rhythm required for the Pattern Dance Sequence. During the Pattern Dance Sequence, a change of music selection is NOT permitted.	
<p style="text-align: center;">2024 YOUTH COUPLES STYLE DANCE REQUIREMENTS</p> <p style="text-align: center;">Theme: Classic Medley - Waltz, Classic Polka, March, Galop</p> <p style="text-align: center;">Compulsory/Pattern Dance: Killian</p> <p style="text-align: center;">Tempo: 108 March</p> <p style="text-align: center;">REQUIREMENTS - For further detail, refer to World Skate Regulations</p>	
FREE DANCE	Time: 3:30 minutes +/- 10 seconds
<p style="text-align: center;">REQUIREMENTS - For further detail, refer to World Skate Regulations</p>	
JUNIOR COUPLES DANCE 17 and 18 years old and over	Medal Test Requirement 2024: Dance Couples Medal #4 (NZ Championships) 2024: Dance Couples Medal #6 (Oceania event) 2024: Dance Couples Medal #7 (International)
Skaters who are at least 12 before the 1st of January in the year of the World Skate ATC Championships will be eligible to skate junior (i.e. have turned 12 in the year preceding the competition year), on application and provided they meet all medal test requirements.	
STYLE DANCE	Time: 3:00 minutes +/- 10 seconds
There is no limit to the number of rhythms used. One of the selected rhythms MUST be the rhythm required for the Pattern Dance Sequence. During the Pattern Dance Sequence, a change of music selection is NOT permitted.	
<p style="text-align: center;">2024 JUNIOR COUPLES STYLE DANCE REQUIREMENTS</p> <p style="text-align: center;">Theme: Spanish Medley - Paso Doble, Flamenco, Tango, Spanish Waltz, Bolero Gypsy Music, Fandango</p> <p style="text-align: center;">Compulsory/Pattern Dance: Paso Doble Tempo: Paso Doble</p> <p style="text-align: center;">REQUIREMENTS - For further detail, refer to World Skate Regulations</p>	
FREE DANCE	Time: 3:50 minutes +/- 10 seconds
<p style="text-align: center;">2024 JUNIOR COUPLES FREE DANCE REQUIREMENTS</p> <p style="text-align: center;">REQUIREMENTS - For further detail, refer to World Skate Regulations</p>	

SENIOR COUPLES DANCE 19 years old and over	Medal Test Requirement 2024: Dance Couples Medal #5 (NZ Championships) 2024: Dance Couples Medal #7 (Oceania event) 2024: Dance Couples Medal #8 (International)
Skaters who are at least 12 before the 1st of January in the year of the World Skate ATC Championships will be eligible to skate Senior (i.e. have turned 12 in the year preceding the competition year), on application and provided they meet all medal test requirements.	
STYLE DANCE	Time: 3:00 minutes +/- 10 seconds
There is no limit to the number of rhythms used. One of the selected rhythms MUST be the rhythm required for the Pattern Dance Sequence. During the Pattern Dance Sequence, a change of music selection is NOT permitted.	
<p style="text-align: center;">2024 SENIOR COUPLES STYLE DANCE REQUIREMENTS</p> <p style="text-align: center;">Theme: Spanish Medley - Paso Doble, Flamenco, Tango, Spanish Waltz, Bolero Gypsy Music, Fandango</p> <p style="text-align: center;">Compulsory/Pattern Dance: Argentine Tango (Steps 8-28)</p> <p style="text-align: center;">Tempo: 96 Tango</p> <p style="text-align: center;">REQUIREMENTS - For further detail, refer to World Skate Regulations</p>	
FREE DANCE	Time: 3:50 minutes +/- 10 seconds
<p style="text-align: center;">2024 SENIOR COUPLES FREE DANCE REQUIREMENTS</p> <p style="text-align: center;">REQUIREMENTS - For further detail, refer to World Skate Regulations</p>	

COUPLES DANCE – COMPULSORY DANCE AND FREE DANCE GRADES - SEPARATE EVENTS

Note: These are all separate events

<p>PRELIMINARY COUPLES COMPULSORY DANCE 10 years old and over Mapped to Espoir Basic</p> <p>Medal Test Requirement 2024: Dance Couples Medal #2 (NZ Championships)</p>	<p>La Vista Cha Cha Canasta Tango</p>	<p>Tempo: 108 Cha Cha Tempo: 100 Tango</p>	<p>(4 sequences) (4 sequences)</p>
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<p>PRELIMINARY COUPLES FREE DANCE 10 years old and over Mapped to Espoir Basic</p> <p>Medal Test Requirement 2024: Dance Couples Medal #2 (NZ Championships)</p>	<p>Time: 2:30 minutes +/- 10 seconds</p>
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2024 PRELIMINARY COUPLES FREE DANCE REQUIREMENTS

Dance Hold Footwork Sequence	No Hold Footwork Sequence	Travelling	Choreo Lift or Pose	Stationary Lift
Yes Maximum Level 1 Maximum 40 seconds	Yes Maximum Level 1 Maximum 30 seconds	Yes Maximum Level 1	Yes	Yes Maximum Level 1

<p>INTERMEDIATE COUPLES COMPULSORY DANCE 15 years old and over Mapped to Cadet Basic</p> <p>Medal Test Requirement 2024: Dance Couples Medal #2 (NZ Championships)</p>	<p>Manhattan Blues Werner Tango</p>	<p>Tempo: 92 Blues Tempo: 100 Tango</p>	<p>(4 sequences) (4 sequences)</p>
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<p>INTERMEDIATE COUPLES FREE DANCE 15 years old and over Mapped to Cadet Basic</p> <p>Medal Test Requirement 2024: Dance Couples Medal #2 (NZ Championships)</p>	<p>Time: 2:30 minutes +/- 10 seconds</p>
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2024 INTERMEDIATE COUPLES FREE DANCE REQUIREMENTS

