

## Artistic Requirements

### New Zealand Grades 2026 V1

NZ NON-FEDERATED GRADES (transition grade from Kiwi Skate to Star Skate) FIGURES, SOLO DANCE, FREESKATING			
Whetū A Under 10 years old			
Whetū B	10 to 13 years old		
Whetū C	14 years old and over		
NZ DOME	STIC REGIONALS ONLY AGE GRADES		
New Entrants	Under 8 years old		
Novice 1 and 2 Novice Solo Free Dance	8 to 14 years old 8 years old and over		
Adult 1 and 2 15 years old and over			
NZ NATIONAL AGE	NZ NATIONAL AGE GRADES - FIGURES AND COMPULSORY DANCE		
Tuatahi	10 years old and over		
Kaiaka	12 years old and over		
Mātanga	tanga 14 years old and over		
Masters  25 years old and over (NZ) 30 years old and over (Pacific Cup) 21 years old and over - Freeskating (NZ & Pacific Cu			
Advanced Masters	21 years old and over (NZ) 30 years old and over (Pacific Cup)		
NZ NATIONAL AGE GRADES - LOOPS, FREEDANCE, FREESKATING AND FREE PAIRS			
Tuatahi	10 years old and over		
Mātanga	ātanga 14 years old and over		

The age in the list above refers to the age the skater is turning in the year of the competition (that is, in the calendar year being; 1st January through to and including the 31st of December. NZARSC aligns with the <u>World Skate Regulations</u>.

## Translation for new Domestic Grade names

**Whetū:** Kiwi Skate Whetū is a new Kiwi Skate level created to be a bridge between Kiwi Skate & Star Skate to help ease the transition from learn to skate and into potentially competitive grades. Whetū means star. It is fitting as this level was created for skaters looking to transcend the Kiwi Skate programme, and begin their journey through Star Skate which draws inspiration from matariki and the way Māori utilise the stars to guide them through challenging journeys. (See Star Skate manual for a more detailed description of this relationship). It is also a reminder that, regardless of future endeavors, any skater who completes the Kiwi Skate programme is a super star!

**Tuatahi:** Broadly, Tuatahi means first. It is often used to indicate that something is the first within a sequence or order. In our context, the grade 'tuatahi' indicates the first of a skater's progression through the grade pathways and marks the beginning of their long-term skating journey.

**Kaiaka:** As an adjective, kaiaka means proficient/skilled. It describes a group of skaters who are becoming proficient and practised, and are working towards mastering more advanced skills. As a noun, kaiaka is also used to mean athlete or refer to athletic pursuits. At this point in a skater's journey, they are often dedicating more time to training and beginning to learn what it means to be an athlete within their body and mind. It is special and very fitting to have this part of their journey reflected within the grade name.

**Mātanga:** As a general noun, mātanga refers to an experienced person. In our context, the grade 'mātanga' is the most advanced within the domestic framework, and this name reflects the hard work and mastered skills of the skaters in this grade.

Often, you will see 'mātanga' used in an occupational setting as a noun modifier to describe consultants, scientists, doctors and other medical professionals. It is interesting that although these people are all being recognised as 'experts', it is within fields that are constantly evolving and therefore require consistent upskilling. This is an important kaupapa (philosophy) that is reflected in our mātanga grade. Although skaters have made it to this level, and may not aspire to transition into an international pathway, there will still always be room to build on their expertise as our sport, and athletes within it, evolves. Mātanga is not an end point in a skater's journey, but a recognition of how far they have come alongside the opportunity for continued improvement.

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## **WORLD SKATE GRADES**

## MEDAL TEST REQUIREMENTS

Figures, Solo Dance, Couples Dance, Freeskating, Inline				
World Skate Grade	New Zealand Championships	Oceania Events	International Events	
Tots	Discipline Specific Medal #1			
Minis	Discipline Specific Medal #2			
Espoir	Discipline Specific Medal #3			
Cadet	Discipline Specific Medal #3	Discipline Specific Medal #3		
Youth	Discipline Specific Medal #4	Discipline Specific Medal #4		
Junior	Discipline Specific Medal #4	Discipline Specific Medal #4	Discipline Specific Medal #7	
Senior	Discipline Specific Medal #5	Discipline Specific Medal #5	Discipline Specific Medal #8	

Freeskating Pairs			
World Skate Grade	New Zealand Championships	Oceania Events	International Events
Tots	Free Pairs Medal #1		
Minis	Free Pairs Medal #1		
Espoir	Free Pairs Medal #1		
Cadet	Free Pairs Medal #1	Free Pairs Medal #1	
Youth	Free Pairs Medal #1	Free Pairs Medal #1	
Junior	Free Pairs Medal #1	Free Pairs Medal #1	Free Pairs Medal #3
Senior	Free Pairs Medal #1	Free Pairs Medal #1	Free Pairs Medal #3

Precision			
World Skate Grade	New Zealand Championships	Oceania Events	International Events
Junior	Precision Medal #4	Precision Medal #4	Precision Medal #7
Senior	Precision Medal #5	Precision Medal #5	Precision Medal #8

Quartet			
World Skate Grade	New Zealand Championships	Oceania Events	International Events
Cadet	Any Medal Test #3	Any Medal Test #3	
Junior	Any Medal Test #4	Any Medal Test #4	Any Medal Test #7
Senior	Any Medal Test #5	Any Medal Test #5	Any Medal Test #8

Show			
World Skate Grade	New Zealand Championships	Oceania Events	International Events
Large	Any Medal Test #1	Any Medal Test #1	Any Medal Test #5
Small	Any Medal Test #1	Any Medal Test #1	Any Medal Test #5
Junior	Any Medal Test #1	Any Medal Test #1	Any Medal Test #5

2026 World Skate Grade Requirements: Link

## **FIGURES**

## **NON-FEDERATED GRADES**

Non-Federated Grade Recommendations for leagues and open competitions based on Kiwi Skate Whetū

	ETŪ FIGURES	No Medal Test Requirement	
Whetū A: Under 10 years old Whetū B: 10 years old to 13 years old			
Whetū C: 14 years old and over Mapped to Kiwi Skate Whetū			
Group 1			
- FO Field Edges			
Note:	Note: A rolling start will be accepted. Maximum of three (3) steps prior to strike zone on initial strike.		