Dance Hold Footwork Sequence	No Hold Footwork Sequence	Travelling	Choreo Lift or Pose	Stationary Lift
Yes Maximum Level 1 Maximum 40 seconds	Yes Maximum Level 1 Maximum 30 seconds	Yes Maximum Level 1	Yes	Yes Maximum Level 1

<p>OPEN COUPLES COMPULSORY DANCE 15 years old and over Mapped to Senior Basic</p> <p>Medal Test Requirement 2024: Dance Couples Medal #3 (NZ Championships)</p>	<p>Harris Tango (Double Pattern) Flirtation Waltz</p>	<p>Tempo:100 Tango Tempo:120 Waltz</p>	<p>(2 sequences) (2 sequences)</p>
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<p>OPEN COUPLES FREE DANCE 15 years old and over Mapped to Senior Basic</p> <p>Medal Test Requirement 2024: Dance Couples Medal #3 (NZ Championships)</p>	<p>Time: 3:30 minutes +/- 10 seconds</p>
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2024 OPEN COUPLES FREE DANCE REQUIREMENTS

Dance Hold Footwork Sequence	No Hold Footwork Sequence	Travelling	Choreo Lift	Stationary Lift
<p>Yes Maximum Level 2 Maximum 40 seconds</p>	<p>Yes Maximum Level 2 Maximum 30 seconds</p>	<p>Yes Maximum Level 2</p>	<p>Yes</p>	<p>Yes Maximum Level 2</p>

<p>ADVANCED MASTERS COUPLES COMPULSORY DANCE 21 years old and over - NZ 30 years old and over - Oceania event Mapped to Espoir</p> <p>Medal Test Requirement 2024: Dance Couples Medal #2 (NZ Championships) 2024: Dance Couples Medal #3 (Oceania event)</p>	<p>Southland Swing Cha Cha</p>	<p>Tempo: 92 Blues Tempo: 100 Cha Cha</p>	<p>(4 sequences) (4 sequences)</p>
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Masters skaters who are under 50 years of age and have competed in any discipline at either Junior or Senior World Championships MUST nominate in the Advanced grade, if available in the discipline. Otherwise they may compete in the Masters category. Dispensation to compete in Masters grade may be requested to the Artistic Committee for reasons which comprise ability to perform at Advanced Masters level.

Skaters can skate in Advanced Masters for Compulsories and Masters for Free Dance if they choose, or Masters Style Dance, but NOT both – provided they meet the requirements as far as having skated at a previous Junior or Senior World Championship and also the age and medal tests requirements as indicated. This applies to New Zealand and Oceania events.

<p>MASTERS COUPLES COMPULSORY DANCE 25 years old and over - NZ 30 years old and over - Oceania event Mapped to Espoir</p> <p>Medal Test Requirement 2024: Dance Couples Medal #1 (NZ Championships) 2024: Dance Couples Medal #2 (Oceania event)</p>	<p>Olympic Foxtrot Canasta Tango</p>	<p>Tempo: 104 Foxtrot Tempo: 100 Tango</p>	<p>(4 sequences) (4 sequences)</p>
<p>Masters skaters who are under 50 years of age and have competed in any discipline at either Junior or Senior World Championships MUST nominate in the Advanced grade, if available in the discipline. Otherwise they may compete in the Masters category. Dispensation to compete in Masters grade may be requested to the Artistic Committee for reasons which comprise ability to perform at Advanced Masters level.</p> <p>Skaters can skate in Masters for Compulsories and Masters for Free Dance if they choose, or Masters Style Dance – but NOT both - provided they meet the requirements as far as having skated at a previous Junior or Senior World Championship and also the age and medal tests requirements as indicated. This applies to New Zealand and Oceania events.</p>			
<p>MASTERS COUPLES FREE DANCE 21 years old and over - NZ 30 years old and over - Oceania event Mapped to Espoir Basic Freedance</p> <p>Medal Test Requirement 2024: Dance Couples Medal #2 (NZ Championships) 2024: Dance Couples Medal #3 (Oceania event)</p>	<p>Time: 2:30 minutes +/- 10 seconds</p>		
<p>Requirements: Hold Footwork Sequence - Maximum Level 2, Maximum 40 seconds No Hold Footwork Sequence - Maximum Level 2, Maximum 30 seconds Traveling - Maximum Level 2, Maximum 10 seconds Choreo Lift or Choreo Pose - Yes</p>			
<p>Masters skaters who are under 50 years of age and have competed in any discipline at either Junior or Senior World Championships MUST nominate in the Advanced grade, if available in the discipline. Otherwise they may compete in the Masters category. Dispensation to compete in Masters grade may be requested to the Artistic Committee for reasons which comprise ability to perform at Advanced Masters level.</p> <p>Skaters can skate in Masters for Compulsories and Masters for Free Dance if they choose, or Masters Style Dance, but NOT both – provided they meet the requirements as far as having skated at a previous Junior or Senior World Championship and also the age and medal tests requirements as indicated. This applies to New Zealand and Oceania events.</p>			

<p>MASTERS COUPLES STYLE DANCE 25 years old and over - NZ 30 years old and over - Oceania event Mapped to Youth Intermediate Style Dance</p> <p>Medal Test Requirement 2024: Dance Couples Medal #1 (NZ Championships) 2024: Dance Couples Medal #2 (Oceania event)</p>	<p>Time: 2:30 minutes +/- 10 seconds</p> <p>Theme: Standard Ballroom Medley - Smooth - Waltz, Tango, Foxtrot, Quick Step</p>
<p>Requirements: Compulsory/Pattern Dance - Olympic Foxtrot - 104bpm - 2 sequences - 1 circuit of the floor Hold Footwork Sequence - Maximum Level 1, Maximum 40 seconds</p>	
<p>Footwork is a choice of 4 of the 7 listed steps: outside three turn, inside three turn, cross in front, open mohawk, travel, forward to backward closed mohawk and forward to backward choctaw.</p> <p>4 of the 7 listed turns must be confirmed and each type can only be counted twice.</p> <p>Features are not required for level 1</p> <p>Any number of features can be presented.</p>	

For a full list of regulations and specifications regarding the technical elements and associated levels for each grade, please refer to the relevant [World Skate Rules](#) for Artistic Skating Competitions Manuals **2024**.

For compulsory dance patterns and specifications, refer to the World Skate Artistic Dance Book **2024**.

FREESKATING

REGIONALS ONLY FREESKATING GRADES

NEW ENTRANTS FREESKATING Under 8 years old Mapped to Tots Intermediate	Time: 2:00 minutes +/- 10 secs	No Medal Test Requirement
<p>Jumps:</p> <ul style="list-style-type: none"> • A maximum of eight (8) jumps of one (1) rotation are allowed including Waltz jump. • Maximum two (2) jumps combinations are allowed. The number of jumps within a combination cannot be more than two (2). • The same jump cannot be presented more than two (2) times. <p>Spins:</p> <ul style="list-style-type: none"> • Two (2) spin elements must be performed. o One of them MUST be a combination spin (maximum three (3) positions). o One has to be a solo spin. • Only upright positions are allowed <p>Footwork Sequence:</p> <ul style="list-style-type: none"> • One (1) footwork sequence maximum level 1. The different skating elements (four (4) different to be confirmed to achieve level 1) that will be counted towards the level include: Cross in front, Inside Three Turn, Outside Three Turn, Open Mohawk, traveling (one clockwise and one anticlockwise allowed), body movement (high, medium or low), maximum thirty (30) seconds. <p>NOTES:</p> <ul style="list-style-type: none"> • Referee Penalties: 1.0 deduction for every two (2) falls (please note, costume violation rules will apply). 		
NOVICE 1 FREESKATING 8 years old to 10 years old Mapped to Tots Intermediate	Time: 2:00 minutes +/-10 secs	No Medal Test Requirement
<p>Jumps:</p> <ul style="list-style-type: none"> • A maximum of eight (8) jumps of one (1) rotation are allowed including Waltz jump. • Maximum two (2) jumps combinations are allowed. The number of jumps within a combination cannot be more than two (2). • The same jump cannot be presented more than two (2) times. <p>Spins:</p> <ul style="list-style-type: none"> • Two (2) spin elements must be performed. o One of them MUST be a combination spin (maximum three (3) positions). o One has to be a solo spin. • Only upright positions are allowed <p>Footwork Sequence:</p> <ul style="list-style-type: none"> • One (1) footwork sequence maximum level 1. The different skating elements (four (4) different to be confirmed to achieve level 1) that will be counted towards the level include: Cross in front, Inside Three Turn, Outside Three Turn, Open Mohawk, traveling (one clockwise and one anticlockwise allowed), body movement (high, medium or low), maximum thirty (30) seconds. <p>NOTES:</p> <p>Referee Penalties: 1.0 deduction for every two (2) falls (please note, costume violation rules will apply).</p>		
NOVICE 2 FREESKATING 11-15 Years Old Mapped to Tots Intermediate	Time: 2:00 minutes +/-10 secs	No Medal Test Requirement
<p>Jumps:</p> <ul style="list-style-type: none"> • A maximum of eight (8) jumps of one (1) rotation are allowed including Waltz jump. • Maximum two (2) jumps combinations are allowed. The number of jumps within a combination cannot be more than two (2). • The same jump cannot be presented more than two (2) times. <p>Spins:</p> <ul style="list-style-type: none"> • Two (2) spin elements must be performed. o One of them MUST be a combination spin (maximum three (3) positions). One has to be a solo spin. • Only upright positions are allowed <p>Footwork Sequence:</p> <ul style="list-style-type: none"> • One (1) footwork sequence maximum level 1. The different skating elements (four (4) different to be confirmed to achieve level 1) that will be counted towards the level include: Cross in front, Inside Three Turn, Outside Three Turn, Open Mohawk, traveling (one clockwise and one anticlockwise allowed), body movement (high, medium or low), maximum thirty (30) seconds. <p>NOTES:</p>		

Referee Penalties: 1.0 deduction for every two (2) falls (please note, costume violation rules will apply).

ADULTS FREESKATING

15 years old and over
Mapped to Tots Intermediate

Time: 2:00 minutes +/- 10 secs

No Medal Test Requirement

Jumps:

- A maximum of eight (8) jumps of one (1) rotation are allowed including Waltz jump.
- Maximum two (2) jumps combinations are allowed. The number of jumps within a combination cannot be more than two (2).
- The same jump cannot be presented more than two (2) times.

Spins:

- Two (2) spin elements must be performed. One of them **MUST** be a combination spin (maximum three (3) positions). One has to be a solo spin.
- Only upright positions are allowed.

Footwork Sequence:

- One (1) footwork sequence maximum level 1. The different skating elements (four (4) different to be confirmed to achieve level 1) that will be counted towards the level include: Cross in front, Inside Three Turn, Outside Three Turn, Open Mohawk, **traveling (one clockwise and one anticlockwise allowed)**, body movement (high, medium or low), maximum thirty (30) seconds.