### REGIONAL ONLY FIGURE GRADES

REGI	REGIONAL ONLY FIGURE GRADES			
	ENTRANTS FIGURES years old	No Medal Test Requirement		
2 circuit	s per figure			
Group 1				
	RFO – LFO Eight RFO – LFO Change Eight			
Note: A	rolling start will be accepted with a max of thre	e (3) steps before the strike zone on the initial strike.		
	CE 1 FIGURES old to 14 years old	No Medal Test Requirement		
2 circuit	s per figure			
Group 1				
1c	RFO – LFO Eight RFOI – LFOI Half Eight RFI – LFI Eight	NOTE: a or c refers to a right-foot start.		
	CE 2 FIGURES	No Medal Test Requirement		
8 years o	old to 14 years old			
2 circuit	s per figure			
Group 1				
	RBO – LBO Eight FOI – FIO Change Eight RFO – LFO Threes			
	T 1 FIGURES old and over	No Medal Test Requirement		
2 circuit	s per figure			
Group 1				
1c	RFO – LFO Eight RFOI – LFOI Half Eight RFI – LFI Eight	NOTE: a or c refers to a right-foot start.		
	Skaters who are under 50 years of age and have competed in any discipline at either Junior or Senior World Championships MUST skate in Advanced Masters Figures NOT Adult Figures.			
	T 2 FIGURES	No Medal Test Requirement		
	old and over			
	s per figure	_		
Group 1				
3a 5a/b 2a	RBO – LBO Eight FOI – FIO Change Eight RFI – LFI Eight			

## NATIONAL AND INTERNATIONAL FIGURE GRADES

TUATAHI FIGURES 10 years old and over 2 circuits per figure		Medal Test Requirement: 2026: Figure Medal #2 (NZ Championships)	
Group 1		Group 2	
3a/b 8a/b 11a	BO - BO Eight FO - BI Threes RFI - LFI Double Threes	4a/b 9a/b 10a	BI - BI Eight FI - BO Threes RFO - LFO Double Threes

KAIAKA FIGURES 12 years old and over 2 circuits per figure		Medal Test Requirement: 2026: Figure Medal #2 (NZ Championships)	
Group 1		Group 2	
10a 19a/b 26a/b	RFO - LFO Double Threes FI - BO Brackets FOI - BOI Change Threes	11a 18a/b 27a/b	RFI - LFI Double Threes FO - BI Brackets FIO - BIO Change Threes

MĀTANGA FIGURES  14 years old and over  2 circuits per figure		Medal Test Requirement: 2026: Figure Medal #3 (NZ Championships)	
Group 1		Group 2	
20a/b 29a/b 32a/b	FO - BO Rockers BOI - BIO Change Double Threes FOI - BOI Change Brackets	23a/b 36a/b 33a/b	FI - BI Counters FO - FI Paragraph Double Threes FIO - BIO Change Brackets

ADVANCED MASTERS FIGURES	Medal Test Requirement:
21 years old and over – NZ events 30 years old and over – Pacific Cup events	2026: Figure Medal #2 (NZ Championships) 2026: Figure Medal #2 (Pacific Cup)

Masters skaters who are under 50 years of age and have competed in any discipline at either Junior or Senior World Championships MUST skate in Advanced Masters.

### 3 circuits per figure/loop circle

Group 1		Group 2	
3a/b	BO - BO Eight	5a/b	FOI - FIO Change Eight FI - BO Threes FO - FO Loop Circle
5a/b	FOI - FIO Change Eight	9a/b	
9a/b	FI - BO Threes	114a/b	

### **MASTERS FIGURES**

25 years old and over – NZ events 30 years old and over – Pacific Cup events

#### **Medal Test Requirement:**

**2026:** Figure Medal #1 (NZ Championships) **2026:** Figure Medal #1 (Pacific Cup)

Masters skaters who are under 50 years of age and have competed in any discipline at either Junior or Senior World Championships MUST skate in Advanced Masters.

#### 3 circuits per figure

NOTE: a or c refers to a right foot start, b or d refers to a left foot start (eg, 1c RFOI - LFOI Half Eight).

Group 1		Group 2	
1a/b	FO - FO Eight	2a/b	FOI - FOI Half Eight
2c/d	FIO - FIO Half Eight		FI - FI Eight
5a/b	FOI - FIO Change Eight		FOI - FIO Change Eight

## NATIONAL LOOP GRADES

Loop events shall consist of any skaters who are NOT skating Senior Figures in that year.

TUATAHI LOOPS 10 years old and over		Medal Test Requirement: 2026: Figure Medal #3 (NZ Championships)
2 circui	ts per loop	
Group	I	
14a 15a 30a/b	RFO – LFO Loops RFI – LFI Loops FOI – FIO Change Loops	

MĀTANGA LOOPS 14 years old and over 2 circuits per loop		<b>I</b>	Medal Test Requirement: 2026: Figure Medal #5 (NZ Championships)		
Group 1		Group 2	Group 2		
16a 31a/b 38a/b	RBO – LBO Loops BOI – BIO Change Loops FO – FI Paragraph Loops	17a RBI – LBI Loops 31a/b BOI – BIO Change Loops 38a/b FO – FI Paragraph Loops			
Note: Skaters competing in Cadet, Youth and Junior Grades may also skate Mātanga Loops only.					

## **SOLO DANCE**

### **NON-FEDERATED GRADES**

Non-Federated Grade Recommendations for leagues and open competitions based on Kiwi Skate Whetū

Waltz Sequence	Tempo: 120 Waltz	1 sequence
	Waltz Sequence	Waltz Sequence Tempo: 120 Waltz

## REGIONAL ONLY SOLO DANCE COMPULSORY GRADES

NEW ENTRANTS SOLO DANCE Under 8 years old Mapped to Tots (for Rollart only) No Medal Test Requirement	Waltz Sequence	Tempo: 120 Waltz	2 sequences
NOVICE 1 SOLO DANCE 8 years old to 14 years old Mapped to Minis (for Rollart only) No Medal Test Requirement	Waltz Sequence	Tempo: 120 Waltz	2 sequences
	March Sequence	Tempo: 100 March	4 sequences
NOVICE 2 SOLO DANCE 8 years old to 14 years old Mapped to Minis (for Rollart only) No Medal Test Requirement	City Blues	Tempo: 88 Blues	4 sequences
	AND Foxtrot	Tempo: 104 Foxtrot	4 sequences
ADULT 1 SOLO DANCE 15 years old and over Mapped to Minis (for Rollart only) No Medal Test Requirement	Waltz Sequence	Tempo: 120 Waltz	2 sequences
	March Sequence	Tempo: 100 March	4 sequences
ADULT 2 SOLO DANCE 15 years old and over Mapped to Minis (for Rollart only) No Medal Test Requirement	City Blues	Tempo: 88 Blues	4 sequences
	AND Foxtrot	Tempo: 104 Foxtrot	4 sequences