NOTES:

Referee Penalties: 1.0 deduction for every two (2) falls (please note, costume violation rules will apply).

FREESKATING GRADES – NATIONAL AND INTERNATIONAL GRADES

For a full list of regulations and specifications regarding the technical elements and associated levels for each grade, please refer to the relevant [World Skate Rules](#) for Artistic Skating Competitions Manuals 2023.

TOTS FREESKATING 8 and 9 years old	Long Programme only Time: 2:30 minutes +/- 10 seconds	Medal Test Requirement 2024: Freeskating Medal #1 (NZ Championships)
REQUIREMENTS - For further detail, refer to World Skate Regulations		
MINIS FREESKATING 10 and 11 years old	Long Programme only Time: 2:45 minutes +/- 10 seconds	Medal Test Requirement 2024: Freeskating Medal #2 (NZ Championships)
REQUIREMENTS - For further detail, refer to World Skate Regulations		
ESPOIR FREESKATING 12 and 13 years old	Short Programme Time: 2:00 minutes +/- 5 seconds Long Programme Time: 3:15 minutes +/- 10 seconds	Medal Test Requirement 2024: Freeskating Medal #3 (NZ Championships)
REQUIREMENTS - For further detail, refer to World Skate Regulations		
PRELIMINARY FREESKATING 10 years old and over Mapped to Espoir Basic	Long Programme only Time: 2:15 minutes +/- 10 seconds	Medal Test Requirement 2024: Freeskating Medal #2 (NZ Championships)
<p>Jumps:</p> <ul style="list-style-type: none"> • A maximum of ten (10) jumps are allowed including Waltz jump. Only one (1) rotation jumps, and Axel are allowed. • Maximum two (2) jumps combinations are allowed. If performing two one can be no more than four (4) jumps and the other combination not more than two (2) jumps • It is mandatory to perform a toe loop element (single rotation), solo or in combination. • Axel cannot be presented more than twice. If presented twice, one must be in combination. • The same one rotation jump cannot be presented more than three (3) times. <p>Spins:</p> <ul style="list-style-type: none"> • Maximum two (2) spin elements are allowed. One of them MUST be a combination spin (maximum three (3) positions) and must include a sit spin. o One MUST be a solo spin. • Only upright and sit positions are allowed. • The same spin (basic position, foot and edge) cannot be presented more than two times. <p>Footwork sequence:</p> <ul style="list-style-type: none"> • One (1) footwork sequence maximum level 1. The four (4) steps and turns that will be counted towards the level include: Cross in front, Inside Three Turn, Outside Three turn, Open Mohawk, traveling (one clockwise and one anticlockwise allowed) maximum thirty (30) seconds. 		

INTERMEDIATE FREESKATING 15 years old and over Mapped to Cadet Intermediate	Long Programme only Time: 2:45 minutes +/- 10 seconds	Medal Test Requirement 2024: Freeskating Medal #2 (NZ Championships)
<p>Jumps:</p> <ul style="list-style-type: none"> • Maximum twelve (12) jumps of one (1) rotation. Within the twelve (12) jumps Axel, double toe loop and double salchow are allowed. • Maximum two (2) jumps combinations are allowed. The number of jumps within the combination cannot be more than four (4). • It is mandatory to perform an Axel that can be presented also in combination. • It is mandatory to perform a toe loop element (single or double), solo or in combination. • Axel and doubles cannot be presented more than twice. If presented twice, one must be in combination. • The same one rotation jump cannot be presented more than three (3) times. <p>Spins:</p> <ul style="list-style-type: none"> • Minimum two (2), maximum three (3) spin elements are allowed. All the spins must be different. One of them MUST be a combination spin (maximum four (4) positions) and must include a sit spin. One MUST be a solo spin. If two (2) combos are presented, one of maximum four (4) positions and one of maximum three (3) positions • All spins are permitted except Broken, Heel and Inverted. • It is mandatory to perform a Camel spin on any edge (solo or in combination). <p>Footwork sequences:</p> <ul style="list-style-type: none"> • One (1) footwork sequence maximum level 2, maximum thirty (30) seconds. 		
OPEN FREESKATING 15 years old and over Mapped to Senior Intermediate	Long Programme only Time: 3:00 minutes +/- 10 seconds.	Medal Test Requirement 2024: Freeskating Medal #3 (NZ Championships)
<p>Jumps:</p> <ul style="list-style-type: none"> • Maximum eight (8) jumps are allowed excluding connecting one rotation jumps in the combinations (double axel and triples are not allowed) • Maximum two (2) jumps combinations are allowed. The number of jumps within the combination cannot be more than four (4) including the connecting jumps. • It is mandatory to perform an Axel jump (single) that can be presented also in combination. • It is mandatory to perform a loop, single or double, solo or in combination. • Axel and doubles cannot be presented more than twice. If presented twice, one must be in combination • The same one rotation jump as an item of technical value cannot be presented more than three (3) times. <p>Spins:</p> <ul style="list-style-type: none"> • Minimum two (2), maximum three (3) spin elements are allowed. o One of them MUST be a combination spin (maximum four (4) positions) and must include a sit spin. o One MUST be a solo spin • If two (2) combos are presented, one of maximum four (4) positions and one of maximum three (3) positions. The spins must be different. • All spins are permitted except Broken and Inverted. • It is mandatory to perform a Camel spin on any edge (solo or in combination). <p>Footwork sequences:</p> <ul style="list-style-type: none"> • One (1) footwork sequence maximum level 3, maximum thirty (30) seconds 		
CADET FREESKATING 14 and 15 years old	Short Programme Time: 2:30 minutes +/- 5 seconds Long Programme Time: 3:30 minutes +/- 10 seconds	Medal Test Requirement 2024: Freeskating Medal #3 (NZ Championships) 2024: Freeskating Medal #5 (Oceania event)
REQUIREMENTS - For further detail, refer to World Skate Regulations		
YOUTH FREESKATING 16 years old	Short Programme Time: 2:30 minutes +/- 5 seconds Long Programme Time: 4:00 minutes +/- 10 seconds	Medal Test Requirement 2024: Freeskating Medal #4 (NZ Championships) 2024: Freeskating Medal #6 (Oceania event)