### REGIONAL ONLY SOLO FREE DANCE GRADE

### **NOVICE SOLO FREE DANCE**

8 years old and over Mapped to Tots (for Rollart only) Time: 2:00 minutes +/- 10 seconds

#### No Medal Test Requirement

Artistic Sequence	Traveling	Choreo Stop	
Maximum Level 1	Maximum Level 1	Yes	
Maximum 30 seconds	Maximum 15 seconds	Maximum 15 seconds	

- Artistic Sequence The four (4) steps and turns that will be counted towards the level are:
  - Inside Three Turn
  - o Outside Three Turn
  - Open Mohawk
  - Traveling (one clockwise, one counter-clockwise allowed to be performed, only one (1) will be counted toward the level).
- To achieve a Level 1, four (4) turns or steps MUST be confirmed (each type can ONLY be counted twice) AND one (1) skating element from those available for an artistic sequence, OR one (1) body movement from low, mid or high.

### NATIONAL AND MASTERS SOLO DANCE GRADES

TUATAHI SOLO DANCE  10 years old and over Mapped to Espoir Intermediate  Medal Test Requirement:  2026: Solo Dance Medal #2 (NZ Championships)	Olympic Foxtrot	Tempo: 104 Foxtrot	4 sequences
	La Vista Cha Cha	Tempo: 108 Cha Cha	4 sequences
KAIAKA SOLO DANCE  12 years old and over Mapped to Cadet Intermediate  Medal Test Requirement:  2026: Solo Dance Medal #2 (NZ Championships)	Roller Samba	Tempo: 104 Samba	4 sequences
	Kinder Waltz	Tempo: 120 Waltz	4 sequences
MĀTANGA SOLO DANCE  14 years old and over Mapped to Senior Basic  Medal Test Requirement:  2026: Solo Dance Medal #3 (NZ Championships)	Starlight Waltz Italian Foxtrot (Solo Pattern)	Tempo: 168 Waltz Tempo: 96 Foxtrot	2 sequences 2 sequences
ADVANCED MASTERS SOLO	Princeton Polka	Tempo: 100 Polka	4 sequences

# ADVANCED MASTERS SOLO DANCE

21 years old and over - NZ events 30 years old and over - Pacific Cup events Mapped to Espoir

#### **Medal Test Requirement:**

**2026:** Solo Dance Medal #2 (NZ Championships)

2026: Solo Dance Medal #2 (Pacific Cup)

### **Princeton Polka**

(Solo Pattern, Womens Steps)
Little Waltz

Tempo: 100 Polk

Tempo: 132 Waltz

2 sequences

- Masters skaters who are under 50 years of age and have competed in any discipline at either Junior or Senior World Championships MUST nominate in the Advanced Masters grade, if available in the discipline. Otherwise they may compete in the Masters category. Dispensation to compete in Masters grade may be requested to the Artistic Committee for reasons which compromise ability to perform at Advanced Masters level.
- Skaters can skate in Advanced Masters for Compulsories and Masters for Free Dance, or Masters Style Dance, but NOT both – provided they meet the requirements as far as having skated at a previous Junior or Senior World Championship and also the age and medal tests requirements as indicated. This applies to New Zealand events and Pacific Cup.

MASTERS SOLO DANCE 25 years old and over - NZ events 30 years old and over - Pacific Cup events Mapped to Minis	American March Dutch Waltz (2024)	Tempo: 100 March Tempo: 120 Waltz	4 sequences 4 sequences
Medal Test Requirement: 2026: Solo Dance Medal #1 (NZ Championships) 2026: Solo Dance Medal #1 (Pacific Cup)			

- Masters skaters who are under 50 years of age and have competed in any discipline at either Junior or Senior World Championships MUST nominate in the Advanced Masters grade, if available in the discipline. Otherwise they may compete in the Masters category. Dispensation to compete in Masters grade may be requested to the Artistic Committee for reasons which compromise ability to perform at Advanced Masters level.
- Skaters can skate in Masters for Compulsories and Masters for Free Dance, or Masters Style Dance, but NOT both – provided they meet the requirements as far as having skated at a previous Junior or Senior World Championship and also the age and medal tests requirements as indicated. This applies to New Zealand events and Pacific Cup.

#### MASTERS SOLO STYLE DANCE

25 years old and over - NZ events 30 years old and over - Pacific Cup events Mapped to Youth Intermediate Style

#### Medal Test Requirement:

**2026:** Solo Dance Medal #1 (NZ Championships)

2026: Solo Dance Medal #1 (Pacific Cup)

Time: 2:30 minutes +/- 10 seconds

Theme: Strictly Ballroom

#### Requirements:

- Pattern Dance: Dutch Waltz (2024) 120 Waltz
   2 sequences one (1) circuit of the floor
- Dance Step Sequence: Maximum Level 2, Maximum 30 seconds
- Choreo Stop: Maximum 15 seconds
- Masters skaters who are under 50 years of age and have competed in any discipline at either Junior or Senior World Championships MUST nominate in the Advanced Masters grade, if available in the discipline. Otherwise they may compete in the Masters category. Dispensation to compete in Masters grade may be requested to the Artistic Committee for reasons which compromise ability to perform at Advanced Masters level.
- Skaters can skate in Masters for Compulsories and Masters for Free Dance, or Masters Style Dance, but NOT both – provided they meet the requirements as far as having skated at a previous Junior or Senior World Championship and also the age and medal tests requirements as indicated. This applies to New Zealand events and Pacific Cup. Masters and Advanced Masters skaters are expected to focus on QOE scores rather than level achievements.

### NATIONAL AND MASTERS SOLO FREE DANCE GRADES

#### **TUATAHI SOLO FREE DANCE**

10 years old and over Mapped to Espoir Intermediate

**Medal Test Requirement:** 

2026: Solo Dance Medal #2 (NZ Championships)

Time: 2:30 minutes +/- 10 seconds

Note: This event is separate from the Tuatahi Compulsory

Solo Dance event.