JUNIOR FREESKATING 17 and 18 years old	Short Programme Time: 2:45 minutes +/- 5 seconds Long Programme Time: 4:00 +/- 10 seconds	Medal Test Requirement 2024: Freeskating Medal #4 (NZ Championships) 2024: Freeskating Medal #6 (Oceania event) 2024: Freeskating Medal #7 (International)
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REQUIREMENTS - For further detail, refer to [World Skate Regulations](#)

Skaters who are at least 12 before the 1st of January in the year of the World Skate ATC Championships, and not 19 on the 31st December in the year of competition will be eligible to skate Junior (ie: have turned 12 in the year preceding the competition year), on application and provided they meet all medal test requirements.

SENIOR FREESKATING 19 years old and over	Short Programme Time: 2:45 minutes +/- 5 seconds Long Programme Time: 4:00 +/- 10 seconds	Medal Test Requirement 2024: Freeskating Medal #5 (NZ Championships) 2024: Freeskating Medal #7 (Oceania event) 2024: Freeskating Medal #8 (International)
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REQUIREMENTS - For further detail, refer to [World Skate Regulations](#)

Skaters who are at least 12 before the 1st of January in the year of the World Skate ATC Championships will be eligible to skate Senior (ie: have turned 12 in the year preceding the competition year), on application and provided they meet all medal test requirements.

MASTERS FREESKATING 21 years old and over Mapped to Minis Long Programme for RollArt for scoring framework purposes only.	Long Programme only Time: 2:45 minutes +/- 10 seconds	Medal Test Requirement 2024: Freeskating Medal #1 (NZ Championships) 2024: Freeskating Medal #2 (Oceania event)
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Jumps:

- A Maximum of twelve (12) jumps of one (1) rotation, including Waltz Jump. Within the twelve (12) jumps, Axel, Double Toe Loop and Double Salchow are allowed.
- Maximum two (2) jumps combinations are allowed.
- The number of jumps within the combination cannot be more than five (5).
- It is mandatory to perform an Axel type jump that can be presented in combination.
- Axel and Doubles cannot be presented more than twice. If presented twice, one (1) MUST be in combination.
- The same single rotation jump cannot be presented more than three (3) times.
- In the program, there MUST be at least one (1) Toe Loop element (single or Double).

Spins:

- Two (2) spin elements MUST be performed. One (1) of them MUST be a combination spin up to four (4) positions. Broken Ankle, Heel, and Inverted are NOT allowed. The two (2) spins MUST be different.

Footwork Sequence:

- One (1) footwork sequence, Maximum Level 1, Maximum 30 seconds. The variety of steps and turns that can be counted towards the four (4) steps required for Level 1 are: Inside Three Turn, Outside Three Turn, Cross in Front, Open Mohawk, Travelling, Closed Mohawk (forward to backward) and Choctaw (forward to backward). There is no limit to the number of features attempted, however no features are required to be confirmed to achieve Level 1. To achieve a Level 1, four (4) turns or steps, chosen by the skater from the seven (7) listed above, MUST be confirmed and each type can ONLY be counted twice.

ARTISTIC INLINE

For a full list of regulations and specifications regarding the technical elements and associated levels for each grade, please refer to the relevant [World Skate Rules](#) for Artistic Skating Competitions Manuals.

REGIONAL ONLY INLINE GRADE

OPEN INLINE No age limit Mapped to Tots Inline	Long Programme only Time: 2:00 minutes +/- 10 seconds	No Medal Test Requirement
<p>Jumps: Maximum five (5) jumps are allowed - Maximum one (1) combination of two (2) jumps - ONLY one (1) rotation jumps, Waltz jump and single Axel are allowed, on their own or in combination. The same jump cannot be presented more than twice. If a jump is presented twice, at least one (1) of them MUST be in a combination.</p> <p>Spins: Maximum two (2) spin elements. - ONLY Upright, Sit or Camel positions are allowed. There MUST be one (1) spin of each of the following types: - One (1) Solo Spin - One (1) Combo Spin (Maximum three (3) positions). A position with the same base value (with the same foot and edge) cannot be presented more than twice. NOTE: In a Combo Spin, minimum two (2) rotations per position.</p> <p>Footwork Sequence: One (1) footwork sequence, Maximum Level 1, Maximum 30 seconds. To achieve Level 1, skaters MUST have one (1) of each of four (4) steps and turns confirmed: Cross in front, Inside Three Turn, Outside Three Turn, Open Mohawk.</p> <p>Choreographic Sequence: One (1) choreographic sequence, Maximum 30 seconds. It MUST include one (1) "clear" and "visible" skating element (Ina bauer, spread eagle, camel position, artistic upright position on one (1) foot, etc).</p>		

INLINE GRADES – NATIONAL AND INTERNATIONAL GRADES

*Refer to the World Skate 2024 Inline Regulations for set requirements.

TOTS INLINE 8 and 9 years old	Long Programme only* Time: 2:00 minutes +/- 10 seconds	Medal Test Requirement 2024: Inline Medal #1 (NZ Championships)
MINIS INLINE 10 and 11 years old	Long Programme only* Time: 2:30 minutes +/- 10 seconds	Medal Test Requirement 2024: Inline Medal #2 (NZ Championships)
ESPOIR INLINE 12 and 13 years old	Long Programme only* Time: 3:00 minutes +/- 10 seconds	Medal Test Requirement 2024: Inline Medal #3 (NZ Championships)
CADET INLINE 14 and 15 years old	Short Programme* Time: 2:30 minutes +/- 5 seconds Long Programme* Time: 3:30 minutes +/- 10 seconds	Medal Test Requirement 2024: Inline Medal #3 (NZ Championships) 2024: Inline Medal #5 (Oceania event)
YOUTH INLINE 16 years old	Short Programme* Time: 2:30 minutes +/- 5 seconds Long Programme* Time: 3:30 minutes +/- 10 seconds	Medal Test Requirement 2024: Inline Medal #4 (NZ Championships) 2024: Inline Medal #6 (Oceania event)
JUNIOR INLINE 17 and 18 years old	Short Programme* Time: 2:45 minutes +/- 5 seconds Long Programme* Time: 4:00 minutes +/- 10 seconds	Medal Test Requirement 2024: Inline Medal #4 (NZ Championships) 2024: Inline Medal #6 (Oceania event) 2024: Inline Medal #7 (International)
Skaters who are at least 12 before the 1st of January in the year of the World Skate ATC Championships will be eligible to skate Junior (ie: have turned 12 in the year preceding the competition year), on application and provided they meet all medal test requirements.		
SENIOR INLINE 19 years old and over	Short Programme* Time: 2:45 minutes +/- 5 seconds Long Programme* Time: 4:00 minutes +/- 10 seconds	Medal Test Requirement 2024: Inline Medal #5 (NZ Championships) 2024: Inline Medal #7 (Oceania event) 2024: Inline Medal #8 (International)
Skaters who are at least 12 before the 1st of January in the year of the World Skate ATC Championships will be eligible to skate Senior (ie: have turned 12 in the year preceding the competition year), on application and provided they meet all medal test requirements.		

FREESKATING PAIRS

*For a full list of regulations and specifications regarding the technical elements and associated levels for each grade, please refer to the relevant [World Skate Rules](#) for Artistic Skating Competitions Manuals **2024**.

TOTS FREE PAIRS 8 and 9 years old	Long Programme* Time: 2:00 minutes +/- 10 seconds	Medal Test Requirement 2024: Free Pairs Medal #1 (NZ Championships)
MINIS FREE PAIRS 10 and 11 years old	Long Programme only* Time: 2:30 minutes +/- 10 seconds	Medal Test Requirement 2024: Free Pairs Medal #1 (NZ Championships)
ESPOIR FREE PAIRS 12 and 13 years old	Short Programme* Time: 2:15 minutes +/- 5 seconds Long Programme Time: 3:00 minutes +/- 10 seconds	Medal Test Requirement 2024: Free Pairs Medal #1 (NZ Championships)
PRELIMINARY FREE PAIRS 10 years old and over Mapped to Espoir Basic	Long Programme only Time: 2:30 minutes +/- 10 seconds	Medal Test Requirement 2024: Free Pairs Medal #1 (NZ Championships)
<p>Jumps:</p> <ul style="list-style-type: none"> • One (1) side by side jump (solo, not in combo). Only single jumps are allowed including the Waltz Jump. <p>Spins:</p> <ul style="list-style-type: none"> • One (1) contact spin (one (1) position) selected from uprights • One (1) side by side one position spin. Selected from uprights and sit positions • One contact figure with base value of 2.0. LIFTS ARE NOT ALLOWED <p>Footwork Sequence:</p> <ul style="list-style-type: none"> • One (1) footwork sequence maximum level 1 (Max. 30 seconds). The four (4) steps and turns that will be counted towards the level include: Cross in front, Inside Three Turn, Outside Three turn, Open Mohawk, traveling (one clockwise and one anticlockwise allowed). 		
INTERMEDIATE FREE PAIRS 15 years old and over Mapped to Cadet Basic	Long Programme only Time: 2:30 minutes +/- 10 seconds	Medal Test Requirement 2024: Free Pairs Medal #1 (NZ Championships)
<p>Jumps:</p> <p>One (1) Throw Jump OR one (1) Twist Jump of maximum one (1) revolution</p> <ul style="list-style-type: none"> • One (1) side by side jump (solo, not in combo). Only single jumps, single Axel and double jumps are allowed. <p>Spins:</p> <ul style="list-style-type: none"> • One (1) contact spin (one (1) position). Impossible Camel, Impossible Sit and Reverse Layover are not allowed. • One (1) side by side one position spin. Heel, Broken and Inverted are not allowed. • One (1) Spiral: angel (camel) BO. • One (1) lift: one (1) position lift (No overhead lifts allowed. No more than four (4) rotations of the man). <p>Footwork Sequence:</p> <ul style="list-style-type: none"> • One (1) footwork sequence maximum level 1 (Max. 30 seconds). 		