Artistic Sequence	Dance Step Sequence	Traveling	Choreo Sequence
Maximum Level 1	Maximum Level 1	Maximum Level 1	Yes
Maximum 30 seconds	Maximum 30 seconds	Maximum 15 seconds	Maximum 30 seconds

### MATANGA SOLO FREE DANCE

14 years old and over

Mapped to Senior Intermediate

**Medal Test Requirement:** 

2026: Solo Dance Medal #3 (NZ Championships)

Time: 3:30 minutes +/- 10 seconds

Note: This event is separate from the Mātanga Compulsory

Solo Dance event.

Footwork Sequence	Dance Step Sequence	Traveling	Choreo Sequence	Cluster
Maximum Level 3	Maximum Level 3	Maximum Level 3	Yes	Maximum
Maximum 40 seconds	Maximum 30 seconds	Maximum 15 seconds	Maximum 30 seconds	Level 3

#### MASTERS SOLO FREE DANCE

21 years old and over - NZ events 30 years old and over - Pacific Cup events Mapped to Espoir Basic

**Medal Test Requirement:** 

**2026:** Solo Dance Medal #2 (NZ Championships)

2026: Solo Dance Medal #2 (Pacific Cup)

<b>Time:</b> 2:3	0 minutes +/-	- 10 seconds
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Artistic Sequence	Dance Step Sequence	Traveling	Choreo Sequence
Maximum Level 2 Maximum 30 seconds	Maximum Level 2 Maximum 30 seconds	Maximum Level 2 Maximum 15 seconds	Yes Maximum 30 seconds

- Masters skaters who are under 50 years of age and have competed in any discipline at either Junior or Senior World Championships MUST nominate in the Advanced Masters grade, if available in the discipline. Otherwise they may compete in the Masters category. Dispensation to compete in Masters grade may be requested to the Artistic Committee for reasons which compromise the ability to perform at Advanced Masters level.
- Skaters can skate in Masters for Compulsories and Masters for Free Dance, or Masters Style Dance, but NOT both provided they meet the requirements as far as having skated at a previous Junior or Senior World Championship and also the age and medal tests requirements as indicated. This applies to New Zealand events and Pacific Cup. Masters and Advanced Masters skaters are expected to focus on QOE scores rather than level achievements.

## **COUPLES DANCE**

## REGIONAL ONLY COUPLES COMPULSORY DANCE GRADES

No Medal Test Requirement  Couples in this grade may be any two skaters re			
years old and over lapped to Minis	March Sequence	Tempo: 100 March Kilian Hold	4 sequences
NOVICE COUPLES DANCE	Waltz Sequence	Tempo: 120 Waltz	2 sequences

ADULT COUPLES DANCE	Waltz Sequence	Tempo: 120 Waltz	2 sequences
15 years old and over Mapped to Minis	March Sequence	Tempo: 100 March Kilian Hold	4 sequences
No Medal Test Requirement			

Couples in this grade may be any two skaters regardless of gender.

Skaters who are under 50 years of age and have competed in any discipline at either Junior or Senior World Championships MUST skate in Advanced Masters.

## NATIONAL AND MASTERS COUPLES COMPULSORY DANCE AND FREE DANCE GRADES - SEPARATE EVENTS

Note: These are all separate events

TUATAHI COUPLES COMPULSORY DANCE 10 years old and over Mapped to Espoir Basic  Medal Test Requirement:	Olympic Foxtrot	Tempo: 104 Foxtrot	4 sequences
	La Vista Cha Cha	Tempo: 108 Cha Cha	4 sequences
2026: Dance Couples Medal #2 (NZ Championships)			

Couples in this grade may be any two skaters regardless of gender.

### **TUATAHI COUPLES FREE DANCE**

10 years old and over Mapped to Espoir Basic

**Medal Test Requirement:** 

**2026:** Dance Couples Medal #2 (NZ Championships)

Time: 2:15 minutes +/- 10 seconds

Dance Hold Footwork Sequence	No Hold Footwork Sequence	Traveling	Choreo Stop	Stationary Lift
Maximum Level 1	Maximum Level 1	Maximum Level 1	Yes	Maximum Level 1
Maximum 40 seconds	Maximum 30 seconds	Maximum 15 secs	Maximum 15 secs	

KAIAKA COUPLES COMPULSORY DANCE 12 years old and over Mapped to Cadet Basic	Roller Samba	Tempo: 104 Samba	4 sequences
	Kinder Waltz	Tempo: 120 Waltz	4 sequences
Medal Test Requirement: 2026: Dance Couples Medal #2 (NZ Championships)			

### KAIAKA COUPLES FREE DANCE

12 years old and over Mapped to Cadet Basic

**Medal Test Requirement:** 

**2026:** Dance Couples Medal #2 (NZ Championships)

Time: 2:30 minutes +/- 10 seconds

Dance Hold Footwork Sequence	No Hold Footwork Sequence	Traveling	Choreo Stop	Rotating Lift
Maximum Level 1	Maximum Level 1	Maximum Level 1	Yes	Maximum Level 1
Maximum 40 seconds	Maximum 30 seconds	Maximum 15 secs	Maximum 15 secs	

MĀTANGA COUPLES COMPULSORY DANCE	Starlight Waltz Italian Foxtrot	Tempo: 168 Waltz Tempo: 96 Foxtrot	2 sequences 2 sequences
14 years old and over Mapped to Senior Basic			
Medal Test Requirement: 2026: Dance Couples Medal #3 (NZ Championships)			

# MĀTANGA COUPLES FREE DANCE

14 years old and over Mapped to Senior Basic

**Medal Test Requirement:** 

**2026:** Dance Couples Medal #3 (NZ Championships)

Time: 3:30 minutes +/- 10 seconds

Dance Hold Footwork Sequence	No Hold Footwork Sequence	Traveling	Choreo Stop	Rotating Lift
Maximum Level 2	Maximum Level 2	Maximum Level 2	Yes	Maximum Level 2
Maximum 40 seconds	Maximum 30 seconds	Maximum 15 secs	Maximum 15 secs	

ADVANCED MASTERS COUPLES COMPULSORY DANCE 21 years old and over - NZ events 30 years old and over - Pacific Cup events Mapped to Espoir	Princeton Polka	Tempo: 100 Polka	4 sequences
	Little Waltz	Tempo: 132 Waltz	4 sequences
Medal Test Requirement: 2026: Dance Couples Medal #2 (NZ Championships) 2026: Dance Couples Medal #2 (Pacific Cup)			

- Masters skaters who are under 50 years of age and have competed in any discipline at either Junior or Senior World Championships MUST nominate in the Advanced Masters grade, if available in the discipline. Otherwise they may compete in the Masters category. Dispensation to compete in Masters grade may be requested to the Artistic Committee for reasons which compromise ability to perform at Advanced Masters level.
- Skaters can skate in Advanced Masters for Compulsories and Masters for Free Dance, or Masters Style Dance, but NOT both – provided they meet the requirements as far as having skated at a previous Junior or Senior World Championship and also the age and medal tests requirements as indicated. This applies to New Zealand events and Pacific Cup.

MASTERS COUPLES COMPULSORY DANCE	American March Dutch Waltz (2024)	Tempo: 100 March Tempo: 120 Waltz	4 sequences 4 sequences
25 years old and over - NZ events 30 years old and over - Pacific Cup events Mapped to Minis			
Medal Test Requirement: 2026: Dance Couples Medal #1 (NZ Championships)			

- Masters skaters who are under 50 years of age and have competed in any discipline at either Junior or Senior World Championships MUST nominate in the Advanced Masters grade, if available in the discipline. Otherwise they may compete in the Masters category. Dispensation to compete in Masters grade may be requested to the Artistic Committee for reasons which compromise ability to perform at Advanced Masters level.
- Skaters can skate in Masters for Compulsories and Masters for Free Dance, or Masters Style Dance but NOT both
   provided they meet the requirements as far as having skated at a previous Junior or Senior World Championship and also the age and medal tests requirements as indicated. This applies to New Zealand events and Pacific Cup.

#### MASTERS COUPLES FREE DANCE

**2026:** Dance Couples Medal #1 (Pacific Cup)

21 years old and over - NZ events 30 years old and over - Pacific Cup events Mapped to Espoir Basic

#### **Medal Test Requirement:**

**2026:** Dance Couples Medal #2 (NZ Championships) **2026:** Dance Couples Medal #2 (Pacific Cup)

Time: 2:30 minutes +/- 10 seconds

Lift or Pose	No Hold Footwork Sequence	Traveling	Choreo Stop
Stationary	Maximum Level 1	Maximum Level 1	Yes
Maximum Level 1	Maximum 30 seconds	Maximum 15 seconds	Maximum 15 seconds

- Masters skaters who are under 50 years of age and have competed in any discipline at either Junior or Senior World Championships MUST nominate in the Advanced Masters grade, if available in the discipline. Otherwise they may compete in the Masters category. Dispensation to compete in Masters grade may be requested to the Artistic Committee for reasons which compromise ability to perform at Advanced Masters level.
- Skaters can skate in Masters for Compulsories and Masters for Free Dance, or Masters Style Dance, but NOT both provided they meet the requirements as far as having skated at a previous Junior or Senior World Championship and also the age and medal tests requirements as indicated. This applies to New Zealand events and Pacific Cup. Masters and Advanced Masters skaters are expected to focus on QOE scores rather than level achievements.

### MASTERS COUPLES STYLE DANCE

25 years old and over - NZ events 30 years old and over - Pacific Cup events Mapped to Youth Intermediate Style Dance

#### **Medal Test Requirement:**

**2026:** Dance Couples Medal #1 (NZ Championships)

**2026:** Dance Couples Medal #1 (Pacific Cup)

Time: 2:30 minutes +/- 10 seconds

**Theme: Strictly Ballroom** 

#### Requirements:

- Pattern Dance: Dutch Waltz (2024) 120 Waltz
   2 sequences one (1) circuit of the floor
- Dance Hold Footwork Sequence: Maximum Level 1, Maximum 30 seconds
- Pose Stationary: Maximum Level 1
- The variety of steps and turns that can be counted towards the four (4) steps required for Dance Hold Footwork Sequence Level 1 are:
  - o Inside Three Turn
  - o Outside Three Turn
  - o Cross in Front
  - Open Mohawk
  - Traveling (one clockwise and one counter-clockwise allowed to be performed, only one (1) will be counted toward the level)
  - Closed Mohawk (forward to backward)
  - Choctaw (forward to backward)
- There is no limit to the number of features attempted; however no features are required to be confirmed to achieve Level 1.
- To achieve a Level 1, four (4) different turns or steps, chosen by the skaters from the seven (7) listed above, including a body movement from low, medium or high MUST be confirmed.
- Masters skaters who are under 50 years of age and have competed in any discipline at either Junior or Senior World Championships MUST nominate in the Advanced Masters grade, if available in the discipline. Otherwise they may compete in the Masters category. Dispensation to compete in Masters grade may be requested to the Artistic Committee for reasons which compromise ability to perform at Advanced Masters level.
- Skaters can skate in Masters for Compulsories and Masters for Free Dance, or Masters Style Dance, but NOT both – provided they meet the requirements as far as having skated at a previous Junior or Senior World Championship and also the age and medal tests requirements as indicated. This applies to New Zealand events and Pacific Cup. Masters and Advanced Masters skaters are expected to focus on QOE scores rather than level achievements.

For a full list of regulations and specifications regarding the technical elements and associated levels for each grade, please refer to the relevant WSK requirements.

### **FREESKATING**

### **NON-FEDERATED GRADES**

Non-Federated Grade Recommendations for leagues and open competitions based on Kiwi Skate Whetū

WHETŪ FREESKATING	Time: 2:00 minutes +/- 10 seconds	No Medal Test Requirement
Whetū A: Under 10 years old		
Whetū B: 10 years old to 13 years old		
Whetū C: 14 years old and over		
Mapped to Kiwi Skate Whetū		

#### **Balance:**

- Choreographic Combination: Perform a combination of a minimum of three (3) moves chosen from each category with maximum three (3) steps in between each position:
  - High leg and head in the high space (Eg. Flag/Upright Split, Biellmann, High Ship)
  - o Mid head, leg and torso in the mid space (Eg. Arabesque, Basket, Spread Eagle)
  - o Low head, leg and torso in the low space (Eg. Shoot the duck, Cabbage, Lunge)
  - Inside Back Arabesque to Inside Back Shoot the duck

#### **Power:**

- Backward crossovers (stage 2): Perform a sequence of backward cross-overs on a curve, in both clockwise and counter-clockwise directions. Each direction does not have to be performed consecutively.
- Forward power crossovers (stage 2): Perform a sequence of forward cross-overs on a curve, in both clockwise and counter-clockwise directions. Each direction does not have to be performed consecutively.