OPEN FREE PAIRS 15 years old and over Mapped to Senior Basic	Long Programme only Time: 3:30 minutes +/- 10 seconds	Medal Test Requirement 2024: Free Pairs Medal #1 (NZ Championships)
<p>Jumps:</p> <ul style="list-style-type: none"> • One (1) Throw Jump OR one (1) Twist Jump of maximum two (2) revolutions. • One (1) side by side jump, Solo or Combo of Maximum four (4) jumps including the connecting jumps. Only single jumps, single Axel and double jumps are allowed. Single rotation connecting jumps will be called as NJ and receive no value. <p>Spins:</p> <ul style="list-style-type: none"> • One (1) contact spin (one (1) position). Impossible Camel, Impossible Sit and Reverse Layover are not allowed. • One (1) side by side one position spin. All spins are permitted except Broken and Inverted. • One (1) Spiral: angel (camel) BO or Death Spiral (outside). • One (1) lift: one (1) position lift (no more than four (4) rotations of the man. Reverse Cartwheel (all types) and Spin Pancake are not allowed. <p>Footwork Sequence:</p> <ul style="list-style-type: none"> • One (1) footwork sequence, Maximum Level 2, Maximum 30 seconds. 		
CADET FREE PAIRS 14 and 15 years old	Short Programme* Time: 2:30 minutes +/- 5 seconds Long Programme* Time: 3:45 minutes +/- 10 seconds	Medal Test Requirement 2024: Free Pairs Medal #1 (NZ Championships) 2024: Free Pairs Medal #1 (Oceania event)
YOUTH FREE PAIRS 16 years old	Short Programme Time: 2:30 minutes +/- 5 seconds Long Programme* Time: 4:00 minutes +/- 10 seconds	Medal Test Requirement 2024: Free Pairs Medal #1 (NZ Championships) 2024: Free Pairs Medal #1 (Oceania event)
JUNIOR FREE PAIRS 17 and 18 years old	Short Programme* Time: 3:00 minutes +/- 5 seconds Long Programme* Time: 4:30 minutes +/- 10 seconds	Medal Test Requirement 2024: Free Pairs Medal #1 (NZ Championships) 2024: Free Pairs Medal #2 (Oceania event) 2024: Free Pairs Medal #3 (International)
Skaters who are at least 12 before the 1st of January in the year of the World Skate ATC Championships will be eligible to skate Junior (ie: have turned 12 in the year preceding the competition year), on application and provided they meet all medal test requirements.		
SENIOR FREE PAIRS 19 years old and over	Short Programme* Time: 3:00 minutes +/- 5 seconds Long Programme* Time: 4:30 minutes +/- 10 seconds	Medal Test Requirement 2024: Free Pairs Medal #1 (NZ Championships) 2024: Free Pairs Medal #2 (Oceania event) 2024: Free Pairs Medal #3 (International)
Skaters who are at least 12 before the 1st of January in the year of the World Skate ATC Championships will be eligible to skate Senior (ie: have turned 12 in the year preceding the competition year), on application and provided they meet all medal test requirements.		

*For a full list of regulations and specifications regarding the technical elements and associated levels for each grade, please refer to the relevant requirements refer to [World Skate Regulations](#) for Artistic Skating Competitions Manuals 2024.

PRECISION SKATING

Please refer to [World Skate Official Regulation Precision](#) for full rules, information and definitions, please refer to this live document regularly due to World Skate updates.

NATIONAL MINI PRECISION TEAMS

<p>OPEN MINI PRECISION 4 – 8 skaters of any age, Mapped to Junior for RollArt for scoring framework purposes only. REQUIRED ELEMENTS 2024</p> <p>One(1) Block - Linear One(1) Circle - Rotating One(1) Intersection One(1) Move Element One(1) No Hold Element</p>	<p>Time: 2:00 to 3:00 minutes</p>	<p>Medal Test Requirement 2024: Precision Medal #1 (NZ Championships)</p>
<p>MASTERS MINI PRECISION 4 – 8 skaters, 21 years old and over, Mapped to Junior for RollArt for scoring framework purposes only. REQUIRED ELEMENTS 2024</p> <p>One(1) Block - Linear One(1) Circle - Rotating One(1) Intersection One(1) Move Element One(1) No Hold Element</p>	<p>Time: 2:00 to 3:00 minutes</p>	<p>Medal Test Requirement 2024: Precision Medal #1 (NZ Championships)</p>

REGIONALS ONLY PRECISION TEAMS

<p>NOVICE PRECISION 8 – 16 skaters of any age, Mapped to Junior for RollArt for scoring framework purposes only. <u>REQUIRED ELEMENTS 2024</u></p> <p>One(1) Block - Linear One(1) Circle-Rotating One(1) Intersection</p>	<p>Time: 2:00 to 3:00 minutes</p>	<p>No Medal Test Requirement</p>
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NATIONAL AND INTERNATIONAL PRECISION TEAMS

All participants **MUST** belong to a club, which is a member of a National Federation. Groups may consist of individuals belonging to different clubs. All participants **MUST** be approved by the Federation.

<p>OPEN PRECISION 8 – 16 skaters of any age, Mapped to Junior for RollArt for scoring framework purposes only. <u>REQUIRED ELEMENTS 2024</u></p> <p>One (1) Block - Linear One (1) Circle - Rotating One (1) Intersection One (1) Move Element One (1) No Hold Element</p>	<p>Time: 2:00 to 3:00 minutes</p>	<p>Medal Test Requirement 2024: Precision Medal #1 (NZ Championships)</p>
<p>MASTERS PRECISION 8 – 20 skaters, 21 years old and over, Mapped to Junior for RollArt for scoring framework purposes only. <u>REQUIRED ELEMENTS 2024</u></p> <p>One (1) Block - Linear One (1) Circle - Rotating One (1) Intersection One (1) Move Element One (1) No Hold Element</p>	<p>Time: 2:00 to 3:00 minutes</p>	<p>Medal Test Requirement 2024: Precision Medal #1 (NZ Championships)</p>
<p>JUNIOR PRECISION 16 skaters (Maximum 4 reserves) 12 year old to 18 years old REQUIREMENTS - For further detail, refer to <u>World Skate Regulations</u></p>	<p>Time: 4:00 mins +/- 10 secs</p>	<p>Medal Test Requirement 2024: Precision Medal #4 (NZ Championships) 2024: Precision Medal #6 (Oceania event) 2024: Precision Medal #7 (International)</p>
<p>SENIOR PRECISION 16 skaters (Maximum 4 reserves) 12 years old and over REQUIREMENTS - For further detail, refer to <u>World Skate Regulations</u></p>	<p>Time: 4:30 mins +/- 10 secs</p>	<p>Medal Test Requirement 2024: Precision Medal #5 (NZ Championships) 2024: Precision Medal #7 (Oceania event) 2024: Precision Medal #8 (International)</p>

SHOW and GROUP SKATING

INTERNATIONAL SHOW EVENTS

Large Groups, Small Groups, Junior Groups, Senior Quartets, Junior Quartets and Cadet Quartets

For the ages the Show will follow the same as the other disciplines (except Cadet – see table below).