#### **Agility:**

- Waltz Jump (stage 1)
- Full rotation Jump from backwards landing on two (2) feet
- OB Double Three with wrap
- Two (2) foot spin (3 rotations)

#### **NOTES:**

- Please refer to <u>Kiwi Skate Whetū</u> for further details on performance requirements.
- Referee Penalties: 1.0 deduction for every two (2) falls (please note, costume violation rules will apply).

### REGIONAL ONLY FREESKATING GRADES

NEW ENTRANTS FREESKATING	Time: 2:00 minutes +/- 5 seconds	No Medal Test Requirement
Under 8 years old Mapped to Tots Intermediate		

#### Jumps:

- A maximum of eight (8) jumps of one (1) rotation are allowed, including waltz jump.
- Maximum two (2) jumps combinations are allowed. The number of jumps within a combination cannot be more than two (2).
- The same jump cannot be presented more than two (2) times.

#### Spins:

- Two (2) spin elements must be performed. One (1) of them MUST be a combination spin (maximum three (3) positions). One (1) has to be a solo spin.
- ONLY upright positions are allowed.

#### Footwork Sequence:

- One (1) footwork sequence, Maximum Level 1, Maximum 30 seconds.
- The different turns (four (4) different to be confirmed to achieve level 1) that will be counted towards the level include:
  - o Inside Three Turn
  - Outside Three Turn
  - Open Mohawk
  - Traveling (one clockwise and one counter-clockwise allowed to be performed, only one (1) will be counted toward the level)
- To achieve a Level 1, four (4) turns or steps MUST be confirmed (each type can ONLY be counted twice) AND a Body Movement (high, medium or low).

NOTES: Referee Penalties: 1.0 deduction for every two (2) falls (please note, costume violation rules will apply).

NOVICE 1 FREESKATING	Time: 2:00 minutes +/-5 seconds	No Medal Test Requirement
8 years old to 10 years old Mapped to Tots Intermediate		

#### Jumps:

- A maximum of eight (8) jumps of one (1) rotation are allowed including Waltz jump.
- Maximum two (2) jumps combinations are allowed. The number of jumps within a combination cannot be more than two (2).
- The same jump cannot be presented more than two (2) times.

#### Spins:

- Two (2) spin elements must be performed. One (1) of them MUST be a combination spin (maximum three (3) positions). One (1) has to be a solo spin.
- ONLY upright positions are allowed.

#### Footwork Sequence:

- One (1) footwork sequence, Maximum Level 1, Maximum 30 seconds.
- The different turns (four (4) different to be confirmed to achieve level 1) that will be counted towards the level include:
  - Inside Three Turn
  - Outside Three Turn
  - Open Mohawk
  - Traveling (one clockwise and one counter-clockwise allowed to be performed, only one (1) will be counted toward the level)
- To achieve a Level 1, four (4) turns or steps MUST be confirmed (each type can ONLY be counted twice) AND a Body Movement (high, medium or low).

NOTES: Referee Penalties: 1.0 deduction for every two (2) falls (please note, costume violation rules will apply).

NOVICE 2 FREESKATING	Time: 2:00 minutes +/-5 seconds	No Medal Test Requirement
11 years old to 14 years old		
Mapped to Tots Intermediate		

#### Jumps:

- A maximum of eight (8) jumps of one (1) rotation are allowed including Waltz jump.
- Maximum two (2) jumps combinations are allowed. The number of jumps within a combination cannot be more than two (2).
- The same jump cannot be presented more than two (2) times.

#### Spins:

- Two (2) spin elements must be performed. One (1) of them MUST be a combination spin (maximum three (3) positions). One (1) has to be a solo spin.
- ONLY upright positions are allowed.

#### Footwork Sequence:

- One (1) footwork sequence, Maximum Level 1, Maximum 30 seconds.
- The different turns (four (4) different to be confirmed to achieve level 1) that will be counted towards the level include:
  - o Inside Three Turn
  - Outside Three Turn
  - Open Mohawk
  - Traveling (one clockwise and one counter-clockwise allowed to be performed, only one (1) will be counted toward the level)
- To achieve a Level 1, four (4) turns or steps MUST be confirmed (each type can ONLY be counted twice) AND
  a Body Movement (high, medium or low).

NOTES: Referee Penalties: 1.0 deduction for every two (2) falls (please note, costume violation rules will apply).

ADULTS FREESKATING	Time: 2:00 minutes +/- 5 seconds	No Medal Test Requirement
15 years old and over Mapped to Tots Intermediate		

#### Jumps:

- A maximum of eight (8) jumps of one (1) rotation are allowed including Waltz jump.
- Maximum two (2) jumps combinations are allowed. The number of jumps within a combination cannot be more than two (2).
- The same jump cannot be presented more than two (2) times.

#### Spins:

- Two (2) spin elements must be performed. One (1) of them MUST be a combination spin (maximum three (3) positions). One (1) has to be a solo spin.
- ONLY upright positions are allowed.

#### Footwork Sequence:

- One (1) footwork sequence, Maximum Level 1, Maximum 30 seconds.
- The different turns (four (4) different to be confirmed to achieve level 1) that will be counted towards the level include:
  - o Inside Three Turn
  - o Outside Three Turn
  - Open Mohawk
  - Traveling (one clockwise and one counter-clockwise allowed to be performed, only one (1) will be counted toward the level)
- To achieve a Level 1, four (4) turns or steps MUST be confirmed (each type can ONLY be counted twice) AND
  a Body Movement (high, medium or low).

NOTES: Referee Penalties: 1.0 deduction for every two (2) falls (please note, costume violation rules will apply).