CATEGORY	AGE
Cadet	12 years old to 15 years old
Junior	12 years old to 18 years old
Senior	12 years old and over

All participants MUST belong to a club, which is a member of a National Federation. Groups may consist of individuals belonging to different clubs.

Note: Application for re-grading due to quartet skaters abilities, regardless of age, will be considered on application to the Artistic Committee.

Please refer to [World Skate Official Regulation - Show](#) for complete rules, requirements and explanations.

QUARTETS

INTERNATIONAL QUARTETS

<p>CADET QUARTET 4 skaters (Maximum 1 reserve) 12 years old to 15 years old</p> <p>REQUIREMENTS - For further detail, refer to World Skate Regulations</p>	<p>Time: 3:00 mins +/- 10 secs</p>	<p>Medal Test Requirement 2024: Artistic Medal (any discipline) #3 (NZ Championships) 2024: Artistic Medal (any discipline) #5 (Oceania event)</p>
<p>JUNIOR QUARTET 4 skaters (Maximum 1 reserve) 12 years old to 18 years old</p> <p>REQUIREMENTS - For further detail, refer to World Skate Regulations</p>	<p>Time: 3:15 mins +/- 10 secs</p>	<p>Medal Test Requirement 2024: Artistic Medal (any discipline) #4 (NZ Championships) 2024: Artistic Medal (any discipline) #6 (Oceania event) 2024: Artistic Medal (any discipline) #7 (International)</p>
<p>SENIOR QUARTET 4 skaters (Maximum 1 reserve) 12 years old and over</p> <p>REQUIREMENTS - For further detail, refer to World Skate Regulations</p>	<p>Time: 3:15 mins +/- 10 secs</p>	<p>Medal Test Requirement 2024: Artistic Medal (any discipline) #5 (NZ Championships) 2024: Artistic Medal (any discipline) #7 (Oceania event) 2024: Artistic Medal (any discipline) #8 (International)</p>

NATIONAL QUARTETS

OPEN QUARTET

4 skaters (Maximum 1 reserve)
No Age Restrictions
Mapped to Cadet

Time: 3:00 mins +/- 10
secs

Medal Test Requirement

2024: Artistic Medal (any discipline) #1
(NZ Championships)

REQUIRED ELEMENTS 2024

One (1) Canon Element - Max Level 2
One (1) Traveling Sequence - Max Level 2
One (1) Creative Element - Max Level 2

REGIONALS ONLY QUARTETS

NOVICE QUARTET

4 skaters (Maximum 1 reserve)
No Age Restrictions
Mapped to Cadet for RollArt for scoring
framework purposes only.

Time: 3:00 mins +/- 10
secs

No Medal Test Requirement

REQUIRED ELEMENTS 2024

One (1) Canon Element - Max Level 1
One (1) Traveling Sequence - Max Level 1
One (1) Creative Element - Max Level 1

SHOW GROUPS

INTERNATIONAL SHOW GROUPS

Refer to [World Skate rules](#)

<p>LARGE SHOW GROUPS 12 years old and over 16 – 30 skaters (max 4 reserves)</p>	<p>Time: 4:30 to 5:00 minutes +/- 10 seconds</p>	<p>Medal Test Requirement 2024: Artistic Medal (any discipline) #1 (NZ Championships) 2024: Artistic Medal (any discipline) #4 (Oceania event) 2024: Artistic Medal (any discipline) #5 (International)</p>
<p>SMALL SHOW GROUPS 12 years old and over 6 – 12 skaters (max 2 reserves)</p>	<p>Time: 4:30 to 5:00 minutes +/- 10 seconds</p>	<p>Medal Test Requirement 2024: Artistic Medal (any discipline) #1 (NZ Championships) 2024: Artistic Medal (any discipline) #4 (Oceania event) 2024: Artistic Medal (any discipline) #5 (International)</p>
<p>JUNIOR SHOW GROUPS 12 years old to 18 years old 8 – 16 skaters (max 2 reserves)</p>	<p>Time: 3:30 to 4:00 minutes +/- 10 seconds</p>	<p>Medal Test Requirement 2024: Artistic Medal (any discipline) #1 (NZ Championships) 2024: Artistic Medal (any discipline) #4 (Oceania event) 2024: Artistic Medal (any discipline) #5 (International)</p>

NATIONAL SHOW GROUPS

<p>OPEN SMALL SHOW GROUPS 6 – 15 skaters (max 2 reserves) No Age Restrictions</p>	<p>Time: 3:30 to 4:00 minutes</p>	<p>Medal Test Requirement 2024: Artistic Medal (any discipline) #1 (NZ Championships)</p>
<p>OPEN LARGE SHOW GROUPS 16 – 30 skaters (max 2 reserves) No Age Restrictions</p>	<p>Time: 3:30 to 4:00 minutes</p>	<p>Medal Test Requirement 2024: Artistic Medal (any discipline) #1 (NZ Championships)</p>