### NATIONAL AND MASTERS FREESKATING GRADES

#### TUATAHI FREESKATING

10 years old and over Mapped to Espoir Basic

#### Long Programme only

Time: 2:15 minutes +/- 10 seconds

Medal Test Requirement: 2026: Freeskating Medal #2

(NZ Championships)

#### Jumps:

- A maximum of ten (10) jumps are allowed, including Waltz jump. Only one (1) rotation jumps, and Axel are allowed.
- Maximum two (2) jumps combinations are allowed. If performing two combinations, one can be no more than four (4) jumps and the other combination NOT more than two (2) jumps.
- It is mandatory to perform a Toe Loop element (single rotation), solo or in combination.
- Axel cannot be presented more than twice. If presented twice, one (1) must be in combination.
- The same one rotation jump cannot be presented more than three (3) times.

#### Spins:

- Maximum two (2) spin elements are allowed. One (1) of them MUST be a combination spin (maximum three (3) positions) and MUST include a sit spin. One (1) MUST be a solo spin.
- ONLY upright and sit positions are allowed.
- The same spin (basic position, foot and edge) cannot be presented more than two (2) times.

#### **Footwork Sequence:**

- One (1) footwork sequence, Maximum Level 1, Maximum 30 seconds.
- The four (4) steps and turns that will be counted towards the level include:
  - o Inside Three Turn
  - o Outside Three turn
  - Open Mohawk
  - Closed Mohawk (forward to backward)
  - Traveling (one clockwise and one counter-clockwise allowed to be performed, only one (1) will be counted toward the level).
  - To achieve a Level 1, four (4) turns or steps MUST be confirmed (each type can ONLY be counted twice) AND a Body Movement (high, medium or low).

### **MĀTANGA FREESKATING**

14 years old and over

Mapped to Senior Intermediate

### Long Programme only

Time: 3:00 minutes +/- 10 seconds

#### **Medal Test Requirement:**

**2026:** Freeskating Medal #3 (NZ Championships)

### Jumps:

- Maximum eight (8) jumps are allowed excluding connecting one rotation jumps in the combinations (Double Axel and triples are NOT allowed).
- Maximum two (2) jumps combinations are allowed. The number of jumps within the combination cannot be more than four (4) including the connecting jumps.
- It is mandatory to perform an Axel jump (single) that can also be presented in combination.
- It is mandatory to perform a Loop, single or double, solo or in combination.
- Axel and doubles cannot be presented more than twice. If presented twice, one (1) must be in combination.
- The same one rotation jump as an item of technical value cannot be presented more than three (3) times.

#### Spins:

- Minimum two (2), maximum three (3) spin elements are allowed. One (1) of them MUST be a combination spin (maximum four (4) positions) and MUST include a sit spin. One (1) MUST be a solo spin.
- If two (2) combinations are presented, one (1) of maximum four (4) positions and one (1) of maximum three (3) positions. The spins MUST be different.
- All spins are permitted except Broken and Inverted.
- It is mandatory to perform a Camel spin on any edge (solo or in combination).

#### Footwork Sequence:

• One (1) footwork sequence, Maximum Level 3, Maximum 30 seconds.

### MASTERS FREESKATING

21 years old and over Mapped to Minis Long Programme in RollArt for scoring framework purposes only.

## Long Programme only Time: 2:45 minutes +/-

10 seconds

#### **Medal Test Requirement:**

**2026:** Freeskating Medal #1 (NZ Championships)

2026: Freeskating Medal #1 (Pacific Cup)

#### Jumps:

- A Maximum of twelve (12) jumps of one (1) rotation, including Waltz Jump. Within the twelve (12) jumps, Axel, Double Toe Loop and Double Salchow are allowed.
- All jumps, including connecting jumps in combination, have a technical value.
- Maximum two (2) jumps combinations are allowed.
- The number of jumps within the combination cannot be more than four (4).
- It is mandatory to perform an Axel type jump that can be presented in combination.
- Axel and doubles cannot be presented more than twice. If presented twice, one (1) MUST be in combination.
- The same single rotation jump cannot be presented more than three (3) times.
- In the program, there MUST be at least one (1) Toe Loop element (single or double).

#### Spins:

- Two (2) spin elements MUST be performed. One (1) of them MUST be a combination spin up to four (4) positions.
- Sit spin is NOT mandatory.
- Long entry into solo spin is NOT penalised.
- Broken Ankle, Heel, and Inverted are NOT allowed.
- The two (2) spins MUST be different.

#### Footwork Sequence:

• One (1) standard footwork sequence, Maximum Level 1, Maximum 30 seconds (as per WSK).

## **ARTISTIC INLINE**

### REGIONAL ONLY INLINE GRADE

OPEN INLINE No age limit Mapped to Tots Inline	Long Programme only Time: 2:00 minutes +/- 10 seconds	No Medal Test Requirement
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#### Jumps:

- Maximum five (5) jumps are allowed.
- Maximum one (1) combination of two (2) jumps.
- ONLY one (1) rotation jumps, Waltz jump and single Axel are allowed, on their own or in combination.
- The same jump cannot be presented more than twice. If a jump is presented twice, at least one (1) of them MUST be in a combination.

#### Spins:

- Maximum two (2) spin elements.
- ONLY Upright, Sit or Camel positions are allowed.
- There MUST be one (1) spin of each of the following types:
  - o One (1) Solo Spin.
  - One (1) Combination Spin (Maximum three (3) positions).
- A position with the same base value (with the same foot and edge) cannot be presented more than twice. **NOTE:** In a Combination Spin, minimum two (2) rotations per position.

#### **Footwork Sequence:**

- One (1) footwork sequence, Maximum Level 1, Maximum 30 seconds.
- To achieve Level 1, skaters MUST have one (1) of each of four (4) steps and turns confirmed:
  - Cross in Front
  - o Inside Three Turn
  - Outside Three Turn
  - o Open Mohawk.

#### **Choreographic Sequence:**

- One (1) choreographic sequence, Maximum 30 seconds.
- It MUST include one (1) "clear" and "visible" skating element (Ina bauer, spread eagle, camel position, artistic upright position on one (1) foot, etc).

### FREESKATING PAIRS

### NATIONAL FREESKATING PAIRS GRADES

#### **TUATAHI FREE PAIRS**

10 years old and over Mapped to Espoir Basic

#### **Long Programme only**

Time: 2:30 minutes +/- 10 seconds

#### **Medal Test Requirement:**

**2026:** Free Pairs Medal #1 (NZ Championships)

#### Jumps:

• One (1) side-by-side jump (solo, NOT in combination). ONLY single jumps are allowed, including the Waltz Jump. **Spins:** 

- One (1) contact spin (one (1) position). Selected from upright positions.
- One (1) side-by-side one-position spin. Selected from the upright and sit positions.
- One (1) contact figure with base value of 2.0. LIFTS ARE NOT ALLOWED.

#### Footwork Sequence:

- One (1) footwork sequence, Maximum Level 1, Maximum 30 seconds.
- The four (4) steps and turns that will be counted towards the level include:
  - o Inside Three Turn
  - o Outside Three Turn
  - Open Mohawk
  - Traveling (one clockwise and one counter-clockwise allowed).
  - To achieve a Level 1, four (4) turns or steps MUST be confirmed (each type can ONLY be counted twice) AND a Body Movement (high, medium or low).

### **MĀTANGA FREE PAIRS**

14 years old and over Mapped to Senior Basic

#### Long Programme only

Time: 3:30 minutes +/- 10 seconds

#### **Medal Test Requirement:**

**2026:** Free Pairs Medal #1 (NZ Championships)

#### Jumps:

- One (1) Throw Jump OR One (1) Twist Jump of maximum two (2) revolutions.
- One (1) side-by-side jump, solo or combination of maximum four (4) jumps including the connecting jumps. Only single jumps, single Axel and double jumps are allowed. Single rotation connecting jumps will be called as NJ and receive no value.

#### Spins:

- One (1) contact spin (one (1) position). Impossible Camel, Impossible Sit and Reverse Layover are NOT allowed.
- One (1) side by side one (1) position spin. All spins are permitted except Broken Ankle and Inverted.
- One (1) Spiral: angel (camel) BO or Death Spiral (outside).
- One (1) lift: one (1) position lift (no more than four (4) rotations of the man. Reverse Cartwheel (all types) and Spin Pancake are NOT allowed.

#### **Footwork Sequence:**

One (1) footwork sequence, Maximum Level 2, Maximum 30 seconds.

## **PRECISION SKATING**

## **REGIONAL ONLY PRECISION TEAMS**

NOVICE PRECISION  8 – 16 skaters of any age Mapped to Junior in RollArt for scoring framework purposes only	Time: 2:00 to 3:00 minutes	No Medal Test Requirement
<ul> <li>REQUIRED ELEMENTS 2026:</li> <li>One (1) Linear - Block</li> <li>One (1) Rotating - Circle</li> <li>One (1) Intersection</li> </ul>		

### NATIONAL MINI PRECISION TEAMS

OPEN MINI PRECISION 4 – 8 skaters of any age Mapped to Junior in RollArt for scoring framework purposes only	Time: 2:00 to 3:00 minutes	Medal Test Requirement: 2026: Precision Medal #1 (NZ Championships)
<ul> <li>REQUIRED ELEMENTS 2026:</li> <li>One (1) Linear - Block</li> <li>One (1) Rotating - Circle</li> <li>One (1) Intersection</li> <li>One (1) Move Element</li> <li>One (1) No Hold Element</li> </ul>		

MASTERS MINI PRECISION 4 – 8 skaters, 21 years old and over Mapped to Junior in RollArt for scoring framework purposes only	Time: 2:00 to 3:00 minutes	Medal Test Requirement: 2026: Precision Medal #1 (NZ Championships)
<ul> <li>REQUIRED ELEMENTS 2026:</li> <li>One (1) Linear - Block</li> <li>One (1) Rotating - Circle</li> <li>One (1) Intersection</li> <li>One (1) Move Element</li> <li>One (1) No Hold Element</li> </ul>		

## NATIONAL PRECISION TEAMS

All participants MUST belong to a club, which is a member of a National Federation. Groups may consist of individuals belonging to different clubs. All participants MUST be approved by the New Zealand Federation.

OPEN PRECISION  8 – 16 skaters of any age Mapped to Junior in RollArt for scoring framework purposes only	Time: 2:00 to 3:00 minutes	Medal Test Requirement: 2026: Precision Medal #1 (NZ Championships)
<ul> <li>REQUIRED ELEMENTS 2026:</li> <li>One (1) Linear - Block</li> <li>One (1) Rotating - Circle</li> <li>One (1) Intersection</li> <li>One (1) Move Element</li> <li>One (1) No Hold Element</li> </ul>		

MASTERS PRECISION 8 – 20 skaters, 21 years old and over Mapped to Junior in RollArt for scoring framework purposes only	Time: 2:00 to 3:00 minutes	Medal Test Requirement: 2026: Precision Medal #1 (NZ Championships)
<ul> <li>REQUIRED ELEMENTS 2026:</li> <li>One (1) Linear - Bock</li> <li>One (1) Rotating - Circle</li> <li>One (1) Intersection</li> <li>One (1) Move Element</li> <li>One (1) No Hold Element</li> </ul>		

## **QUARTETS**

## **REGIONAL ONLY QUARTETS**

NOVICE QUARTETS 4 skaters (Maximum 1 reserve) No Age Restrictions Mapped to Cadet in RollArt for scoring framework purposes only	Time: 3:00 minutes +/- 10 seconds	No Medal Test Requirement
<ul> <li>REQUIRED ELEMENTS 2026:</li> <li>One (1) Canon Element</li> <li>One (1) Traveling Sequence</li> <li>One (1) Creative Element</li> </ul>		

## NATIONAL QUARTETS

OPEN QUARTETS  4 skaters (Maximum 1 reserve)  No Age Restrictions  Mapped to Cadet in RollArt for scoring framework purposes only	Time: 3:00 minutes +/- 10 seconds	Medal Test Requirement: 2026: Artistic Medal (any discipline) #1 (NZ Championships)
<ul> <li>REQUIRED ELEMENTS 2026:</li> <li>One (1) Canon Element</li> <li>One (1) Traveling Sequence</li> <li>One (1) Creative Element</li> </ul>		

## **SHOW GROUPS**

## **NATIONAL SHOW GROUPS**

OPEN SMALL SHOW GROUPS 6 – 15 skaters (Maximum 2 reserves) No Age Restrictions	Time: 3:30 to 4:00 minutes	Medal Test Requirement: 2026: Artistic Medal (any discipline) #1 (NZ Championships)
OPEN LARGE SHOW GROUPS 16 – 30 skaters (Maximum 2 reserves) No Age Restrictions	<b>Time</b> : 3:30 to 4:00 minutes	Medal Test Requirement: 2026: Artistic Medal (any discipline) #1 (NZ Championships)